

# The Morning Calm Weekly

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Aug. 13, 2004

## Outgoing IMA commander reflects on challenges

Story by Richard M. Arndt  
Army News Service

**FORT BELVOIR, Va.** — Maj. Gen. Anders B. Aadland did something no one else had ever done.

When he assumed his responsibilities as the first director of the Army's Installation Management Agency Oct. 1, 2002, Aadland faced skepticism and resistance on many fronts.

"When I assumed leadership of the Installation Management Agency two years ago, the condolences from my fellow general officers outnumbered congratulations by two to one," Aadland joked to the crowd during Monday's IMA change of leadership ceremony at Fort Belvoir.

He was only half-joking.

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## Army's Installation Management Agency changes command

Story by Richard M. Arndt  
Army News Service

**FORT BELVOIR, Va.** — The mantle of leadership of the Army's Installation Management Agency passed from Maj. Gen. Anders B. Aadland to Maj. Gen. Ronald L. Johnson in a ceremony held on the steps of Fort Belvoir's Post Headquarters Monday.

Presiding over the ceremony, Maj. Gen. Larry J. Lust, the Army's chief of staff for installation management, took part in the transfer of the IMA colors from Aadland, who retires after 35 years of service, to Johnson.

Aadland was IMA's first director. The agency was created on Oct. 1, 2002

in order to provide effective, standardized management of Army installations worldwide to better support the Army's Soldiers, civilians, and family members.

Building an organization from the ground up has its advantages and disadvantages, Lust told the assembled crowd of more than 200.

"On the plus side, you have a blank piece of paper," Lust said, adding that when creating IMA, that meant there were fewer historical impediments to defining the agency's mission and scope.

"On the minus side, you have a blank piece of paper," Lust said, referring to the fact that Aadland and his staff had

no foundation upon which to build. Aadland and his staff had to lay that foundation themselves, leaving a solid surface upon which others, like incoming director Johnson, can build.

Lust welcomed Johnson to his new post, describing him as "the right Soldier at the right time for IMA."

Aadland also congratulated Johnson on his new position, and thanked the members of the IMA team.

"The team you lead is unbeatable," Aadland told Johnson during his remarks. "They are proven leaders, Soldiers, civilians and contractors. Every person in IMA goes to work each day knowing that their contribution is

See **Changes** on Page 3

## Transportation unit helps move 2BCT to Iraq

Story by Maj. Terry Draper  
837th Transportation Battalion

**BUSAN** — Nearly 450 U.S. Soldiers and civilians loaded 2nd Brigade Combat Team equipment July 18-22 onto ships bound for Operation Iraqi Freedom.

Two vessels were loaded simultaneously by transporters with the 837th Transportation Battalion in Busan.

As part of the deployment, the 837th transporters also loaded 80 containers in Chinhae aboard a third ship. Korean Navy sailors from the base assisted in loading.

The movement of Korea-based troops to another hot spot in the world is unprecedented in the half-century American military presence in Korea.

The troops, from the 2nd Infantry Division's 2nd Brigade Combat Team, represented about 10 percent of United States military forces in Korea.

"As a whole, this is one of the most successful deployments this theater has seen in some time," said Lt. Col. Rich Kramer, 837th Transportation Battalion commander. "From the United States Forces Korea staff down to the deploying unit, I couldn't be happier with the support and coordination provided to this operation."

Kramer said everyone learned a lot.

"Without the teamwork, this operation wouldn't

have been executed as smoothly as it was."

The 20th Area Support Group and the 1st Battalion, 38th Field Artillery Regiment supported the loading effort.

Capt. Chris Wolfe, 837th Transportation Battalion operations officer, also praised the teamwork and coordination.

"Everyone knew their responsibilities," Wolfe said. "Together, we worked to provide a quick, safe and efficient upload operation for 2nd Brigade's equipment."

Noncommissioned officers said advance planning was essential for the mission's success.

"This was a great opportunity to assist the deploying unit on all facets of deployment operations, and it gave the battalion a chance to conduct the harder tasks of deploying a unit rather than receiving a unit," said Sgt. 1st Class Gerald Sprague, 837th Transportation Battalion operations NCO.

Sprague is one of a number of the battalion's Soldiers who will see the operation at both ends. Many 837th personnel are deploying to work at the port at destinations in Southwest Asia.

Soldiers of the 2nd Brigade Combat Team were honored at a Camp Casey farewell celebration Aug. 2 and started to leave Korea the next day.

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## Singing that song



PHOTO BY SGT. ANDREW KOSTERMAN

Staff Sgt. Fernando Rentas, lead vocalist for La Orquesta Escencia, sings at Yongsan's Main Post Club Saturday. Read more about the band on page 18.

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Corruption

■ Between April 2003 and March, two employees of the Camp Red Cloud Installation Property Book Office stole numerous pieces of U.S. Government furniture from a storage facility. On June 14, about 40 pieces of furniture were seized from the home of one employee by the Korean National Police and Criminal Investigation Division. Both individuals are pending prosecution by a Korean prosecutor.

■ Between June 1999 and July 2003, a contracting officer representative at Camp Sears, a local national and a local company that was under contract by the U.S. government defrauded the U.S. government by submitting furniture repair work orders for payment that were either inflated or not conducted. Total loss to the U.S. government was more than \$2 million. All subjects are pending prosecution by the Korean prosecutor.

MP Blotter

The following entries were excerpted from the past several week's military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

■ A military police investigation revealed a Soldier became disorderly when an on-post club manager asked him to leave because he was smoking after being asked to refrain from smoking in the club. Upon hearing the Soldier get loud and unruly, a witness approached the Soldier and ordered him calm down. The Soldier then identified himself as a sergeant to which the witness identified himself as a command sergeant major and once again ordered the Soldier to calm down. The Soldier then made profane and made disrespectful statements to the witness. The Soldier was apprehended and transported to the provost marshal office. During transport, the Soldier remained belligerent and disrespectful. A check of the individual's ID revealed he was not a noncommissioned officer. He was processed for disrespect to superior NCO, drunk and disorderly conduct and impersonating a U.S. NCO. The Soldier was then released to his unit.

■ Military police discovered and investigated a Soldier operating a privately owned vehicle in an unusual manner. Military police stopped the vehicle and detected the odor of an alcoholic beverage on the Soldier. The Soldier was administered three field sobriety tests that he failed. The Soldier was administered a portable breath test which rendered a result of .158 percent blood alcohol content. The Soldier was apprehended and transported to the provost marshal office where he was processed and transported to a medical care facility for a command-directed laboratory blood alcohol test that rendered a result of 0.023 percent BAC. The Soldier was further processed and released to his unit.

Commentary

Make the most of your time in Korea

By Pfc. Stephanie Pearson  
Area I Public Affairs Office

When I learned that I was going to be stationed in Korea, my first thought was Korea? Can I get any further away from my friends, family and lifestyle? I was convinced that I was going to have a miserable time. After all, I had talked to people who were stationed here before and hated it.

But then I started asking questions: What is there to do in Korea? What did you do for fun while you were there? Did you get to travel? And I was surprised to learn that all those people who had a horrible time here had practically never left their installations or the surrounding areas! No wonder they hated it. Don't get me wrong, we have nice facilities here, but if I never left post, I would go nuts too.

Now that I'm in Korea, I've found there are lots of things to do. All a Soldier has to do is use one of the many resources available to them through programs like the USO; Morale, Welfare and Recreation services; Better Opportunities for Single and Unaccompanied Soldiers; and the local community activities center. All of these organizations offer many trips and activities geared towards young Soldiers, at a price that any of us can afford.

For example: the USO offers day and weekend trips all over the peninsula, from the Joint Security Area at Pamunjom to overnight shopping at Osan Air Base. The community activity centers organize and sponsor a lot of outdoor trips, like white-water rafting and bungee jumping, for the more sports-oriented Soldiers in Korea. Morale, Welfare and Recreation services runs the post bowling

centers, clubs and arts and crafts centers, as well as organizing musical and entertainment events. The folks at BOSS almost always have a block party or event in the works. The bottom line is, there's always SOMETHING to do.

And don't let your adventures keep you in Korea. When in your life (unless you are lucky enough to serve in Korea twice) will you ever be this close to countries like Japan, China, Cambodia, Thailand, Malaysia and Australia? I probably won't have an opportunity like this again, and I plan to take advantage of it. I know for a fact you can find great deals on travel packages at the USO and post airline ticket offices. The post exchanges and bookstores at most large installations have sections well stocked with travel guides. So what are you waiting for?

One of the reasons I joined the Army was to see the world. It's an amazing opportunity – what other job pays you to travel to distant and exotic lands, and gives you weeks of paid vacation every year that you can use at your discretion? I get sad when I see my fellow Soldiers sitting in their barracks rooms every weekend with a beer in one hand and a game controller in the other, complaining about how much life sucks. So I say to them: get out and live a little. Have some fun. And when you're at your next duty station and someone asks you about Korea, say, "It was amazing. I had the time of my life."

E-mail commentary submissions to morningcalmweekly@korea.army.mil. Please keep submissions about a page in length and include your name, rank and duty station. The staff reserves the right to edit letters for length, taste and clarity.

Morning Calm Weekly Soundoff:

What is the most important thing for a newcomer in Korea to know?



"Educate yourself with the amazing Korean culture and history." — Capt. Matthew J. Bowman, Area IV Support Activity, Camp Henry



"Get to know your way around the town." — Spc. Brandon Hildreth, Area IV Support Activity, Camp Henry



"Where everything is!" — Spc. David B. Hinks, Headquarters and Headquarters Company, Area III Support Activity, Camp Humphreys



"Be productive. Go to school. Don't get trapped into drinking every night." — Pfc. Jennifer Adlard, 501st Signal Company, Camp Humphreys

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## NEWS & NOTES

### Registration at Seoul American Elementary School

The main office at Seoul American Elementary School is open to register children, kindergarten through fifth-grade. Those who just moved to Seoul and are command sponsored to Yongsan or who missed reregistration can go to the Army Community Service Building, Room 121.

Some dates SAES wants parents to remember:

■ Aug. 18 Parent Orientation 10 a.m. or 3 p.m.

■ Aug. 27 Class lists posted, "meet and greet" teachers 1:30-2:30 p.m.

■ Aug. 30 First day of school grades 1 through 5.

■ Sept. 7 First day of school for kindergarten and preschool for children with disabilities. For more information, call 736-7748.

### Center Offers Services

The Digital Business Center is a resource for the entire Yongsan community. Located at South Post Building 8105 across from Starbucks, the center offers Internet access, cyber games, document printing, copying, scanning, digital photo printing, fax services, computer software and hardware upgrades and repairs as well as office supplies and DVDs. The center is open 7 a.m. to 9 p.m., seven days a week. Children under age 12 must be accompanied by an adult.

### Claims

Anyone who has a claim against the estate of Sgt. Robert McClelland, Headquarters and Headquarters Company, 6th Cavalry Regiment, Camp Humphreys, should contact 2nd Lt. John Shin, casualty assistance officer, at 753-6196.

**516th PSB Limited Services**  
Detachment A, 516th Personnel Services Battalion will have limited staffing Aug. 25 -27 because of a field training exercise.

### BOSS "Bowl-A-Thon"

Better Opportunities for Single and Unaccompanied Soldiers will host a "bowl-a-thon" 6- 10 p.m. today at the Camp Hialeah Bowling Center. Call 763-7392 for more information.

### Area II Bowling Tournament

There will be a bowling tournament for servicemembers Sept. 29 - Oct. 1 at Yongsan Bowling Center. The tournament is open to active duty military in Area II only. To enter the tournament, men have an average of 170 or above. Women must have an average of 130 or higher. The top eight men and top four women finishers will represent Area II in the 8th U.S. Army Bowling tournament Oct. 5-8 at Yongsan.

Interested bowlers must register at Yongsan Bowling Center by Sept. 20. Call 738-8608, 736-7746, 736-4032 or 732-7830 for more information.

## Why Korea is the Duty Assignment of Choice



PHOTO BY SGT. ANDREW KOSTERMAN

Sgt. John Slosser, broadcast journalist, American Forces Network-Korea gives the weather report during the April 2 nightly newscast. Television viewers can watch the nightly newscast at 6:30 and 10 p.m. A radio contest is ongoing until Sept. 1. Watch the nightly news and listen for a question during the 12-3 p.m. Eagle FM broadcast the following day. The first caller to the radio show with a correct answer will be entered into a drawing for a 42-inch television courtesy of Exchange New Car Sales.

## Contracting Command welcomes new commander

Story by Geoffery Bishop

U.S. Army Contracting Command-Korea

**YONGSAN** — The U.S. Army Contracting Command – Korea received a new commander in a change-of-command ceremony Aug. 4 at Dragon Hill Lodge.

Col. Jeffrey D. Willey assumed command of the USACCK from Col. Stephen G. Bianco.

Bianco now heads to Columbus, Ohio where he will serve as the Director of the Land-Based Weapons Systems unit at the Defense Supply Center.

Willey, previously the executive secretary to the Army Science Board, has more than 15 years of contracting experience including an assignment as commander, Defense Contract Management Command General Dynamics Defense Systems.

"I want to reassure our ultimate customer and teammate, the War fighter, that we will continue to provide you with the very best in contracting support," Willey said. "You are the reason we exist as an organization and you deserve our very best efforts."

### Changes

vital to the success of our war fighting units."

The ceremony also honored Aadland on his retirement after 35 years of service. Speaking to the crowd of his retirement, Aadland choked back tears.

"I've come to realize," he said, "that you can take the Soldier out of the Army, but you can't take the Army out of the Soldier."

Johnson told the crowd that he is honored by the responsibility of leading "the only organization in the United States Army that positively affects the quality of life of Soldiers and family members, wherever in the Army they are."

Upon his retirement, Aadland was awarded the Army's Distinguished Service Medal.

As incoming IMA director, Johnson assumes responsibility for the

management and day-to-day operation of 184 Army installations. He leads 78,000 military and civilian personnel and is charged with managing a budget exceeding \$8 billion.

As IMA director, Johnson is tasked with continuing the work begun under the Transformation of Installation Management initiative, the Army's most comprehensive reorganization in the past three decades. Johnson will lead IMA as a key component of Army transformation, overseeing the management of Army installations worldwide.

Johnson comes to IMA from the U.S. Army Corps of Engineers, where he most recently served as commander of the Gulf Region Division and U.S. deputy to the Program Management Office, Coalition Provisional Authority, Baghdad.

Willey has served in a variety of command and staff positions throughout his career. Commissioned a 2nd Lieutenant in the Ordnance Corps in May 1980, he initially served with the 124th Maintenance Company, 1st Maintenance Battalion, 2nd Support Command (Corps), Boblingen, Germany as an automotive platoon leader and shop operations officer. Willey has also served with the 4th Infantry Division.

Awards and decorations include the Defense Meritorious Service Medal with three oak leaf clusters, Army Meritorious Service Medal, Army Commendation Medal with two oak leaf clusters, Joint Service Achievement Medal, Army Achievement Medal, Kosovo Campaign Medal, and the Parachutists Badge.

Willey holds a Bachelor of Arts degree in political science from the University of Vermont and a Master of Business Administration degree from Monmouth University, New Jersey.

USACCK provides contracting support for the US Army, Air Force, Navy and Marine Corp throughout the Republic of Korea.

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Johnson's previous assignments include director of military programs and G3 of the U.S. Army Corps of Engineers in Washington, D.C.; commander of USACE's Pacific Ocean Division; assistant commandant of the U.S. Army Engineer School and deputy commander, Fort Leonard Wood, Mo.; and executive officer to the secretary of the Army.

Johnson is a graduate of the U.S. Military Academy at West Point, the Engineer Officer Basic Course, the Armor Officer Advanced Course, the Command and General Staff College, the School of Advance Military Studies, and the Senior Service College Fellowship – Joint Center for Political and Economic Research, Georgia Institute of Technology. He holds a master's degree in strategic planning from the School of Advanced Military Studies.

## Challenges

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“There was some resistance to change,” Aadland said in an interview following the ceremony. “That’s only natural. When you take over more than \$8 billion, 80,000 people, and management of all installations in the Army, there are going to be those who need to be convinced that it will work.”

Aadland said one of his biggest challenges as IMA director was to “show the Army that we can do it right, and to show the war fighting units that they can entrust their installations – their homes and their families – to us.”

It was a challenge not easily met, he said, citing the misperceptions and rumors that circulated throughout the Army at the agency’s founding.

“We got killed by rumor control,” Aadland said. “We didn’t tell the IMA story well enough or widely enough to our stakeholders.”

Although perceptions of the agency and its role in Army transformation got off to a rocky start, Aadland said he and his team learned from their mistakes.

“We weren’t perfect,” he said. “We made mistakes. But we became champions of perseverance.”

Another area that tried the perseverance of Aadland and the IMA team was instituting common standards for garrison organizations. Convincing garrison and senior mission commanders to buy into a common way of doing business was a challenge that required Aadland and his staff to “stamp out the word, ‘unique,’” he said.

“Whether it’s Korea, Europe, or here at Fort Belvoir, every organization has unique challenges and requirements,” Aadland said. “But all those organizations share the common thread of installation management, and in that respect, they are not unique. If we can bring better business practices from one place to another, then we get more bang for the buck. We need to create common expectations for Soldiers and their families, so that no matter where in the world they go, they’ll know what to expect at the installations they are assigned to.”

Aadland said that although progress has been made in instituting common garrison standards, there remains work to be done.

“I think we have a good baseline to build on, but we’re probably still a year out from full implementation,” he said.

Aadland said that one challenge in particular continues to affect IMA and the way it does business.

“We need to improve base support funding levels,” he said. “Those funding levels represent a commitment by the Army to quality installation management, and we need to make a more compelling case to increase base support funding.”

As Aadland and other Army leaders were laying the groundwork in the years prior to IMA’s activation in October 2002, one thought in particular caused them concern.

“We dreaded the idea of a war in the first year,” Aadland said.

When terrorist attacks of Sept. 11, 2001 triggered the U.S. invasion of Afghanistan and Iraq, Aadland’s dread became reality.

“The fact is, we learned great things by supporting unprecedented numbers of troops being deployed through our power projection platforms,” Aadland said. “We learned that we needed more operations people to handle the mobilizations and deployments. It was good for us to be a full partner in the war effort. It helped us come together as a team with a ‘can-do’ attitude, right down to the installation level, to accomplish the mission of deploying Soldiers and taking care of the installations and families left behind.”

Although the Military District of Washington falls under IMA’s Northeast Regional Office, Aadland said the proximity of Forts Belvoir, McNair, Myer and Meade to the Pentagon and Capitol Hill make them the subject of scrutiny by military and political leaders. As such, MDW installations are often looked at by the entire Army leadership as a microcosm of IMA as a whole.

AD  
GOES  
HERE

## Present arms!



PHOTO BY SGT. ANDREW KOSTERMAN

Capt. Bernard Brady, commander, and Pfc. Jason Smith, guidon bearer, United Nation Command Honor Guard Company, stand at present arms Aug. 5 during a repatriation ceremony at Yongsan Army Garrison’s Knight Field.

# Area I celebrates National Kids Day

Story, photos by David McNally

Area I Public Affairs Office

**CAMP RED CLOUD**— Nearly 300 children, parents, staff and volunteers celebrated National Kids Day Aug. 6 on the Village Green.

“This is a day to celebrate and honor America’s children,” said Col. Jeff Christiansen, Area I commander. “Adults who spend meaningful time with kids fulfill one of the most basic needs in a child’s healthy development.”

Kids from far-flung Area I camps made their way to Camp Red Cloud for the day of food, games, rides and fun. They came from as far as Camp Howze in the Western Corridor and Camp Page in Chuncheon.

“I like jumping in the inflated thing,” said Timothy Bradford, 7. The inflated castle drew many bouncing children.

As temperatures soared into the mid-90s, children started to throw cold water on each other and the staff.

“I liked getting wet,” said Thaddeus Parker, 10.

Army Community Service staff and volunteers hosted games and activities like face painting, egg carries, three-legged races, flying-disc tosses and sponge races.

“I’m so glad, because it turned out really great,” said Eunice Oh, the event coordinator. “My main goal was for the kids to enjoy themselves.”

“Celebrations are happening wherever American families are assembled,” Christiansen said.

Warrior Country has few family members, as it is a command-sponsored restricted zone. However, many Soldiers pay for their family members to come to Korea, and some civilian employees have their families with them too.

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Mia Walsh, 3, (left) and her brother Aaron, 1, smile during the Area I National Kids Day celebration. The Aug. 6 event brought families from across Area I to the Village Green at Camp Red Cloud.



McGruff the Crime Dog takes a bite out of crime at a National Kids Day celebration.



Pfc. Sharon Taskal, Headquarters and Headquarters Company, Area I, plays with a child in the inflated castle. More than 50 Soldiers volunteered to support the event.



Camp Adventure kids ride the tractor-train Aug. 6. Temperatures soared to the mid-90s to make for an extra hot National Kids Day at Camp Red Cloud.

## NEWS &amp; NOTES

**Program Coordinator  
Sought**

The Contracting Command Korea is looking for a Cross-Cultural Training and Counseling Center Annex program coordinator for Area I. For more information, or to apply, call 732-7682.

**Combined Federal  
Campaign Pledge Card**

The 2004 Combined Federal Campaign pledge card is now available on the Feddesk Web site, [www.feddesk.com](http://www.feddesk.com). The CFC pledge cards available are the payroll office version, the central receipt point version and the contributor copy for tax records.

**Women's Equality Day**

The Area I Equal Opportunity Office will host a Women's Quality Day luncheon at the Mitchell's 11:30 a.m. - 1 p.m. Aug. 13. Lt. Col. Elizabeth Bierden, 122nd Signal Battalion commander, will be the guest speaker.

**EEO/POSH Training**

The last opportunity to receive Department of the Army required annual Equal Employment Opportunity and Prevention of Sexual Harassment training will be Aug. 26 at the Camp Red Cloud Education Center. All U.S. civilian employees and military personnel who supervise U.S. civilian employees are required to attend. Registration for the class ends today. For more information, call 732-9103.

**ACS Conference Closure**

All Area I Pear Blossom Cottages and most ACS offices will be closed today - Sunday for an ACS conference. The family assistance center on Camp Casey will remain open.

**Five-Kilometer Races in  
August**

Camp Page and Camp Stanley Fitness Centers will each host a five-kilometer race Aug. 28. Race-day registration begins 8 a.m., with the races beginning 9 a.m.

**Job Fair**

The 2004 Warrior Job Fair is scheduled Sept. 15 at Camp Mobile by appointment only. For more information, call 730-4044, or preregister online at <http://www.morejobs.net>.

**Troops to Teachers  
Awareness Day**

Representatives will be at the Camp Red Cloud Education Center Oct. 14 for Troops to Teachers Awareness Day. Activities will include presentations by TTT representatives in the morning and individual meetings in the afternoon, where representatives will be able to review transcripts, counsel and guide interested individuals. All Area I servicemembers and civilians are invited to attend.

**Warrior Division Tae  
Kwon Do Championship**

Camp Casey's Hanson Field House will host the Warrior Division Tae Kwon Do championship Sept. 11. Registration, weigh-ins and medical exams will take place 10 - 11:30 a.m. The tournament will begin 1 p.m.

# Camp Casey FedEx opens

Story, photo by David McNally

Area I Public Affairs Office

**CAMP CASEY**— Army and Air Force Exchange Service officials announced plans to open a Federal Express consession for the Camp Casey community.

"We had a soft open this week," said Ron Daugherty, AAFES Northern Region general manager. "We want to make sure everything is ready before we do a formal grand opening."

The new center is located adjacent to the U.S. Post Office, across the street from Primo's. The hours of operation are 10 a.m. - 7 p.m. Monday through Saturday and 10 a.m. to 5 p.m. on Sunday.

"I think this addition will improve quality of life," said Lt. Col. Stephen Murray, U.S. Army Garrison, Camp Casey commander. "The additional hours of operation and extra services FedEx hopes to offer will give our Soldiers more options."

Dennis Kim, a Yongsan FedEx employee, spent the week training two new staff members and setting up operations.

"We provide a service two to five times faster than the alternative," Kim said. "We provide security by scanning packages and tracking them. We also don't release a package without a signature."

Kim said people are willing to pay higher rates for a fast and secure delivery service.

The Camp Casey consession joins three other FedEx outlets on U.S. military installations in Korea. The other centers are located at Osan Air Base, Camp Humphreys and Yongsan Army Garrison.

Federal Express, established in 1971, has global links which move about 3.3 million packages and documents every business day.



Dennis Kim, Federal Express trainer (left) instructs Woo Jee-young, a new employee at the Camp Casey outlet on FedEx operations.

Email [david.mcnally@us.army.mil](mailto:david.mcnally@us.army.mil)

# Warrior job fair to be different

Story, photo by David McNally

Area I Public Affairs Office

**CAMP MOBILE** — Warrior Country Army Career and Alumni Program officials are set to host a job fair Sept. 15.

"There is going to be a different mix of employers at Camp Mobile than at other areas," said Drew Brandt, Area I Army Career and Alumni Program counselor.

Brandt said the other areas will hold more of a traditional job fair with tables set up for prospective employees to browse company displays and speak with recruiters.

"At Camp Mobile it will be more of an employment interview," Brandt said. "Those companies who have an interest in the age group, rank structure and job skills of the people we have in Warrior Country will come here to conduct interviews."

Brandt said they negotiated to host only companies which have real jobs available.

"They will be able to, if not actually offer the job, come close to a process where they would offer a job after background investigations," Brandt said.

Transition officials urged servicemembers set to depart the military to prepare now for the September job fair.

"It takes anywhere from 60-90 days to prepare for a job fair," said Dennis Riehle, Area I Army Career and Alumni Program manager. "We can help people get ready."

"Resumes are a must," said Kenneth Schlueter, Area I transition services officer. "These companies will see hundreds of potential employees during their time at the job fair."

But Riehle said, a good resume is only part of getting hired. "You should

prepare for the job fair just like you prepare for a job interview," he said.

Schlueter said another key to a good job fair is pre-registration. "The more people register, the more companies will come," he said. "If they see we have 400 people interested in finding a job, it could make the difference in whether or not a company sends a recruiter all the way to Korea."

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Soldiers listen to Joan Domengeaux, transition assistance program facilitator, at a Camp Mobile briefing Tuesday hoping to discover the key to finding a job.

# Desert Strike Web site debuts

Area I Public Affairs Office

**CAMP RED CLOUD** — Army officials unveiled a new Web site Aug. 4 for family members of deployed 2nd Infantry Division Soldiers.

Thousands of 2nd Brigade Combat Team Soldiers have deployed from the Republic of Korea to Iraq. Family members are spread across the United States and other parts of the world. Officials chose to create a Web-based family readiness group to pass along timely and accurate command information.

"We've placed many news articles about the deployment on the site," said Col. Thomas DeVine, 2nd Infantry Division Aviation Brigade commander and the officer responsible for family members affected by the deployment.

"This Web site has excellent links to other Army resources, current photographs and feedback links to the rear detachment."

DeVine said they have already received positive feedback.

"And this is really only the prototype," DeVine said. "The final version will be activated Aug. 25."

The final version will include battalion-level family readiness groups with more robust capabilities.

"It's the best medium to communicate worldwide," DeVine said, "Family members can provide feedback to us and get information from us."

DeVine said the site will be manned 24 hours a day, seven days a week.

"No matter what time of the day, we will be there for them," he said.

Officials tasked Soldiers to continue



to supply photographs and information for the Web site during the deployment.

"I would say to continue to check the site for new announcements and any command information," DeVine said.

He said in the site's download section there are current family readiness group handbooks which

could be useful for any unit facing deployment.

"The Army has invested a lot in this capability to support the 2nd Brigade Combat Team and their family members worldwide," DeVine said.

"It will continue to be the best way for our family members across the world to gain information."

## Experts teach advanced counseling

Area I Public Affairs Office

**CAMP CASEY** — Instructors from the Fort Sam Houston Academy of Health Sciences presented an advanced counseling course this week to 23 counselors from all over Korea.

"The advanced counseling course is important because it focuses on treatment issues not normally covered in basic skills training," said Daniel Silvia, Area I alcohol and drug control officer. "The course also affords counselors time to focus on recent trends in addiction therapy and share their own experiences in a learning environment."

The last time the academy staff came to Korea to provide any kind of training was in 1992.

Silvia said this is the first time that they've brought the advanced counseling course to U.S. Forces Korea.

The course covered a variety range of topics:

- Treatment of pathological gambling
- Family violence and substance abuse
- Relaxation and auto-suggestion

"The advanced course also affords counselors time to focus on recent trends in addiction therapy," Silvia said. "They share their own experiences."

Silvia said he hoped this course provided the community with counselors who possess

See Counseling on Page 8

# Stellar Soldiers tour Jeju Island

Story, photo by  
Pfc. Stephanie Pearson  
Area I Public Affairs Office

**JEJU ISLAND** — Eighteen Warrior Country Soldiers explored Jeju Island Aug. 6 – 8 as part of the USO's first Stellar Warrior tour.

The 'Stellar Warrior' tour was an idea that was brought up by Margaret Wood, wife of the 2nd Infantry Division commanding general, said Sally Hall, Camp Casey USO director.

"The idea was to appreciate Soldiers who have actively volunteered in their military and civilian communities," Hall said.

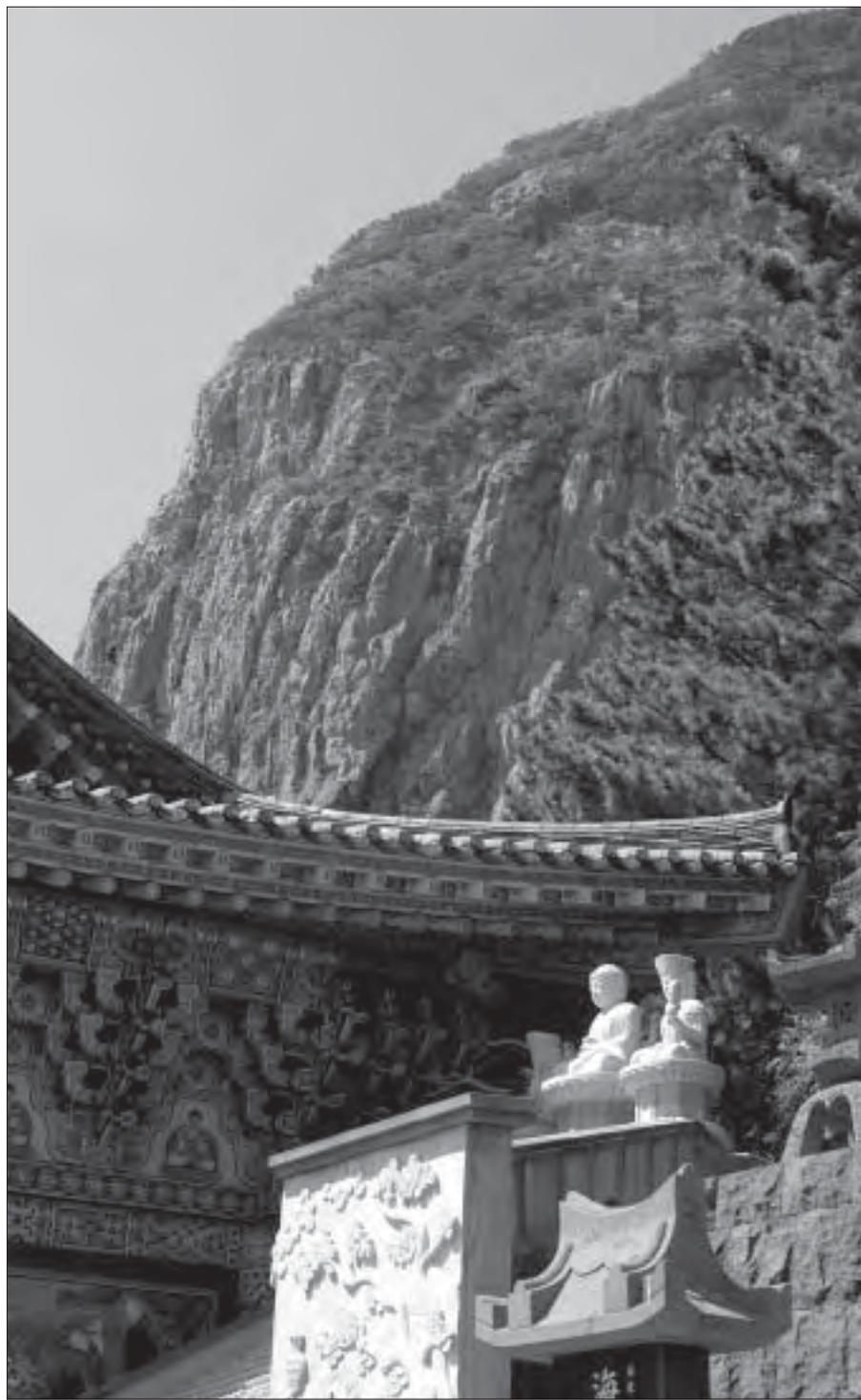
The Soldiers, selected by their unit first sergeants and commanders, said they were grateful to have been chosen for the trip.

"I thought it was an honor to be selected for this trip," said Sgt. Latricia Thomas, Warrior Replacement Company. "There are a lot of hardworking people in my unit, and for (my superiors) to think that I am a stellar Soldier, it really showed appreciation for the work I do."

This is the first time the USO has organized a trip to Jeju, an island off the south coast of the peninsula. While there, Soldiers learned about the island's history and mythology, saw many of the natural landmarks that make the island famous throughout Korea, and dined with the vice-governor of Jeju City, Lee Kye-sik.

"I believe success is being in the right place at the right time," Lee said in his remarks, "so I believe your trip here will be successful. I wish you a wonderful time in Jeju, and hope you return home with cherished memories of this beautiful island."

See Jeju on Page 8



Mount Sangbang looms behind a Buddhist temple located on the mountain's lower slopes. The mountain is one of the many natural landmarks Soldiers visited on Jeju Island.

## Fair from Page 6

The event will be open to all job hunters with a valid military or Defense Department identification card. Officials encouraged interested applicants to pre-register at <http://www.morejobs.net>.

The current schedule for the job fair is:

■ 10 a.m. – 3 p.m. Sept. 15 at Camp Mobile.

■ 2 – 4 p.m. Sept. 16 at Camp Humphreys.

■ 9 a.m. – Noon Sept. 16 at Osan Air Base.

■ Noon – 3 p.m. Sept. 17 at Camp Henry.

■ 10 a.m. – 2:30 p.m. Sept. 18 at Yongsan Army Garrison.

The number of companies may change, but presently two corporations, in the security and lodging fields, have committed to attend the Warrior Job Fair.

Transition officials said other companies, such as a U.S. defense contractor with business in the Middle East, are tentatively scheduled to attend.

“They would be looking for the combat–arms types that they need over there at the moment,” Brandt said. “We’re also trying to get several other companies to attend.”

Brandt explained high–technology companies will only be available at the job fairs in Areas II, III and IV.

“Our clients with high–tech skills will need to travel to Yongsan,” Brandt said.

Brandt said job seekers must contact the ACAP center as soon as possible to schedule time with the recruiters.

\_\_\_\_\_  
Email [david.mcnally@us.army.mil](mailto:david.mcnally@us.army.mil)

## Counseling from Page 7

an, “increased breadth and depth in their professional knowledge and skills.”

The class included certified addiction counselors from across Korea and representatives from mental health and community service agencies.

“Staying current is critical for addiction counselors,” Silvia said.

“They need to accomplish professional development training every year in order to maintain their licenses and certification status.”

Silvia said this field of human behavior is constantly being updated by new research and requires constant updating of established skill sets.



PHOTO BY DAVID MCNALLY

Joe Hallam, an instructor from the Fort Sam Houston Academy of Health Science, leads an advanced counseling class discussion Tuesday at Camp Casey.

## Jeju from Page 7

The vice-governor got his wish, as the Soldiers said they had a great time.

“It was awesome,” said Spc. Thomas Walkley, Battery B, 6th Battalion, 37th Field Artillery Regiment, of his time in Jeju. “It really looked a lot different than the mainland. There were more open spaces, and it wasn’t as built up. It was a totally different atmosphere — more friendly. I was feeling good — it was a great vacation.”

“We tried to coordinate a trip that was very unique, compared to the other trips that we have in Seoul,” Hall said. “We realized that a trip to Jeju would really educate Soldiers culturally and show them the beauty and history of Korea. It was very successful, and hopefully we can do this at least twice a year.”

Next time though, Hall said she would like to add a day to the tour.

“The first day, everyone had to get acquainted with each other and the environment,” she said. “The second day, they started enjoying it, but then on the third day we had to head back. I think everyone would agree this trip was too short!” Hall laughed.

Walkley agreed. “If I could, I would’ve been down there a whole week,” he said.

Hall said the best part of the trip was seeing all of the Soldiers come together.

“The first day, it was like everybody seemed to be a stranger because they didn’t know each other,” she explained. “But by the second and third day of the trip, they were all friends. To me, it’s just like what we have in Warrior Country — there’s always a team spirit. We’re always one team.”

\_\_\_\_\_  
E-mail [stephanie.a.pearson@us.army.mil](mailto:stephanie.a.pearson@us.army.mil)



## Family responsibility: It's the law

Story by Capt. Rochelle M. Howard  
Yongsan Law Center

**YONGSAN** — Many Soldiers think that if no money is owed to creditors, their family members are being supported.

The U.S. Army recognizes there are times family members may feel that a Soldier is not upholding their responsibility by supporting them as required by the Army, the U.S. courts or other laws in place.

Therefore, leaders created Army Regulation 608-99, "Family Support, Child Custody, and Paternity" to ensure that any legal obligation a Soldier has to support his family members is enforced.

Army Regulation 608-99 prohibits any Soldier from using his or her military status or assignment to deny financial support to family members. It prevents them from evading court orders of financial support, child custody and visitation, paternity and related matters.

This regulation is a commander-enforced regulation, which means that only a company or battalion commander can order a Soldier to comply with the regulation. Unit commanders can even order a Soldier to provide support and thus enforce the legal requirements of support to family members.

A battalion commander can release a Soldier from his support requirements.

### What determines the amount of payment

The Soldier's rank determines how much financial support a family receives. For example, a specialist, whose spouse is not military, is required to support all of his or her family members with \$519.30 per month.

There is no financial support requirement enforced if the family members are in government housing. The Soldier may pay rent, or mandatory expenses like electricity, water and gas as financial support. However, if the amount paid for rent or essential bills is less than the support requirement the Soldier must provide the family members

See **Law** on Page 12

## Program aims to foster Korean-American friendship

Story, Photo by Alex Harrington  
Area II Public Affairs Office

**YONGSAN** — In an effort to inspire positive, genuine friendships between their two nations, a group of dedicated Koreans and Americans have started a Saturday tour program here.

"Our Saturday tours are built on friendship between Koreans and

Americans who want to spend time together to learn each other's culture and build good neighbor relations," said Michael Lee, founder of the Saturday tour program.

The program gives Americans who recently arrived in Korea a better understanding of Korean culture, a chance to build positive relationships with host nationals, an opportunity to practice Korean language skills and a

chance to familiarize themselves with Seoul's transit system, event organizers said.

Lee, who has been a volunteer in the community for 15 years, teaches a Korean language class at the Army Community Service center. He started the program in 2002 when he decided to add a cultural tour to his classes to

See **Friendship** on Page 10



Nicholas Flint and Lee, Soo Hwan enjoy the festivities at Gyeongbokgun Palace, a historical site in Seoul, during a Saturday tour where Americans and Koreans come together to learn about each other's culture and tradition.

## Area II commemorates Chaplain Corps' 229 years

Story by Pfc Park, Yung-kwi  
Area II Public Affairs Office

**YONGSAN** — To commemorate the U.S. Army Chaplain Corps' long history and significant contributions to Soldiers and their family members, the Area II commander hosted a concert July 28 at Lombardo Field, South Post, to celebrate their 229th anniversary.

The Army Chaplain Corps comprises the largest military chaplaincy in the world, according to the goarmy.com Web site. Since its inception, more than 25,000 chaplains have served in 36 wars and 200 have died in combat. Five Army chaplains have received the Medal of Honor.

"For 229 years, Army Chaplains have supported and maintained the well being of Soldiers and their families," said Lt. Col. Hardie Higgins, 1st Signal Brigade Chaplain. "For many,

a chaplain is a link to their faith community 'back home,' while to others, an Army chaplain introduces faith into a Soldier's life. Today, we celebrate our years of service, and we honor the men and women who have gone before us and who now share in this ministry, especially those deployed for the war on terrorism."

The concert featured Larnelle Harris, a renowned gospel music artist.

"The concert was very patriotic, especially when Larnelle Harris sang the 'Star Spangled Banner,'" said Maj. Jim Lawson, a provost marshal for U.S. Forces Korea. "His contributions after the 9-11 attacks were exceptionally heart touching."

In spite of the hot weather, a large number of people came out to celebrate the event.

Email yungkwi.park@korea.army.mil

## NEWS &amp; NOTES

**New Hannam Village Bus Run**

The Tactical Motor Pool will provide an additional shuttle run departing Hannam Village 5 a.m. Monday - Friday. This new run will begin on Aug. 9. All other runs will remain the same. For more information, call 738-7218.

**American Forces Spouses' Club**

The American Forces Spouses' Club is seeking organizations or clubs who would be interested in setting up an information table at its annual welcome and sign-up reception. The welcome and sign-up reception will be held 10 a.m. - 1:30 p.m. Aug. 31 at the Dragon Hill Lodge. For more information, call 736-8119.

**SAES Registration**

The main office at Seoul American Elementary School is open for kindergarten through fifth-grade registration. For those just moved to Seoul and are command sponsored or who missed reregistration, come to Army Community Service, Building 4106, Room 121. For more information, call 736-4478.

**SNGC Nominations**

Sung Nam Golf Club is seeking nominations for six at-large members. Candidates must be advanced green fee members. Nominations are open to active-duty, Department of Defense civilians or family members. Submit a short profile - name, membership number, contact information and a short statement explaining the reasons for wanting to serve on the council. For more information, call 738-7446.

**Commander's Hotline**

The Commander's Hotline e-mail address is [areaitownhall@korea.army.mil](mailto:areaitownhall@korea.army.mil). For more information, call 738-5017.

**Korea Theater Support Center**

Korea theater support center is available. Dial 8324 for E-mail problems, GCCS-A trouble and Internet issues. Not necessary to dial the any prefix.

**ACAP Briefings**

Army Career and Alumni Program briefings are usually held 8 a.m. - 5 p.m. Monday through Friday. Other times and dates can be arranged. For more information or to schedule a briefing, call 738-7322.

**Language Classes**

■ An English as a second language class meets 5:30 - 6:30 p.m. every Monday and Wednesday at Building 4106, Room 124.

■ Korean language class meets 10 - 11 a.m., 11 a.m. - noon, 5:30 - 6:30 p.m., 6:30 - 7:30 p.m. every Tuesday and Thursday at Building 4106, Room 124. Classes are open to all ID card holders, to register, call 738-7505.

**Voter registration**

Voter registration has begun in Area II. For more information, contact a unit voting assistance officer.

**American Red Cross**

The American Red Cross is offering a variety of classes to include a babysitting course. For more information, call 738-3670.

## DoD civilians seek alternative dental care

Story by Pfc. Park, Jin-woo and Alex Harrington

Area II Public Affairs Office

**YONGSAN** — Defense Department civilians and contractors serving in Korea face challenges when looking for dental care.

Many Seoul dental clinics have American-trained doctors proficient in English. They provide dental care services similar to what a person would receive in the United States.

Lee Soo-chan, a dentist in Seoul, received his training at a New York dental school.

Lee said nearly a quarter of his patients are Department of Defense civilians.

According to a 18th Medical Command dental survey, dental clinics are approved when they meet or exceed standards for proper dentist-patient communications, cleanliness, patient satisfaction and treatment.

"Our dental clinic has a state-of-the-art laboratory run by professional dental technicians," said Dr. Che Byung-hak. "We offer excellent quality of care."

An individual may choose a Korean dentist or dental clinic on their own; However, military dental clinics can provide recommendations on where to seek Korean dental care treatment.

"Civilians can choose one of four Korean dental clinics we recommend," said Spc. Shawn Smith, dental liaison representative.

Smith indicated their contact list of Korean dental clinics is not a complete list of all dentists who might be qualified to provide adequate dental care.

"The Korean dental clinics on our list have been approved by United Concordia, a premier dental insurer that contracts with the U.S. Department of Defense," Smith said.

Although dental care is readily available off-post, dental fees for treatment are not covered by the U.S. military, to include TRICARE dental program, said Bill Zeigler, human resource specialist at the Civilian Personnel Advisory Center.

"Civilians, who are not military retirees, have to use their own health insurance plan to be reimbursed for any out-of-pocket costs from receiving dental care," Zeigler said. "And there are no government-run dental insurances to cover out-of-pocket costs associated with dental care treatment for federal employees."

Che indicated there are differences between Korean and American insurance companies and the way they process claims.

He emphasized DoD civilians have to pay all fees in full after they receive dental care treatment at a Korean clinic.

"Our Korean dental clinics do not receive payment directly from American insurance companies for providing services to Americans," said Che. "This is why we require (patients) to pay all fees first."

"We help them file their insurance paperwork for their appropriate insurance company," Che added.

Che said that his dental clinic has most insurance claim forms associated with major health insurance companies.

Email [parkjinw@korea.army.mil](mailto:parkjinw@korea.army.mil)

## Friendship

from Page 9

give the students a chance to practice their Korean language skills and gain a better understanding of Korean culture.

"Back then, the tour was not organized well," Lee said. "Unlike now, there were no Korean students and other local Koreans participating."

Today, Lee has an ample supply of volunteers - both Korean and American - to support the Saturday tours.

Some of the volunteers that help with the Saturday tour program are from Kookmin University in Seoul. Active-duty servicemembers, university staff, alumni and students offer assistance on the tours by acting as guides and teaching about Korean history.

"This is a great opportunity for our Korean students to help build positive relations between themselves and the Americans," said Dr. Jong Il-gyu, a professor at Kookmin University. "Even some Korean mothers are participating as personal guides for the tour."

The tour is conducted throughout the Seoul area, giving newly arrived Americans a taste of Korean culture by visiting art and history museums, palaces, temples, outdoor parks and shopping districts.

"Through this program, we learn about Korea," said Chief Warrant Officer Teddy Datuin, a senior electronic systems maintenance officer, 1st Signal Brigade, and regular volunteer with the program. "Mr. Lee and two history professors explain the significance of each site during the places we visit, giving the participants a better insight into Korean culture."

Heather Applegate, newly arrived in Korea, enjoys participating with the



PHOTO BY ALEX HARRINGTON

Trying to stay cool in the summer heat, Lee Mi-sun shields both her and Heather Applegate from the sun, during a Saturday tour where Koreans and Americans come together to learn about each other's culture.

program.

"I enjoy bringing my children on these tours so that they can learn about Korean culture," said Applegate. "This is a great chance to check out Korea," she added.

Americans who participate for the first time always have lasting memories from their cultural awareness, Datuin said.

What is more important, Datuin said, is seeing true friendships forged between Koreans and Americans.

Datuin said he thinks the Saturday tours more than exemplify the Good Neighbor Program because true friendship develops among the participants.

"In a sense, this is not just a one-time activity; it is a continuing program that involves varying activities in a larger neighborhood," said Datuin. "The participants don't just go [places] together;

they do things together. Good understanding, better relationships and lasting friendships between Americans and Koreans are being developed under the Saturday tour program."

The Americans also get a chance to practice Korean language skills they learn in the classroom.

"What better way to learn a new language than to go out and immerse yourself in the Korean communities?" Applegate said. "This tour program also gives us a chance to learn the Korean transit system, like how to ride the subway or get acquainted to the new bus system."

For more information about the Saturday tour program, call 724-8556 or 738-7999.

E-mail [alex.harrington@us.army.mil](mailto:alex.harrington@us.army.mil)

**MORNING CALM WEEKLY SURVEY**

The Morning Calm Weekly is very interested in your view and opinion about newspaper. We ask you to take a few minutes of your time to fill out our questionnaire. We, the Morning Calm Weekly staff, are here to serve you by providing command information that affects your military future, enhances quality of life and promotes positive leisure-time activities to improve your morale.

Rating Scales – The survey consists of a number of statements. Please check the number provided to indicate the extent to which you agree or disagree with each statement. Please respond to all of the questions. However, if a question does not apply to you, it may be left blank.

Use the Military Postal Service and mail to:

Editor-Morning Calm Weekly, PSC 303 Box 51, APO AP 96204-0051.

**Questions about newspaper content**

I am satisfied with the following informational content of the Morning Calm Weekly

1. Provides administration and personnel issues that can affect my future  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
2. Provides professional and career-related resources for active-duty, DoD civilians and retirees, and families  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
3. Provides various MWR related activities (e.g., cultural tours, USO trips, etc.) to promote positive leisure-time activities  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
4. Provides information regarding family services (e.g. counseling, chaplain services, family abuse center, etc.)  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
5. Recognizes excellence in individual and organizational performance  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
6. Recognizes excellence in individual and organizational performance  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
7. Provides adequate DoD information that affects Area residents  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree

**Questions about overall quality of service**

8. I feel the Morning Calm Weekly provides good coverage of Army news and policy updates to enhance my quality of life  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
9. I feel the Morning Calm Weekly keeps me informed about MWR events and recreation activities available throughout the Republic of Korea  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree
10. I frequently watch AFN-Korea TV, listen to AFN radio and watch the commander's access channel  
1. Strongly Disagree 2. Disagree 3. Partly Agree/Partly Disagree 4. Agree 5. Strongly Agree

**Comments?**

# Seoul American High School alumnus makes dean's list

By U.S. Military Academy  
Public Affairs Office, West Point, New York

**West Point, N.Y.** — The U.S. Military Academy selected Cadet Christopher Kim Choi, son of Jason and Kimberly Choi, for the Dean's List for the Spring Semester.

To be selected for the Dean's List, a cadet must maintain 3.0 average and have no failing grades.

Choi graduated from Seoul American High School in 2003.

He hopes to graduate from the U.S. Military Academy at West Point in 2007 and receive a commission as a second lieutenant in the U.S. Army.

The mission of the U.S. Military Academy is to educate, train, and inspire the Corps of Cadets so each graduate is a commissioned leader of character committed to the values of duty, honor, country, professional growth throughout a career as an Army officer and a lifetime of selfless service to the nation.



Choi

## Law

from Page 9

the support requirement the Soldier must provide the family members with the difference in cash.

This regulation is enforced whether or not the family members and the Soldier are living in the same household.

In addition, financial support requirements are divided among all family members. If there are family members in different households, the financial support amount is divided in the appropriate portions.

What is important to know is that this regulation is only enforceable in the absence of any written agreement between the parties involved or in the absence of any court order. Once one of these events occurs, AR 608-99 is no longer applicable.

### When AR 608-99 stops being enforced

Several events can release this obligation. The battalion commander can release the Soldier from the financial support requirement when: (1) a court order establishing support requirements or termination of marriage; (2) when the family member's income exceeds the Soldier's; (3) the Soldier has been the victim of substantial abuse by the family member; (4) the family member is in jail; (5) the Soldier has been providing the required support for more than 18 months; and (6)



Howard

when the supported child is not in the custody of a lawful custodian.

It's the job of the Legal Assistance Office to help family members to inquire into getting the required support and advising soldiers of their rights.

For more information about legal assistance, call DSN 738-6841.

E-mail [rochelle.howard@korea.army.mil](mailto:rochelle.howard@korea.army.mil)

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**AT THE  
MOVIES**

**Aug. 13 - 19**



Location Phone No.	Aug. 13	Aug. 14	Aug. 15	Aug. 16	Aug. 17	Aug. 18	Aug. 19
<b>Casey 730-7354</b>	Garfield: The Movie	Garfield: The Movie	Catwoman	Catwoman	The Terminal	The Terminal	Around the World in 80 Days
<b>Essayons 732-9008</b>	No Show	The Day After Tomorrow	No Show	The Stepford Wives	I, Robot	No Show	The Chronicles of Riddick
<b>Garry Owen 734-2509</b>	No Show	I, Robot	Harry Potter and the Prisoner of Azakban	Harry Potter and the Prisoner of Azakban	The Stepford Wives	No Show	The Chronicles of Riddick
<b>Greaves 734-8388</b>	I, Robot	The Day After Tomorrow	I, Robot	No Show	No Show	The Day After Tomorrow	Raising Helen
<b>Henry 768-7724</b>	The Chronicles of Riddick	Harry Potter and the Prisoner of Azakban	I, Robot	The Terminal	No Show	No Show	No Show
<b>Humphreys 753-7716</b>	Catwoman	Around the World in 80 Days	Around the World in 80 Days	Garfield: The Movie	Garfield: The Movie	The Terminal	The Terminal
<b>Hialeah 763-370</b>	I, Robot	Raising Helen	The Stepford Wives	No Show	No Show	No Show	No Show
<b>Hovey 730-5412</b>	The Chronicles of Riddick	Catwoman	Garfield: The Movie	The Chronicles of Riddick	Catwoman	Around the World in 80 Days	The Terminal
<b>Howze 734-5689</b>	Breakin' all the Rules	Van Helsing	Godsend	No Show	No Show	No Show	Catwoman

**The Manchurian Candidate**



During the first Gulf War two U.S. soldiers are taken prisoner & brainwashed into becoming assassins by the enemy. They return home as heroes, though Marco is troubled by dreams and vague memories of his brainwashing.

Eventually, Marco remembers what has happened to him and tries to get to Raymond Shaw, who is running for office, to convince him of what he's remembered.

R



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**Around the World in 80 Days**



Passepartout, a Chinese thief steals a valuable jade Buddha and then seeks refuge in the traveling companionship of an eccentric inventor, Fogg, who has taken on a bet with members of his gentlemen's club that he can make it around the world in a

mere 80 days. Along the way, Passepartout uses his amazing martial arts abilities to defend Fogg from the many dangers they face.

PG

Location Phone No.	Aug. 13	Aug. 14	Aug. 15	Aug. 16	Aug. 17	Aug. 18	Aug. 19
<b>Kunsan 782-4987</b>	Anchorman	Anchorman	Around the World in 80 Days	No Show	Garfield: The Movie	Raising Helen	Raising Helen
<b>Long 721-3407</b>	No Show	No Show	No Show	No Show	No Show	No Show	No Show
<b>Osan 784-4930</b>	The Manchurian Candidate	The Manchurian Candidate	Around the World in 80 Days	Mean Girls	Mean Girls	The Terminal	The Terminal
<b>Page 721-5499</b>	No Show	No Show	No Show	No Show	No Show	No Show	No Show
<b>Red Cloud 732-6620</b>	Catwoman	Garfield: The Movie	Garfield: The Movie	The Terminal	The Terminal	No Show	The Manchurian Candidate
<b>Stanley 732-5565</b>	Garfield: The Movie	Garfield: The Movie	The Terminal	The Terminal	No Show	The Manchurian Candidate	Around the World in 80 Days
<b>Yongsan I 738-7389</b>	The Manchurian Candidate	The Manchurian Candidate	The Manchurian Candidate	Around the World in 80 Days			
<b>Yongsan II 738-7389</b>	Garfield: The Movie	Garfield: The Movie	Garfield: The Movie	The Terminal	The Terminal	The Terminal	Two Brothers
<b>Yongsan III 738-7389</b>	Garfield: The Movie	Garfield: The Movie	Garfield: The Movie	The Day After Tomorrow	The Day After Tomorrow	Mean Girls	Mean Girls

Inside the city

# Insadong

Story by Alex Harrington

Area II Public Affairs Office

**SEOUL** — Insadong is renowned by many Seoulites as a place for a refreshing, cultural experience.

It's home to many fading Korean traditions. Insadong is the hub of Seoul's art district.

The neighborhood and surrounding area were once the location of Joseon Dynasty (1392-1910) official residences, extended royal families and other aristocracy.

The antique art shops, established here during the Japanese colonial period, carried everyday items of the privileged class. These items became antiques in the face of modernity.

Since then, Insadong has been home to dozens of art galleries and antique shops.

Insadong's narrow alleys branch out in all directions from one main street.

To explore the interesting places in these side alleys, it would be helpful to get a map of Insadong at one of three tourism information centers located at the center and the two ends of the main street.

On weekends, it's not uncommon for Korean dancers to perform "sangmo," a feisty, active traditional dance with drums. Performers cycle around each other in concentric patterns.

Pansori is another style that features performers acting out old stories through both song and dance.

The area attracts the occasional nomadic guitarist or saxophonist, who plays for tips.

Artists set up street canvases to quickly paint portraits for a price.

One such artist is Bae Heek-won, or notably known as Sion, who will paint a portrait within five minutes with a price tag of 10,000 Korean won.

Insadong is full of restaurants that offer an array of dishes to tantalize one's



Shoppers and other visitors to Insadong, a section of Seoul, walk along one of the sidewalks lined with tourist shops.

PHOTOS BY SGT. ANDREW KOSTERMAN

taste buds—from Japanese udon noodles to Chinese dumplings and European cakes. Vendors sell traditional Korean foods in temporary stalls on the streets, such as tteokbokki (spicy rice cakes), eomuk (skewered fish sausage), hotteok, and various tempuras.

Many Insadong visitors find these street foods tasty and cheap, and say it's worth a try.

If you are up for a movie, you're also in luck. Mirospace Theater, which is in the second basement floor of the Insa Art Plaza, was a co-host for the Seoul Independent Film Festival last December. It features independent films from around the world.

The theater is also one of the few to screen Korean movies with English subtitles.

Movie critics at many international film festivals attest to the quality of today's Korean movies. They say the industry has risen dramatically over the last 10 years with slick productions and sharp story lines.

For more information online, visit <http://english.tour2korea.com>.

E-mail [Alex.Harrington@us.army.mil](mailto:Alex.Harrington@us.army.mil)



PHOTO BY ALEX HARRINGTON

Bae Heek-won, one of many Insadong artists, paints a portrait. Bae, who is also known as Sion, paints personal portraits for a fee of 10,000 won.



A traditional Korean mask trinket hangs outside an Insadong tourist shop, while women shop for fans on a hot day. There are tourist shops and a few historical landmarks, including Unhyeongung Palace, within a few hundred meters of each other. Jogye Temple is also nearby.



Visitors to Insadong walk along a brick road. The road has no sidewalks and is used by pedestrians and vehicles. The brick road is what gives Insadong part of its appeal, said a Seoul architecture student.



### Weight Loss Support Group

Yongsan Weight Support Group is now accepting new members. The group is a free weight loss support group offering exercise and workout options, healthy eating support and weight loss support. E-mail nannyhere@yahoo.com or call 011-9699-7064 for membership information.

### Yongsan Batting Cage Championships

Now is the time for softball players to hone their batting skills at the Family Fun Park Batting Cages. Cash prizes will be offered to first and second place male and female batting champions in youth and adult divisions. The concept is simple. Just visit the batting cages between now and the Aug. 28 championships to practice hitting targets on the fence. For more information, call 738-4190.

### Auto Show

The Yongsan Auto Crafts Center will conduct an Auto Show on Sept. 18. The show will feature a variety of cars competing for bragging rights and cash prizes in the categories of best paint, interior, engine compartment and best overall. This event will feature lots of food, music, prize drawings and vendors. Participants from all over the peninsula are invited to bring their car and compete. For more information, call 738-5315 or 738-5419.

### All You Can Eat Buffet

Camp Red Cloud Mitchell's All-U-Can-Eat-Lunch Buffet is available 11:30 a.m. - 12:30 p.m. on weekdays. For more information call 732-8189.

Monday — Italian buffet,  
Tuesday — Barbecue ribs,  
Wednesday — Oriental buffet,  
Thursday — Mexican buffet  
Friday — Variety buffet

### Karaoke Night

Adult and child karaoke will be held at the Camp Humphreys Community Center 7-9:30 p.m. Aug. 21. Call 753-8825 for more information.

### Area II Triathlon

There will be a triathlon 9 a.m. Sept. 11 at Yongsan Garrison. Events include a 400-meter swim, 15 kilometer bicycle race and a five-kilometer run. Call 738-8608 for more information.

### Water Ski Tour

Sign ups for a water ski tour are ongoing at the Camp Stanley Community Activity Center. The tour will be Aug. 21. Call 732-5366 for more information.

# Shaking things up: La Orquesta Escencia

Story, photo by Sgt.  
Andrew Kosterman

Korea Region Public Affairs

**YONGSAN** — A neon moon dimly lights the 11 members of La Orquesta Escencia as they go over the final rehearsal for tonight's performance.

The only difference between now and tonight's performance at the Main Post Club here is that the floor is not full yet. That is not a problem for this group now.

"I was here in 1987," said Fernando Rentas, lead vocalist and organizer of the group. "There was nothing here, no clubs played this music. Now, it's huge."

That music would be Latin and Caribbean. Much like the U.S. Soldiers the group is comprised of; the musical influences of this group come from a variety of places, ages and career fields.

"Some of these guys are in the various Army bands here on the (Korean) peninsula, Rentas said. "Others, like me, come from other units."

These units include 41st Signal Battalion and 18th Medical Command.

Because of the group being comprised of members from the military, the faces change from time to time.

"This is one of the hardest things to deal with," Rentas said. "We have to constantly check to make sure that someone isn't going to the field, (permanently changing a duty station) or on duty."

When the group formed in June 2002, there were members from installations around the peninsula.

"Those were harder times," Rentas said. "We had guys coming from (Camp Red Cloud) and down south to play."

Despite these challenges, the group has continued to play for not only military and Latin audiences, but Koreans as well, said Victor Trinidad, vocalist.

The group's most recent performance was a follow up to a previous performance at the Korean Salsa Congress. The 2003 performance drew a crowd of more than 8,000.

The Korea Salsa Congress is three days of workshops, demonstrations and music.

Escencia has also worked out on-base performances through Morale, Welfare and Recreation and will play for Marines in Japan later this year.

With a busy schedule, a band could easily lose focus and become unmotivated.



La Orquesta Escencia perform at Yongsan Main Post Club Aug. 7. The group has been known to threaten ending their performances if the audiences doesn't dance.

This is not the case for the winner of the 2004 MWR Battle of the Bands, said Efrain Garcia, a band member. Being in front people and playing is motivation enough for the group.

Trinidad agreed saying that seeing people during his performances keeps him going.

"Seeing people who have never been in contact with this music, the first timers," Trinidad said. "They make doing this all worth it."

Seeing people who feel at home makes Isaiah Drone, a keyboardist, feel good.

"This has changed my life and the lives of many Soldiers," Drone said. "Korea is stressful and this gives them a good feeling inside and makes them feel at home."

E-mail KostermanA@korea.army.mil

## Officials urge spouses to speak up through survey

### CFSC Marketing Communications Division

**ALEXANDRIA, Va.** — It will soon be clear "the bark stops here," as Army spouses are urged to speak their minds in the 2004 Survey of Army Families V. It will arrive in selected mailboxes in early September.

These catchy phrases will soon be seen across U.S. military installations in Korea on brightly-imprinted kids and adults T-shirts, balloons, commissary bags and more to boost awareness of the critical importance of the survey to Army families.

The direct-mail survey is sent to randomly selected Army households around the world every four years. The survey generates Army-wide data on spouse attitudes about the Army way of life, including housing, relocation, paid and volunteer work, children, health care, morale, welfare and recreation, deployments and other issues.

The survey is a key source of information from spouses that directly reaches senior Army leadership. Survey results can lead directly to changes in family-focused programs and services to improve life for Army families, based on what spouses indicate is the most important to them.

About 60,000 families will be included in the random sampling for the 2004 survey - that means a spouse has about a one-in-four chance to receive a survey.

The greater the response rate, the more helpful the information is in guiding the Army in fine-tuning programs which serve Army families. Officials said it critical every

recipient of a survey completes it. This year, participants will also have the option of completing the survey online.

Beginning in September, look for a bright neon-green 9x12 envelope in the mail marked "2004 Survey of Army Families.

Taking advantage of this opportunity to voice an opinion through the survey of Army families is vital to representing and communicating the concerns of today's Army spouses, officials said.

The survey began in 1987 in response to concerns the Army was unresponsive to the challenges facing military spouses and other family members.

With input from thousands of spouses in prior surveys, today's Army families enjoy an enhanced quality of life.

For example, Congress approved an aggressive program to privatize and dramatically raise the standards for military housing.

Army spouses also benefit from the outcomes generated by an employment summit. The 2002 event, in partnership with Fortune 500 companies, had the goal to increase corporate job opportunities for Army spouses and to help them build attractive business skills.

The U.S. Army Community and Family Support Center in Alexandria, Va., an Army field-operating agency that provides Army Morale, Welfare and Recreation programs to Soldiers and families worldwide, conducts the survey.

For more information visit the Army MWR Web site at <http://www.armymwr.com>.

## Leaders share information at Humphreys, Area III

### Area III Public Affairs Office

**CAMP HUMPHREYS** — A new program to share information between tenant units, staff directorates and community members is in full force at Camp Humphreys and throughout Area III.

Officials implemented a new command-to-community, or C2C, information cycle to share ideas and issues.

“We have developed a series of meetings that will enhance communications across the entire area,” said Kevin Griess, acting director of the Area III Directorate of Plans, Training, Mobility and Security. “This is a proactive approach that will enable the U.S. Army Area III Support Activity to serve its customers better.”

“Customers” means the Soldiers, civilian employees and family members in tenant units the Area III Support Activity exists to support.

Griess said the information cycle includes four scheduled meetings throughout the month. They are:

■ **Leaders information monthly meeting:** Held the first Tuesday of each month, this meeting directs command information to unit commanders, sergeants major, first sergeants, family readiness group leaders and post council leaders only. It also includes reply-to-action items from town hall meetings held the third week of each month.

■ **Newcomers briefing:** An Area III newcomers briefing is held the second Tuesday of each month at the Camp



PHOTO BY STEVE DAVIS

Debra Cheek-Livingston, Civilian Personnel Advisory Center director, discusses civilian personnel issues Aug. 3 during a leader's information monthly meeting at Camp Humphreys.

Humphreys Community Activities Center to welcome new Soldiers, Department of Defense civilians and family members and to introduce them to Area III directors who will support them during their overseas tour. Useful “need-to-know” information and resources are presented to help attendees adjust to their new environment more easily.

■ **Town hall meeting:** A town hall meeting is being conducted each quarter to share command information and receive input or concerns from community members. Town hall meetings, held at the Community Activities Center, are open to everyone.

■ **Operations training meeting:** Unit operations officers meet with the Area III Directorate of Plans, Training, Mobility and Security the fourth Tuesday of each month to gather

operational and training information and to synchronize short- and long-range training calendars.

“All of these meetings are tied to a master calendar that will keep the entire community better informed about what’s going on throughout the area,” Griess said.

Other means of communication are also being developed, including an Area III Web site and indoor electronic marquees in such public places as the post exchange and restaurants. Perhaps most important to tactical unit commanders in Area III, is the public affairs office’s command information campaign plan that directly engages individual units and community organizations to provide stories for the Area III pages in The Morning Calm Weekly newspaper.

“We have developed a publication schedule beginning Sept. 3 for tenant units

to submit stories for publication,” said Steve Davis, command information officer at the Area III Public Affairs Office. “We have already reserved space for tenant unit stories in particular issues of the paper. Each unit will be able to submit up to four stories each year.”

Davis said the plan has already been briefed to tenant unit commanders S-3 officers.

“Units are already beginning to identify public affairs representatives who will submit unit stories and photographs for publication by the scheduled deadline,” Davis said.

Davis said sample story templates and publication guidelines will be sent to all unit public affairs representatives to make their job easier.

Aside from accommodating unit-produced stories and photographs, the Area III Public Affairs Office also wants to cover unit mission stories.

“Getting mission stories into the military and civilian media not only recognizes Soldiers’ hard work; it affirms our commitment the Republic of Korea-U.S. Alliance and assures Americans that hard-earned tax money is being well spent on defense,” said Davis.

In addition to an aggressive information cycle and media campaign, advisory councils are also being formed to elicit community input. Retiree, youth and teen, family, post exchange and commissary and Morale, Welfare and Recreation

“All of these forums will help improve the Area III community,” Griess said. “If information is truly power, we are becoming stronger each day.”

## Commander reports on town hall issues

### Area III Public Affairs Office

**CAMP HUMPHREYS** — During an Aug. 3 leader’s monthly information meeting, Area III Commander Col. Michael J. Taliento Jr. reported the status of issues raised at the last town hall meeting.

■ Central Issue Facility appointments will soon be incorporated into a new one-stop inprocessing center. The long-range goal is to have online appointment scheduling where Soldiers can input requirements and sizes, then go sign for the equipment.

■ Gas station hours: Units may only get emergency fuel after-hours if they have a VIL key and are escorted to the gas station by Area III staff duty personnel.

■ Walk-through gate redesign: A walk-through gate redesign has been approved to accommodate baby carriages and other large items. Funding is being resourced.

■ Installation shuttle buses now run in both directions around the post on weekends from 10 p.m.-2 a.m.

■ Three additional automated-teller machines have been approved. One will be near the walk-through gate and one at the post exchange. One will be added at the new Community Bank location.

■ The post library will expand the children’s reading area and add furniture, computers and books. A coffee machine will be available for library customers.

■ A location has been approved for a post exchange for Korean Augmentation to the U.S. Army soldiers.

■ The command continues to identify an interim child development center facility and review governing regulations and costs.

■ Redistribution of command sponsorship and growth issues will be discussed with the Installation Management Agency, Korea Region and the 8th U.S. Army.

■ A toddler playground is now under construction at Army family housing.

■ Insect spraying has been completed at Army family housing.

■ Self-help and Repairs and Utilities classes are available to authorized users.

■ An Area III on-call duty chaplain is now available at 010-6440-8679.

■ Youth Services now publishes a monthly newsletter highlighting Area III youth activities.

■ A 10-foot bulletin board has been installed at the post exchange. People who wish to post notices may drop their request in the box.

■ Officials are purchasing an electronic marquee to display unit and

activity messages at the post exchange. Additional marquees may be bought for other locations.

■ Ten additional taxis have been added at Camp Humphreys. The hours are 5:30 a.m.-12 a.m. Sunday-Thursday and 5:30 a.m.-1:30 a.m. Friday-Saturday.

■ All reserved parking for officers and senior noncommissioned officers was removed from the post exchange parking lot. “Expecting mother” parking signs will be installed at the exchange and commissary parking areas.

■ Officials inaugurated Lt. Col. Richard Juergens Aug. 10 as Army family housing mayor. Army family housing council members were also named. They are Lt. Col. Kenneth Evans, Capt. Kevin McHugh, Lt. Col. Bernard Banks, Maj. Eric McElDowney, Capt. David Simpson and Maj. William Bohman.

■ Councils have been established and have already met to address retiree, youth, family, Army and Air Force Exchange Service, commissary and Morale, Welfare and Recreation issues.

■ The next town hall meeting will be 6 p.m. Oct. 19 at the Camp Humphreys Community Activities Center.



Juergens

**NEWS & NOTES**

**Heat Index Information**

Tenant units may call the Area III headquarters staff duty section at 753-6111 for hourly heat category updates. Information about the prevention of heat injuries is also available at the U.S. Army Center for Health Promotion and Preventive Medicine Web site at <http://chppm-www.apgea.army.mil/heat/>.

**Community Bank Move**

The Community Bank at Camp Humphreys has moved to Building S-118 across from the post exchange.

**Thrift Shop Bag Sale**

The Painted Door Thrift Shop will have a bag sale from 10 a.m.-2 p.m. today and Saturday. Buy a bag full of shorts, tank tops, shorts sleeve blouses or shirts, sandals and other summer clothes for \$2. The Painted Door Thrift Shop is operated by The United Club, a non-profit community service organization. The shop is located next to the Camp Humphreys bus station.

**Upcoming ACS Events**

The Army Community Service at Camp Humphreys will host the following events:

- A labor and birth class will be Aug. 24 in room 7 of the Camp Humphreys Education Center. Pre-registration is required. For more information, call Family Advocacy at 753-6252 or 753-8448.
- The Exceptional Family Member program will host a "Prepare for School Day" 10 a.m. - noon Aug. 20 at the Camp Humphreys ACS in building 311. To register, call Yeritza Nocera at 753-8327.
- An "Interviewing Techniques" class will be held 9 a.m.-noon Aug. 17 at the Camp Humphreys ACS. For more information, call LaVita Vincent at 753-8321.
- Part one of the mandatory financial readiness training for first-term Soldiers is held 8 a.m.-noon the first Tuesday of each month at the Camp Humphreys ACS. Part two is held the second Tuesday of the month. For information, call at 753-8401.
- "Resume Writing" and "RESUMIX Preparation" classes will be 9 a.m.-4 p.m. Sept. 1 at the Distributed Learning Center in Building 302 at Camp Humphreys. Attend one class, or both. The class is open to everyone, but limited to 15 students. Call 753-8321 to register.
- An ACS visa shuttle will take place 9:30 a.m.-12:30 p.m. Aug. 18. Call for more information 753-8804.
- A "Smooth Move Workshop" will be 6-7:30 p.m. Aug. 20 at the Camp Humphreys ACS. Call 753-8804 to pre-register.
- The ACS will host a shopping tour to the Kangnam underground shopping center. Meet at 8:30 a.m. Aug. 21 at the Camp Humphreys walk-through gate. For details, call Young Straughan at 753-8782.
- Learn to make Korean chicken soup during a cooking class 5 p.m. Aug. 27 at the Camp Humphreys ACS. To register, call 753-8401.

**College Registration**

Army Education Term I college registration will be held between 8 a.m. - 5 p.m. through Aug. 20 at the Camp Humphreys Education Center. For more information, call 753-8907 or 753-8909.

**Airport Shuttle**

An Incheon Airport Shuttle leaves daily from the Camp Humphreys Community Activities Center. Cost is \$25 per person. The shuttle will stop at requested airline portals. Reservations required. For more information, call 753-8825.

**Land-locked 'doc' sets sail for Olympic regatta**

**Humphreys nurse practitioner charts path to Athens, Greece**

Story by Steve Davis

Area III Public Affairs Office

**CAMP HUMPHREYS** — A land-locked family nurse practitioner at the U.S. Army Health Clinic, Camp Humphreys is about to fulfill an ambition of sailing in an Olympic-sized event.

Capt. Omer Ozguc has headed to the Mediterranean to race his 42-foot Beneteau Oceanis racing yacht in the Odyssey Sail Regatta. The regatta is a series of colorful pre-Olympic competitions along sea routes made famous by Odysseus, Homer's fabled Greek sailor who set out on adventures that took him far from home.



Ozguc

The Greek Olympic committee, the Greek Ministry of Culture and the Greek Sailing Federation will host the races in conjunction with the Olympic Games.

Following the path of Odysseus throughout the Mediterranean, the races began July 3 and continued until yesterday.

A regatta award ceremony will take place today during the opening ceremonies of the Olympic Games in Athens, Greece.

Ozguc's said his team will be racing alongside 100 yachts in three different classes in the regatta from Samos to the island of Crete, then on to Athens.

"My team includes eight people, my brother and some accomplished sailing friends from the U.S., Germany and Turkey," said Ozguc, who has been sailing since he was 5-years-old.

Ozguc has advanced from simple sailboats to sophisticated racing yachts.

"I bought my boat a few years ago and docked it in Turkey so my brother could look after it," said Ozguc, who has lived and raced sailboats in Turkey, France and the United States.

He was born in Izmir, Turkey and immigrated to the United States in 1984 via France and received his U.S. citizenship in 1986.

Ozguc picked up political science, biochemistry and nurse practitioner degrees in different countries along the way. He joined the Army in 1995 as a family nurse practitioner. Ozguc served at Walter Reed Army Medical Center in Washington, D.C. and in Heidelberg, Germany, before coming to Camp Humphreys last year.

"I had stopped sailing for a long time, but began again when I was in Germany," said Ozguc. "I stopped sailing again when I came to Korea, but was able to get in a race or two in last year."

Though this will be his first race since last year, when his



COURTESY PHOTOS

Above: Capt. Omer Ozguc sails his 42-foot Beneteau Oceanis.



Right: Sails fill the sky in this view from Ozguc's sailboat.

team won two first place awards and a third place, Ozguc said he is serious about competing in the Odyssey Sail Regatta.

"We will race 165 nautical miles from Samos to Crete, then have a week of short two- or three-hour inshore races of about six or seven nautical miles. Then we will have a 170 nautical mile offshore race from Crete to Athens on Aug. 10 and will finish on Aug. 12, the day the Olympic torch arrives in Athens."

Ozguc will captain his boat and issue commands.

"It's a great team effort," he said. "Every person has a certain responsibility. Mine is steering. Others navigate or man the mainsail, the spinnaker or genoa sail."

There will be lots of maneuvering, said Ozguc, and the team will have to react quickly.

If they ride a wave of points, they could possibly win a trophy and prize money.

E-mail [davisst@korea.army.mil](mailto:davisst@korea.army.mil)



James Diggs serves hot dogs at the annual summer picnic Aug. 7 at Camp Humphreys.

**Club raises money for community events**

**CAMP HUMPHREYS** — Three Pillars Entertainment, a study club of the Guiding Light Number 95 Masonic Lodge, raised \$800 at its annual summer picnic Saturday at Beacon Hill. The money will be donated to the Humphreys American Elementary School and the American Red Cross.

More than 800 people from as far away as Daegu attended the event, which featured games, prizes, music, a car display by the post exchange news car sales, a barbecue and other entertainment, said 1st Sgt. Larry Locke, who helped organize the event.

Locke said the organization helps young men to be positive role models in the community by volunteering and practicing charity.

Area III U.S. and Republic of Korea army and air force commanders and command sergeants major team up for a friendly soccer game Aug. 6 during a military-to-military partnership day at the 7th Republic of Korea Air Communications Service Group compound at Camp Humphreys. The partnership event included sports events, dinner and lots of camaraderie.



PHOTO BY STEVE DAVIS  
Pfc. Daniel Simmons dives into the cool water at Zoekler Station's outdoor pool. Simmons, from the 3rd Military Intelligence Battalion, was one of many Soldiers and family members seeking relief from 94 degree heat last weekend at Camp Humphreys.

## Around Camp Humphreys

Area III Public Affairs Office

The first week of August at Camp Humphreys saw partnership, civil disturbance and lots of people trying to keep cool as temperatures reached the mid-90s.



Korea National Police personnel await the arrival of demonstrators Sunday at Camp Humphreys as the Anjung-ri Merchants Association stages a pro-U.S. rally outside the main gate of Camp Humphreys.



## New commander takes over Area IV

Story, photos by Galen Putnam

Area IV Public Affairs Office

**CAMP HENRY** – The Area IV community welcomed a new commander and command sergeant major in an uncommon dual assumption-of-command and assumption-of-responsibility ceremony Aug. 5 at the Area IV Support Activity Headquarters here.

Col. Donald Hendrix assumed command of Area IV Support Activity, a position relinquished by Col. James Joyner July 8. Hendrix is arriving from Germany, where he served as assistant deputy chief of staff for personnel for Headquarters U.S. Army Europe and 7th U.S. Army.

Assuming responsibility as Area IV's top non-commissioned officer was Command Sgt. Maj. Patricia Keit, whose previous assignment was in Seoul as command sergeant major of the 41st Signal Battalion.

As the senior official presiding over the rain-soaked ceremony, Brig. Gen. John A. Macdonald, Installation Management Agency, Korea Region director, passed the unit to colors to Hendrix and the ceremonial saber to Keit to officially signify their new roles.

Noting the rain, Macdonald quipped that he had brought some much needed relief from the heat along with him from Seoul. He went on to emphasize the many changes Area IV has experienced over the past few months and highlighted the notable skills Hendrix brings to his new job.

"Colonel Hendrix is especially qualified to assume command of Area IV. His past assignments have



Brig. Gen. John A. Macdonald (right), Installation Management Agency – Korea Region Office director, passes the Area IV unit colors to Col. Donald J. Hendrix, the new Area IV Support Activity commander.

given him the experience and background to lead into a new phase of transformation," he said. "His experience running an Army recreation center in Hawaii, as a resource manager and most recently as the deputy G-1, human resource manager for U.S. Army Europe, make him supremely qualified to accept this new mantle of leadership."

Hendrix alluded to change as he addressed the Area IV community for the first time.

"As you all know, we are an Army in transformation on many fronts," Hendrix said. "Our nation and our armed forces are engaged in

See **Assumption** on Page 28

## Area IV's top NCO knows her stuff

Story, photo by Galen Putnam

Area IV Public Affairs Office

**CAMP HENRY** – If there is a Korean phrase to best describe Area IV's new top noncommissioned officer, it is "whata gatta hayo," or "to go from here to there and back again."

Command Sgt. Maj. Patricia A. Keit, who assumed her responsibilities Aug. 5, has spent a great deal of her career bouncing between Korea and Fort Gordon, Ga., home of the U.S. Army Signal Corps.

"Base operations and installation support encompasses everything from family housing to barracks, work order requests, dining facilities, the (Better Opportunities for Single and Unaccompanied Soldiers) program and so much more," Keit said, comparing her new posting to some of her previous line-unit assignments. "I look forward to supporting everyone in the Area IV community. I hope to make an impact



Keit

on the quality of life in Area IV."

Keit entered the Army in July 1976 and completed basic training at Fort Jackson, S.C., and advanced

individual training as a radio operator at Fort Monmouth, N.J.

Her past assignments include section sergeant for the radio retransmission section, 440th Signal Battalion, Darmstadt, Germany; training non-commissioned officer and communications security custodian, 11th Air Defense Artillery Signal Battalion, Darmstadt; instructor at the Regimental Noncommissioned Officer's Academy, Fort Gordon; first sergeant of Headquarters and Company A, 369th

Signal Battalion, Fort Gordon; special projects sergeant major, U.S. Army Sergeants' Major Academy, Fort Bliss, Texas; and command sergeant major of the 551st Signal Battalion, Fort Gordon.

Keit's postings to Korea include nodal platoon sergeant, 304th Signal Battalion, Camp Colbern; first sergeant of Company A, 307th Signal Battalion, Camp Carroll and, most recently, command sergeant major of the 41st Signal Battalion in Seoul.

Keit has completed numerous military schools to include the Primary Leadership Development Course, the Communications Security Custodian Course, the Instructor Training Course, Systems Approach to Training, Small Group Leadership Course, the Basic Noncommissioned Officer Course, Battlefield Spectrum Management Course, the Advanced Noncommissioned Officer Course, the First Sergeant Course, the Command Sergeant Majors' Designee Course and

the U.S. Army Sergeant's Major Course. She received her associate's degree in applied science from Georgia Military College, Milledgeville, Ga.

Her awards and decorations include the Meritorious Service Medal with three oak leaf clusters; Army Commendation Medal with two oak leaf clusters; Army Achievement Medal with three oak leaf clusters; Good Conduct Medal with eight awards; three National Defense Service Medals; Global War on Terrorism Medal; Korean Service Defense Medal; three Overseas Service Ribbons; Noncommissioned Officer Development Ribbon with numeral 4; Army Service Ribbon; and the Signal Corps Regimental Association Bronze Order of Mercury.

"I'm glad I'm here - I'm up for the challenge," Keit said. "With the split from the 20th Support Group complete, Area IV can specifically focus on issues that affect the community. I look forward to being a part of that process."

E-mail: putnamg@korea.army.mil

## NEWS & NOTES

### **K-2 Air Base Exchange New Hours of Operation**

The K-2 Air Base Exchange will have new hours of operation through Oct. 13. The hours are 11 a.m. to 7 p.m. Tuesday through Friday, 11 a.m. to 6 p.m. Saturday and Sunday, and closed on Monday. For more information, call Kim Chu-song at 768-7384.

### **All-Scouts Swim Party Picnic**

An All-Scouts swim party picnic will be held 6 p.m. today at the Camp Walker outdoor pool and Kelly Field picnic area. It is open to all members of Girl Scouts, Boy Scouts and Cub Scouts. For more information, call William King at 764-4888 for Cub Scouts, Brett Weigle at 011-526-5147 for Boy Scouts, and Elaine King at 764-4888 or 010-5810-0343 for Girl Scouts.

### **Remote Control Car event**

The Camp Carroll Competition Cars "C-4" is hosting a remote control car and truck "test and tune" 10 a.m. Saturday at the Camp Carroll Child Development Center parking lot. The event is open to all remote control car racers, truckers and fans. For more information, call Lloyd Buster at 765-8824 or Glenn Groome at 765-7230.

### **ACAP Job Fair**

The Army Career and Alumni Program Job Fair will be held 12 p.m. Sept. 17 at Henry's Place at Camp Henry. Various employment opportunities with major companies will be represented. It is open to all job seekers with Department of Defense identification cards. For more information, call Dale Garringer at 768-7571 or Brenda Conner at 763-7470.

### **BOSS Han River Cruise**

The Better Opportunities for Single and Unaccompanied Soldiers Han River Cruise will be 6 p.m. Sept. 18. Tickets are \$25 per person and include a buffet meal on board. A variety of activities are planned. For more information including transportation, call Luis Rios at 768-7418.

### **"Return to Vietnam" Trip**

If you received a Purple Heart while serving in Vietnam, you could be one of 12 veterans to win VFW's "Return to Vietnam" trip. The tour, scheduled for April 2005, will include a number of stops throughout the country and includes airfare and accommodations. Entries must be received before the drawing on Nov. 15. Winners will be notified by mail or e-mail in early December. For more information, call Bobby Bradley at 764-3534.

### **Cyber Cafe Closure**

The Camp Walker Cyber Cafe will be closed while the Community Activity Center is renovated. For more information, call Chong Chu-yung at 768-7383.

### **Tour and Travel Service and Car Rental Shop Relocation**

The Camp Walker Tour and Travel Service and Car Rental Shop will be moved to the container located next to the Camp Walker Post Exchange. For more information, call Chong Chu-yung at 768-7383.

### **Taegu Commissary Early Bird Shopping**

The Taegu Commissary is conducting a test on early bird shopping until Sept. 21. Early bird shopping will be 9-11 a.m. Tuesdays only. Shopping will be limited to 10 items or fewer during those times. For more information, call Celine Ruiz at 764-5311.



A 36th Signal Battalion Soldier and a boy from Sunglim Orphanage have fun with water guns at Camp Carroll outdoor swimming pool.

## Pool party a treat for orphans

Story, photos by Pfc. Oh Dong-keun  
Area IV Public Affairs Office

**CAMP CARROLL** – The Camp Carroll outdoor swimming pool was invaded Aug. 6 by 40 children from Sunglim Orphanage accompanied by 30 Soldiers from 36th Signal Battalion and their family members for the unit's annual



A Sunglim Orphanage child tries out a squirt gun.

pool party for the orphans.

"We have been inviting the orphanage on the installation three times a year for several years," said Teresa Hew, chief of resource management, 36th Signal Battalion. "We have already had an Easter egg hunt with them and we will have a Christmas party later this year. We always have an awesome time with them."

The children received an American-style barbecue lunch but the highlight of the day was getting into the pool with the Soldiers for hours of fun in the water. The Camp Carroll outdoor swimming pool features the only on-post water slides available in Area IV. The unit also provided water guns to ensure everyone, even those not in the pool, got a soaking. "The basic message today is that we are all one," said Chaplain (Capt.) Robert Gresser. "Even though we are from different nations, we are all same human race and today's event only proves that. All kids love to swim and all kids love the barbecue."

"I would like the children to take



A child flies down a waterslide at the pool.

away from today what we do here as Soldiers and what we bring to the peninsula," said Command Sgt. Maj. Tyrone Johnson, 36th Signal Battalion. "I also want them to remember the friendship and that we are here to serve the community."

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A boy with a water gun takes aim at some girls at the Camp Carroll outdoor swimming pool. About 40 children attended the Aug. 6 pool party.

# Camp Carroll security guards hone their English skills

Story by Pfc. Oh Dong-keun

Area IV Public Affairs Office

**CAMP CARROLL** – For Korean nationals who work on U.S. Army installations, having a good command of the English language is one of the most important skills needed to be effective and successful employee.

This is particularly true for the security guards who ensure only authorized personnel enter our installations. To improve their English skills and to better communicate with people coming on and off the installation, security guards at Camp Carroll have been conducting English classes for its members to help improve their English skills.

“Their job deals with safety and security of our community,” said Wilfred J. Plumley Jr., Camp Carroll installation manager. “So it’s important for them to communicate effectively in English, for example, in case of an emergency.”

“The classes began in April after some time for planning,” said Nam Ik-sun, sergeant of the guard, who is in charge of the Camp Carroll security guard team. “Although we only employ people with certain level of English ability, some of them have been having a hard time communicating with English speakers.

The class was planned to help those who wanted to improve their English to be better at work.”

The classes, held 6 – 7 p.m. each weekday, are attended by nearly half of the installation’s 34 security guards since the others have no problem in communicating in English. Interestingly, the instructor for the class is a security guard himself.

“Fortunately, we had a person who studied English education in Canada on our staff,” Nam said. “So we could avoid the hassle of looking for an instructor from (the) outside.”

“At first, I didn’t think I could do it,” said Kim Jang-gu, the instructor for the class. “I’ve studied abroad and have taught at a few institutions, but this is something totally different. The students’ individual levels of ability and backgrounds were all different and I didn’t think they would be motivated. I didn’t know where to start.”

However, after a couple of sessions, Kim found he had been wrong.

“When the classes started, I was surprised to see their motivation,” Kim said. “They were ready and eager to learn. Their motivation also helped me to do the best I can. As a result, everyone in the class now is confident with their ability to learn.”

“The students are very satisfied with



*An Area IV security guard checks an ID at Camp Carroll. English language proficiency for security guards are conducted on weekdays now.*

the program,” Nam said. “They are satisfied with the course materials, the way Kim teaches, and how much they have improved so far. Lately, I have also heard some good words from people who helped setting this program up, such as Mr. Plumley, our installation manager.”

The students agreed.

“So far, the program has been really helpful for me,” said Cha, Eun-jung. “I am now more confident and comfortable with myself when I have to use English.”

“Mr. Kim is a great teacher,” said Pak

Yun-keun. “He comes to class ready everyday and motivated to teach. That motivates me to learn more and be better at what I learn everyday. Now the first thing I do when I get off is open up my vocabulary book.”

Plumley said the community already feels better knowing their guard force is striving to improve.

“I think it sends a good message to the community that they are putting forth a lot of effort on their own time to improve themselves,” Plumley said. “People are pleasantly surprised by the guards’ English, and they are proud to have the best team of security guards there is.”

In an effort to ride the initial success and to move on to next level, Nam said in the future the program will cover not only the English language, but other topics to include American culture and life on U.S. military installations.

“Eventually, I would like to have all of my team members to be a part of this program and learn to improve,” Nam said. “We still have a long ways to go to be the best we can to serve the community. It is not a problem how long it takes. We will keep striving to be better.”

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## Assumption

from Page 25

a global war on terrorism. Our Army has also passed a major milestone with the activation of the Installation Management Agency on October 1, 2002. Army Chief of Staff General Peter J. Schoomaker reminded us of the importance of our installations to Army readiness when he declared, 'Our installations are our flagships.' Here in Daegu, the significance of that statement was illustrated by the Area IV Support Activity activation on October 16, 2003."

He went on to explain the complicated split involving the Area IV Support Activity and the 20th Area Support Group.

"That ceremony created a separate unit – the Area IV Support Activity – with the primary mission of managing base operations," Hendrix said. The 20th Area Support Group, also commanded by Colonel Joyner at the time, maintained its combat service support mission. This past July 8th, Colonel George Washington assumed command of the 20th ASG from Colonel Joyner. Today's assumption of command ceremony completes the separation ... [of] two primary missions into two units with separate missions and commanders."

Hendrix was born in Mississippi and raised in a U.S. Army family throughout the southeastern United States and Japan.



*The Area IV Support Activity color guard stands tall following a brief rain shower during the Area IV Support Activity assumption of responsibility and assumption of command ceremony held Aug. 5 at Camp Henry in Daegu.*

He is a distinguished military graduate of the Reserve Officers' Training Corps at Auburn University, Ala., and was commissioned into the Adjutant General Corps in July 1978.

He has served in a variety of command and staff positions including commander of the Armed Forces Recreation Centers in Hawaii and Bahrain; adjutant and executive officer for the Southern Region Signal Support Regiment, Allied Forces Southern Europe (NATO), in Naples, Italy;

commander of the U.S. Army NATO Support Battalion in Heidelberg, Germany; and deputy commander of the 1st Personnel Command, also in Germany.

Hendrix previously served in Korea as the chief of Publications and Records Management Division for U.S. Forces Korea at Yongsan Army Garrison, and as chief of staff, and later director, of theater Army replacement operations. He also served as battalion commander for the Replacement Company with 8th

Personnel Command at Camp Coiner.

Hendrix's civilian education includes a bachelor's degree in finance from Auburn University in 1977 and a master's in business administration from the University of LaVerne, Calif., in 1993. His military education includes the Adjutant General Officer Basic and Advanced Courses, the Command and General Staff College, and the Pakistani National Defense College.

Some of his military awards and decorations include the Legion of Merit; Bronze Star Medal; Defense Meritorious Service Medal with two oak leaf clusters; Meritorious Service Medal with three oak leaf clusters; Joint Service Commendation Medal; Army Commendation Medal; Joint Service Achievement Medal with two oak leaf clusters; and Liberation Medals from Saudi Arabia and Kuwait.

The Area IV commander is responsible for managing and providing base operations services for the 11,000 people working and living on Area IV installations. Area IV is the largest of the U.S. Army's four geographic regions in the Republic of Korea. It extends from Daejeon to Busan to the Cheju Recreation Center on Jeju Island. Major U.S. Army installations include Camps Henry and Walker in Daegu, Camp Carroll in Waegwan, and Camp Hialeah in Busan.

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# 흡연중독과 니코틴의 관계

이병 정준하

담배연기 속에는 약 4000여종이나 되는 많은 발암물질과 독성 화학물질이 들어있는 것으로 밝혀져 있다. 담배연기는 기체에 액체 또는 미세한 입자가 섞여있는 혼합체인 연무질이다. 담배연기에는 주류연과 비주류연이 포함되어 있는데, 주류연은 담배를 피울 때 입으로 빨아들이는 성분이고, 비주류연은 담배의 끝에서 나오는 연기와 종이를 통해 확산되어 공기 중으로 나오게 되는 물질이며, 담배를 내뿜는 물질도 포함된다. 직접흡연자는 주류연과 비주류연을 다 마시게 되고, 간접흡연자는 비주류연을 흡입하게 되는 것이다.

주류연의 95% 이상은 발암물질과 유해물질 성분으로 구성되어 있다. 비주류연의 화학성분은 주류연의 그것과 비슷하지만 절대적인 양으로 따져 봤을 때에는 주류연보다 유해물질이 적은 편이다. 직접흡연자가 흡연시 들이마시게 되는 주류연에 포함된 발암물질과 독성물질은 4000여종에 달한다. 이 중 흡연시 발생하는 물질중 건강에 특히 해로운 것은 타르, 일산화탄소, 니코틴 등의 3가지 성분이라 할 수 있다. 이중 타르는 일반적으로 담배진이라고 부르는 독한 물질로 수천종의 독성화학 물질이 이 속에 들어 있다.

타르는 담배연기를 통하여 폐로 들어가 혈액에 스며들어 우리 몸의 모든 세포, 모든 장기에 피해를 주기도 하고, 잇몸, 기관지 등에는 직접 작용하여 포피세포 등을 파괴하거나 만성 염증을 일으키기도 한다. 담배 한 개피를 피울 때 흡입되는 타르의 양은 대개 10mg 이내로, 한 사람이 하루에 한 갑씩 담배를 피운다고 했을 때 1년간 모이는 타르는 일반적인 유리컵 하나에 꼭 차는 정도의 양이 된다.

일산화탄소는 무연탄 냄새로 이미 우리에게 잘 알려진 물질이다. 담배를 피우는 것은 마치 적은 양의 무연탄 냄새를 지속적으로 맡고 있는 것과 같으며, 일산화탄소는 혈액의 산소운반 능력을 감퇴시켜 만성 저산소증 현상을 일으켜 신진대사에 장애를 주고 조기 노화현상을 일으킨다.

니코틴은 담배의 습관성 중독을 일으키는 마약성 물질로 담배 한 개비에는 10mg 정도의 니코틴이 들어있는데, 이 중 흡수되는 니코틴 양은 1mg 정도이나, 흡연 양상에 따라 3mg을 넘을 수도 있다. 니코틴은 빠르게 동맥내 혈류 속으로 흐르면서 심장을 거쳐 뇌로 운반되는데, 담배를 피우고 니코틴이 뇌에 도달하는데 걸리는 시간은 7초 정도이다. 아편과 거의 같은 수준의 습관성 중독을 일으키기 때문에 약학적으로 마약으로 분류되고 있는 물질로, 담배를 일단 피우기 시작하면 매 30-40분에 한 대씩 피워야만 하는 이유가 바로 담배속에 있는 니코틴 성분 때문이다.

**니코틴 중독의 심각성**  
흡연자의 70% 정도는 금연을 원하지만 대부분의 사람은 니코틴에 중독되어있기 때문에 금연이 힘들다. 세계보건기구의 정의에 의하면 '습관성 중독'은 "심리적 의존이 있어 계속 약물을 찾는 행동을 하고 신체적

의존이 있어 복용을 중단하지 못하고 신체적, 정신적 건강을 해치게 되는 상태"를 말한다. '의존'은 긴장과 감정적 불편을 해소하거나 피하기 위해 약물에 대한 의존도가 높아지는 상태이며, 약을 중단하면 특징적인 금단증후군이 나타나는 상태를 말한다. 과거에는 니코틴을 신체적 의존성이 없고 사회에 해가 없는 의존이라 하여 코카인과 구별하였으나, 니코틴도 신체적 의존성이 있다는 것으로 밝혀지고 개인에 대한 해독이 사회에 대한 해독과 동일시되면서 현재는 같은 개념으로 쓰인다. 운동(조깅)중독증과 같은 비약물성 습관도 엔돌핀과 같은 내인성 호르몬의 작용때문에 중단하기가 힘들고 자칫하면 몸에 해를 줄 수도 있어 약물중독과 구별이 힘들다. 그러나 약물중독은 약물의 약리학적 작용 때문에 행동이 지속된다는 점에서 위의 습관들과는 구별된다.

흡연은 기본이 좋아지거나, 각성, 이완, 불안과 스트레스 감소, 공복감을 없애주는 긍정적인 효과가 있다고 하며, 집중력과 순발력을 높이고, 일대대 수행능력을 향상시킨다. 일각에서는 이러한 효과를 니코틴 금단증상의 완화에 따른 부수적인 현상으로 판단하고 있다. 중독성 약물의 복용 측면에서의 흡연은 식사후, 음주, 커피, 친구와 만남등의 특정 상황과 연관되어 반복되고 강화되는 행동으로 볼 수 있다. 담배와 관련된 물건(라이터, 성냥 등)을 만지는 일이나 담배의 냄새, 흡연시 인후부의 느낌도 금단증상이 해소되는 기분좋은 느낌과 연상되어 흡연을 강화할 수 있다. 흡연자가 담배를 피우지 않을 때 느끼는 불쾌한 니코틴 금단증상은 흡연을 하면 해소된다. 이러한 상황이 반복 되면 흡연자는 일상생활에서의 스트레스나 불만으로 인한 불쾌한 느낌들이 때마다 담배를 피우게 된다.

중독에 관련된 또 다른 인자로 성격과 사회적 환경을 들 수 있다. 모든 사람이 습관성 약물을 시도하지는 않고 시도하는 사람들 모두가 중독이 되는 것은 아니다. 그러나 반항적, 모험적이거나 다소 정서장애가 있는 성격을 지닌 사람들에게서 약물중독 증상을 다소 쉽게 찾아볼 수 있다. 흡연중독현상이 약물남용과 크게 연관되어 있는 부분은 없으나, 금연요법 적용시 이러한 사항들에 대한 고려 또한 필요하다.

역학연구결과 밝혀진 종합적 결론은 비흡연자에 비해 흡연자는 폐암에 걸릴 위험이 10-20배까지 증가한다는 것이다. 이를 기어오르도 환산하면, 담배를 피우게 되면 폐암에 걸릴 확률이 90%이상이라는 뜻이다. 그러나 이 확률은 흡연자 개인의 구체적 직업 환경과 병력 등을 고려하지 않고, 대규모 흡연 인구집단을 대상으로 조사했을 때의 수치가 이 정도이기 때문에, 원고들과 같이 개개의 구체적인 흡연자의 직업환경과 병력에 있어서 폐암에 걸릴 어떠한 요소도 없는 경우에는 흡연이 폐암 발병에 100% 기여한 것이 된다.

This article is about "Nicotine and Smoking."

# Learn Korean Easily



Language Instructor Minsook Kwon



ㄱ	ㄴ	ㄷ	ㄹ	ㄴ	ㅇ	ㅈ	ㅊ	ㅋ	ㆁ	ㅍ	ㅎ		
gu	nu	du	ru, lu	mu	bu	shu, su	ng	ju	chu	kuh	tuh	puh	huh
Double Consonants													
ㄱㄱ	ㄷㄷ	ㅂㅂ	ㅅㅅ	ㅈㅈ	ㅊㅊ	ㅋㅋ	ㆁㆁ	ㅍㅍ	ㅎㅎ				
ggu	ddu	bbu	ssu	jjju	chju	kkk	ngng	ppp	hhh				
Single Vowels													
ㅏ	ㅑ	ㅓ	ㅕ	ㅗ	ㅛ	ㅜ	ㅠ	ㅡ	ㅣ				
ah	yah	eo	yeh	oh	yo	oo	you	ue	ee				
Double Vowels													
ㅘ	ㅙ	ㅚ	ㅜ	ㅝ	ㅞ	ㅟ	ㅠ	ㅡ	ㅣ				
æ	yeh	weh	wah	weo	wee	ui							

## Word of the week

# 휴가

휴 : h, 가 : you /  
기 : g, 아 : ah  
**'hyou-gah'**

holidays

## The phrase of the week

### "How was your holidays?"

# 휴가 어떠셨어요?

## Hyou-gah eo-ddeo-syoh-seo-yo?

your holidays

How was?

## Conversation of the week

(휴가) 어떠셨어요?

How was your (holidays)?

**(Hyou-gah) eo-ddeo-syoh-seo-yo?**

재미 있었어요.

It was wonderful.

**Jae-mi ee-seo-seo-yo**

부러워요.

Wow! I envy you.

**Boo-reo-weo-yo.**

휴가 안 가셨어요?

Haven't you enjoyed the holidays?

**Hyou-gah ahn-gah-syoh-seo-yo?**

못 갔어요.

No, I haven't.

**Moht-gah-seo-yo.**

다음에 같이 갑시다.

Well, let's go together next time.

**Dah-uem-ae-gah-chi gahb-see-dah.**

(여행) (yoh-haeng) (tour)

(관광) (gwahn-gwahng) (sightseeing)

Share this column with a Korean co-worker.