

# The Morning Calm Weekly

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Sept. 3, 2004

## On the market: Military identification cards

By Spc. Chris Stephens  
2nd Infantry Division Public Affairs Office

**CAMP RED CLOUD** — Military identification cards contain valuable information. It grants the bearer access to military installations.

“ID cards are big on the black market,” said Master Sgt. Steven Beck, Camp Red Cloud provost marshal’s office noncommissioned officer. “Individuals and groups will shell out a lot of money just to get their hands on one.”

Beck points out some Soldiers make it easy for individuals or organizations to get their ID cards simply by leaving it somewhere. From there, the group can alter the card to gain access to military facilities.

“An active-duty ID card will run for about \$1,000 on the black market, dependent ID cards run for about \$800 and Department of Defense IDs’ run for about \$500-600,” he said.

If Soldiers lose an ID card, the Provost Marshal’s Office suggest they report it to the chain-of-command

and the military police as soon as possible.

“We stress this because after it’s reported, we can do what’s necessary so that when the ID card is found, it can be promptly destroyed,” said 1st Lt. Shana Whatley, operations officer for CRC PMO.

After a Soldier reports the loss of their ID card they will be able to get a new one, which then will transfer all of their information onto that ID card and take it off the old one.

Staff Sgt. Angel Rivera, operations and training NCO in the division’s chemical section, also expressed a concern for Soldiers who provide a copy of their ID card to offpost establishments, mainly businesses where Soldiers purchase cell phones.

Rivera said that he walked into a cell phone store off-post and the lady at the counter showed him some information that surprised him.

“She first asked me if I knew a certain Soldier who was going to Iraq, giving me his name and rank,” Rivera said. “After I said, ‘no,’ she promptly pulled out a file she had on the Soldier including a copy of his military ID card.

“That made me feel very uncomfortable that people have copies of Soldier’s ID cards on file,” he said. “A copy being made of a Soldier’s ID card is an open invitation for terrorists to our security and safety.”

Whatley said if an offpost establishment does require an ID, then Soldiers should use their stateside ID card.

“There’s no reason why they can’t accept a state-issued ID,” she said. “If they won’t and all they’ll take is a military ID, then I suggest Soldiers take their business elsewhere. Not all places require the military ID, so the best bet is to one of those establishments.”

Beck said that as Soldiers, it is our job to ensure the safety of not only ourselves, but also our comrades.

“With the proper technology, individuals or groups can find out everything they want about us by using our ID cards,” he said. “It’s our job to do what’s necessary to keep them from getting what they need and to maintain a high level of operation security. By doing that, we’ll ensure the safety of all Soldiers stationed in 2ID.”

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## Plastic surgery no luxury for most Soldiers

By Michael E. Dukes  
Army News Service

**WASHINGTON** — The Army is not offering free face-lifts, tummy tucks and breast enhancements to everyone in uniform, medical officials said, adding that recent articles in national publications may be misleading.

“The spectrum of plastic surgery most people see are the shows on TV, extreme makeover shows, and they think that’s plastic surgery,” said Lt. Col. Joseph Kolb, Walter Reed Army Medical Center’s Plastic Surgery Service chief. “We are primarily a reconstructive service.”

Less than 20 percent of the plastic surgery cases at Walter Reed are for elective cosmetic procedures, Kolb said.

The entire Army has only about a dozen plastic surgeons, Kolb said, adding that plastic surgery is far from a luxury service offered to military beneficiaries.

“The Army keeps us around for reconstructive procedures,” Kolb said. “In addition, we operate on children with congenital defects like cleft lip, cleft palate and other defects to the head and neck.”

Kolb said Walter Reed’s four plastic surgeons are very intimately and actively involved in treating wounded from the war in Iraq. One, Lt. Col. Andrew Friedman, is currently deployed to Iraq as a general surgeon. “He ends up doing a lot of acute hand injuries over there.”

“Hand function is really very dependent on the timeliness of  
See *Luxury* on Page 4

## Stop right there!



PHOTO BY SGT. ANDREW KOSTERMAN

Pvt. Erin Karahan, 57th Military Police Company, mans a traffic control point Tuesday on 8th Army Blvd. at Yongsan Garrison. The beginning of the school year marks the return of traffic congestion near schools. Army safety officials want drivers to remember to slow down in school zones.

### What's inside...

**Firefighters ignite with puppy love**

See Page 7

**DHL sports new children's park**

See Page 9

**School starts at Camp Humphreys**

See Page 22

**Camp Hialeah welcomes newcomers**

See Page 26

**Commentary.....Page 2  
Blotters.....Page 2  
News and notes.....Page 3  
Movies.....Page 14  
Chaplain.....Page 15  
MWR Events.....Page 18**

MP Blotter

The following entries were excerpted from the past several week's military police blotters. These entries may be incomplete and do not determine the guilt or innocence of any person.

Recently, military police were notified of an instance of purchase in excess of personal needs. A family member entered an exchange store and purchased seven bottles of women's perfume and 12 items of clothing totaling more than \$360. She then went to a second cashier and purchased four more bottles of women's perfume with miscellaneous items totaling more than \$185. She exited the exchange placing all the items in her vehicle, then she re-entered the exchange and purchased four more bottles of women's perfume totaling more than \$156. She was detained and transported to the PMO, where she was advised of her legal rights, which she waived rendering a written sworn statement denying the above offense. Her ration control plate was seized and all merchandise was collected as evidence. She was further processed, issued an order to show cause memorandum, and released to her sponsor. The staff judge advocate was briefed on all aspects of this investigation and opined that sufficient evidence exists to charge her with the above offense.

Military police recently stopped a vehicle operated by a family member onpost for having defective equipment. When MPs approached the vehicle, they detected the strong odor of alcohol on the driver's breath. The driver was administered a portable breathalyzer test, which registered a 0.062 percent blood-alcohol level. The driver was given series of field sobriety test which the driver failed. She was then taken to the local medical facility for a laboratory blood alcohol test after, which she was taken to the PMO. She was advised of her legal rights, which she invoked. She was given an order to show cause letter, suspension of driving privileges letter, fingerprinted, had her U.S. Forces Korea drivers license taken and she was released to her sponsor.

Military police were notified by e-mail of larceny of government funds, fraud, forgery and false official statement. Investigation revealed that a Soldier prepared a Department of Defense Form 1351-2 (travel voucher) and forged an officer's signature in the supervisors block and submitted the form to finance. Further investigation revealed the Soldier photocopied this travel voucher and submitted it again the following day as a supplemental voucher claiming \$585 for lodging without a receipt. The Soldier was interviewed and he admitted to forging the signature. Investigation continues by U.S. Army Criminal Investigations Division.

Commentary

Success the result of hard work, good coaching

By Steve Lambert  
MEDDAC-Japan

We have seen some outstanding performances in the 2004 Olympics. Many of the sports are far beyond my personal sporting experience, but I am still amazed at the peak performances of the world-class athletes giving it their all in Athens.

Age is not a barrier, depending on the sport. Some of the youngest athletes are in their mid-teens, and the oldest are well into their 50's.

In fact, one woman in archery is half-way through a pregnancy. As I evaluate the events, I try to figure out what really separates the average fitness enthusiast or sports fanatic from the elite, world-class Olympian.

Granted, there is an element of genetic predisposition, whatever that really means. But, those of us who are less gifted still want to imagine that we could will ourselves above this whole genetic notion.

To do this requires hard work, determination, great coaching and psychological support. Maybe the key is raw, God-given talent. In the right environment, and with the right kind of coaching, swimmers and gymnasts are pegged at an early age for their talent.

Then, their training regimen is nurtured for years to bring them up to world-class skill. Without hard work and discipline, raw talent will fizzle into slightly better than average. Consider that strength, power, speed, agility, endurance and technique all come into play.

Every sport requires varied, yet specific skills. Shooting and archery sports demand high intensity focus, tempo and concentration. Whereas boxing requires a combination of speed or reaction time, power, strength, endurance and agility.

Other sports all have specific training strategies to give the

best opportunities for success in that sport. Trainers and coaches work intensely with their athletes to encourage and build their desire for competition and their hope of victory.

Once again, it comes down to dedicated and disciplined hard work to fine tune the specific training necessary to compete in an event. Rarely, are athletes able to participate in multiple events, because of the diverse training requirements of each individual event.

The sprinter cannot compete at middle to long distances, and vice versa. How important is technique? A catch phrase in sports is that "form is everything." In many respects, this is true; however, coaching critics frequently point out the exceptions.

Many athletes are capable of developing consistency with unorthodox styles. What is important is that these athletes have perfected their style to the highest level of consistency. Once again hard work and the right kind of coaching are necessary to achieve this standard of performance.

In sport, there is always adversity. Things will go wrong. What separates the average weekend warrior and the professional or world-class athlete is how well they are able get beyond the slump or the miscue. Paul Hamm is the men's all-around gymnastics gold medal champion. Hamm overcame adversity as he stumbled on the landing in the vault, dropping him to 12th place. The odds were insurmountable that he could come back, but he finished with stellar performances in the next two events.

Somehow, Paul Hamm accessed every aspect of his physical and emotional training to complete his quest for Olympic gold. This is the result of determination, hard work, talent and great coaching support.

I always dream that each one of us is able to achieve beyond our potential. Such achievement; however, does not come by luck. Success is the result of hard work and some well-coached talent.

Morning Calm Weekly Soundoff:

What are your Labor Day weekend plans?



"Spend time with my girlfriend." — Pfc. Jung Hyun-je, Headquarters and Headquarters Company Area III Support Activity, Camp Humphreys



"I am going up to Seoul to meet up with friends from Fort. Hood." — Sgt. Kareen Richardson, Headquarters and Headquarters Company Area IV Support Activity, Camp Henry.



"I will be sleeping in the barracks." — Pfc. Lee Ji-hoon, 501st Signal Company, Camp Humphreys



"I will be studying for the promotion board." — Spc. Raymond Liddell, Headquarters and Headquarters Detachment, 55th Theater Material Management Center, Camp Henry.

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## NEWS & NOTES

### Osan Air Show

There will be an air show at Osan Air Base 9 a.m. to 4:15 p.m. Sept. 18 and 19. The show is open to Department of Defense and Republic of Korea Ministry cardholders. There will be no driving permitted, except for emergency, security and air show vehicles, on Osan Air Base Sept. 19 because of the air show.

### LDS Retreat, Conference

The Seoul Korea Military District of the Church of Jesus Christ of Latter-day Saints is holding a Korea-wide conference for all church members noon- 9 p.m. Sept. 11 and 10 a.m.- noon Sept. 12. Along with the conference, there will be a retreat for single members 7-9 p.m. Sept. 10 and 9 a.m. - 4 p.m. Sept. 11.

### Center Offers Services

The Digital Business Center is a resource for the entire Yongsan community. Located at South Post Building 8105 across from Starbucks, the center offers Internet access, cyber games, document printing, copying, scanning, digital photo printing, fax services, computer software and hardware upgrades and repairs as well as office supplies and DVDs. The center is open 7 a.m. to 9 p.m., seven days a week. Children under age 12 must be accompanied by an adult.

### 121st General Hospital Lectures

Starting Thursday, the Department of Pathology (Lab) will be closed 8 - 9 a.m. the first Thursday of the month. The Lab is instituting a continuing education lecture series. The target audience in the laboratory staff, but lectures will be open to all interested parties. The lectures will occur in the 121st General Hospital classroom, located on the 2nd floor. For more information, call Maj. Rex Berggren at 737-6225 or Staff Sgt. Richard Krueger at 737-6918.

### Area II Bowling Tournament

There will be a bowling tournament for servicemembers Sept. 29 - Oct. 1 at Yongsan Bowling Center. The tournament is open to active-duty military in Area II only. To enter the tournament, men must have an average of 170 or above. Women must have an average of 130 or higher. The top eight men and top four women finishers will represent Area II in the 8th U.S. Army Bowling tournament Oct. 5-8 at Yongsan. Interested bowlers must register at Yongsan Bowling Center by Sept. 20. Call 738-8608, 736-7746, 736-4032 or 732-7830 for more information.

### IDEA Openings

International Distance Education of Alaska is currently interviewing and enrolling members. Families may register on the IDEA Web site, [www.intidea.org](http://www.intidea.org).

### Armed Forces Voters Week

Armed Forces Voters Week is today - Sept. 11. More information about voting may be found at [www.fvap.gov](http://www.fvap.gov). Remember, "It's your future, vote for it!"

### Eatery Closure

Yongsan American Eatery, Building S-1455, will be closed Sept. 12 for an organizational day.

### 176th FINCOM FTX

The 176th Finance Battalion will conduct a field training exercise Nov. 1-5. In and out processing will have normal hours at the 1st Replacement Company. There will also be customer service at Camp Coiner's Tent City.

# DoDEA students score well in TerraNova

By Sgt. Andrew Kosterman

Korea Region Public Affairs

**YONGSAN** — Department of Defense Education Activity has made significant gains in standardized testing of military school students between 2002 and 2004.

According to a DoDEA press release, students administered the TerraNova, a standardized test that measures student progress in core-subject areas, showed gains in the "above the standard" and "at the standard." grading levels. Also, students whose scores were in the "below the standard" decreased.

The standardized test gives DoDEA results that can be compared to a sample group of students across the United States. The 2004 test results show DoDEA students' average scores remain higher than the national average in all subject areas, at all grade levels tested.

One of the factors that contributed to the increase in scores was a special focus in different areas in last few years, said Janet Rope, DoDEA System and Accountability and Research administrator.

The first area was on high school programs.

"We have added new, more demanding courses, increased our graduation requirements and provided teachers with training to help them meet student learning needs for all students," Rope said.

Last year, the system focused on math instead of

DoDEA SYSTEM ALL STUDENTS IN GRADES 3-11 Comparison of 2004 TerraNova Median National Percentiles with National Average											
GRADE	Number of Students	READING		LANGUAGE ARTS		MATH		SCIENCE		SOCIAL STUDIES	
		SNP	Comparison with 50th Percentile	SNP	Comparison with 50th Percentile	SNP	Comparison with 50th Percentile	SNP	Comparison with 50th Percentile	SNP	Comparison with 50th Percentile
3	8807	58	8	63	13	63	13	65	15	62	12
4	8264	64	14	65	15	62	12	59	9	68	18
5	8888	65	15	67	17	61	11	58	8	61	11
6	7867	65	15	65	15	65	15	63	13	65	13
7	6543	64	14	70	20	66	16	63	13	62	12
8	6004	63	13	65	15	65	15	65	15	65	15
9	5284	72	22	67	17	70	20	68	18	67	17
10	4555	72	22	75	25	73	23	68	18	65	15
11	3885	75	25	70	20	68	18	68	18	68	18

DoDEA Military school students average tests scores are higher than the national average, the 50th percentile, in all subject areas, according to DoDEA officials. Thirty-seven of 45 subtest scores were 10-20 points above the national average of 50 percent.

reading. Reading was the primary focus a few years ago.

Defense schools also focused on students with special-learning needs, Rope said. Last year, 96 educators were hired to administer diagnostic tests before special-education teachers administered them.

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## Typhoon: Preparedness is key to survival

By Capt. Carla Simmons

U.S. Army Claims Office

**YONGSAN** — The power of a typhoon can be awesome. Those who witness its destructive potential know that preparation is the key to survival, for both the individual and their personal property.

Army claims offices around the Republic of Korea want people to remember a few basic tips for when a typhoon may be approaching.

■ Avoid driving or parking in or near drainages and low-lying areas

susceptible to flooding.

■ Take extra precautions when driving near water puddles to avoid hidden potholes or loosened manhole covers.

■ If a typhoon approaches, turn off and unplug all electronic devices such as televisions, microwaves, computers and stereos. Be aware that power surges usually occur after power outages, when power is restored.

■ During power outages, keep refrigerator and freezer doors closed to prevent food spoilage.

■ In low-lying areas susceptible to

flooding, do not store items on the floor.

■ Individuals are responsible for minimizing further damage or loss to personal property.

By remembering these few things, one can reduce the chances of having personal property damaged in a typhoon.

For more information, contact the nearest Army claims office: Yongsan 738-8294; Camp Casey 730-1910; Camp Red Cloud 732-6017; Camp Humphreys 753-8047; Camp Henry 768-6631.

E-mail [carla.a.simmons@korea.army.mil](mailto:carla.a.simmons@korea.army.mil)

### Duty Assignment of Choice



PHOTO BY SGT. ANDREW KOSTERMAN

A guest checks out of the Cheju-do Recreation Center Saturday on Jeju Island. The center has hotel rooms, cars and recreational equipment for rent. Call 763-3330 for more information.

## DeCA to deliver savings, more to customers

Korea Region Public Affairs Office

**YONGSAN** — The Defense Commissary Agency wants shoppers to remember that its biannual case lot sale is scheduled for this month.

The "world's biggest case lot sale," will save customers up to 50 percent on popular paper goods, canned goods, cleaning products and more, DeCA officials said.

The sale has happened since September 2001. It was expanded to twice a year in 2004. During May's sale, customers worldwide saved more than \$5 million on more than 1 million cases of products, according to a DeCA press release.

Dates and locations for this September's sale can be found on DeCA's Web site, [www.commissaries.com](http://www.commissaries.com). Many stores also may provide a sample list of planned sale items and sale hours on the "spotlighting" page.

DeCA recommends that customers contact their local stores to verify sale dates, times and items, which may change due to unforeseen circumstances, such as inclement weather or delivery problems. Store telephone numbers are on the Web page.

DeCA also reminds military retirees near Army and Air Force installations to go to the Web site to check for sales during the Sept. 17-19 weekend. If the sale is scheduled that weekend, DeCA said it will coincide with the Army and Air Force installation exchanges' "Still Serving" campaign, for which sales and events also are planned.

## Program sends 100,000th Soldier home

By Cpl. Matt Millham

Army News Service

**KUWAIT CITY, Kuwait** — Almost a year after its inception, the rest and recuperation program for American troops engaged in Operations Iraqi Freedom and Enduring Freedom reached a milestone when the 100,000th troop in the program flew out of the Central Command theater of operations Aug. 26.

The 100,000 R&R Soldier is Sgt. Charles Petty, who has been stationed at Camp Steel Dragon in Baghdad and attached to the 89th Military Police Brigade.

Army Col. Louis Yuengert, who formally announced the Soldier's name and presented gifts to the Petty, told the crowd of roughly 500 R&R Soldiers waiting for flights out of Kuwait, "This Soldier represents you."

Petty appeared and accepted an armload of gifts that included a free round-trip flight to anywhere in the world for Petty and a family member and a \$200 Army and Air Force Exchange Service gift certificate.

"It's a wonderful way to start off R&R," said Petty. "Now I've got another story to tell the folks at home."

Preparation for the 100,000th Soldier

began almost a month ago when organizers of the R&R program realized they were coming up on the landmark number, said Lt. Col. Frazier L. Pope, chief of R&R programs for operations in and supporting Iraq and Afghanistan.

"We had folks who stepped up ... once they realized the significance of the 100,000th R&R Soldier," Frazier said.

Recognizing the 100,000th traveler with the pageantry displayed Thursday was in large part designed to help bring attention to the program's role in maintaining the morale, physical and psychological well-being of American troops serving overseas.

"People may not realize the value and the impact it has on sustaining the force," said Maj. Edgardo Pimentel, R&R officer-in-charge at Camp Doha, Kuwait. "I'm sure the military recognizes its value and tries to make sure the country understands its value, and I think they do. It's 100,000 Soldiers, but it's also 100,000 families."

The CENTCOM R&R program started late last September. It pays for air travel to and from the R&R Soldier's leave address and allows the Soldier to take a 14-day "stress break" from the CENTCOM area of operations, according to officials. Travel time to and from Kuwait is not included in the 14-day break.

## Luxury

from Page 1

repair," Kolb explained. "So having a hand surgeon in Iraq can make a difference in having a functional hand after an injury, and not having a functional hand. It's that important."

"We also have nasal reconstruction patients — people who have part or all of their nose blown away," he said. And we've all been involved in some very difficult head and neck traumas with Iraq going on. Those are always very difficult to do because of the complexity.

"There are some injuries where you're never going to make a person look normal again. And unfortunately, some of the injuries we've seen (from Iraq) are in that category. But we make them function, obviously saving the patient's life is important. Functional considerations are much more important than cosmetic," Kolb explained. "Luckily, we've had some good results with the reconstruction, and I think it will return people to certain levels of duty in some cases."

Kolb explained how the types of surgery can vary.

"The spectrum of plastic surgery goes from the very simple, purely cosmetic things, up to the very complex microvascular surgery," Kolb said. "Using microvascular techniques, surgeons can move a piece of tissue with its artery and vein to another part of a patient's body and hook into a different artery and vein. This is something Walter Reed plastic surgeons perform regularly.

Despite supporting deployments and spending long hours in the operating room to treat the war wounded, "We have maintained our support of the Breast Center and of cleft lip, cleft pallet

and cancer surgery in general," he said. "We've been in a little bit of a squeeze and our ability to do cosmetic surgery has been compromised a certain bit. But, we're still offering most every service we've always offered — certainly the waiting times have increased though."

Walter Reed plastic surgeons also find time for research. "We are on a (Food and Drug Administration) protocol for using silicone-gel implants for breast reconstructive work," Kolb said. This allows doctors in the Walter Reed Comprehensive Breast Center to send their breast cancer patients to plastic surgery for a consult for breast implantation.

To help maintain the surgeons' skills in all areas of plastic surgery, Kolb said services are sometimes provided in other areas. Walter Reed gets thousands of plastic surgery consults for beneficiaries wanting some type of cosmetic surgery. "The demand is tremendous and we don't have the time to devote to all of them," he said. "Because of that, I personally have to go through all of the consults that go to the service, and prioritize them." Kids and patients with cancer who need reconstructive surgery come first.

Because of Walter Reed's vast expertise in plastic surgery, medical students from the Uniformed Services University of Health Sciences come to the hospital's Plastic Surgery Service to conduct research.

The service also offers a unique opportunity for the USUHS residents. "We're also restarting humanitarian trips down to Central and South America in fiscal year 2005," Kolb said.

AD  
GOES  
HERE



# Warriors strike deep at Rocket Valley

By Master Sgt. Pleasant Lindsey III  
2nd Infantry Division Public Affairs Office

**ROCKET VALLEY**— The M-270A1 Multiple Launch Rocket System at Rocket Valley aims and strikes deep just south of the boundaries of the demilitarized zone.

The 6th Battalion, 37th Field Artillery Regiment recently went to work as they qualified MLRS crews, as part of their yearly training on the MLR systems.

“The MLRS is capable of holding two pods, six

rockets in each pod,” said Maj. Gordon Gore, Headquarters and Headquarters Battery. “The battalion's MLRS devastating firing can have a truly destructive effect on the enemy and enough fire power that matches perhaps five or six cannon battalions.”

“The readiness here in Korea is unlike that of any I've ever seen,” Gore said. “Knowing the threat is within kilometers of your duty station and within range of your weapons systems, we have to train with high intensity all of the time.”

With 18 launchers in the battalion, the Soldiers

qualified while engaging three different types of missions:

- At my command
- Fire when ready
- Time and target

During the firing sessions, an MLRS crew uses three of a pod's six rockets and leaves the rest at the ammo holding area. Throughout the exercise, the MLRS is carefully maintained to ensure its effectiveness and stay true to its fight-tonight calling.

“Maintenance is not hard, but you've got to do a lot of it to make sure you're up and ready for battle,” said Pfc. Joshua Rupert, Battery A.

Staff Sgt. Ken Winters, Battery A, said as a section chief, it's his job to check, verify and recheck the maintenance.

“Whether it is something as simple as getting from a high point to the firing point, or verifying safety data for firing, I have to ensure everything is correct,” he said.

“One of the main things, we as a crew concentrate on doing is not just getting the job done, but completing the mission safely,” Rupert said. “We don't care how long it takes us to finish our job, as long as nobody gets hurt.”

Lt. Col. Matthew Dawson, battalion commander, said the live fire is a test of a lot of different things in the unit.

“Combined with the challenges we face in the training area, along with coordinating with the local people for convoys, it becomes a test for the whole unit,” Dawson said. “It is a challenge we are more than ready to meet.”



PHOTO BY MASTER SGT. LINDSEY PLEASANT

Soldiers from the 6th Battalion, 37th Field Artillery fire their M-270A1 Multiple Launch Rocket Systems during a weapons training exercise.

E-mail [LindseyPL@korea.army.mil](mailto:LindseyPL@korea.army.mil)

## Camp Page opens beauty shop

Area I Public Affairs Office

**CAMP PAGE** – Army and Air Force Exchange Service Northern Region officials announced the Aug. 21 opening of Camp Page beauty-shop services at the existing post barber shop.

“We were elated at the news,” said Cecil Bell, Camp Page installation manager. “We’ve had such a recent influx of female Soldiers and family members...this really became a necessity.”

The idea for a service targeted toward female hair care was brought up at several past Camp Page town hall meetings.

The service was delayed, AAFES officials said, while hair care specialists could be trained to handle the wide variety of American styles.

“Obviously, it saves time and effort for the people who use the service,” Bell said. “They don’t have to travel to Camp Red Cloud or Yongsan now.”

“We passed out 25 coupons valued at \$20 each to potential customers,” said Yun Hui-rim, AAFES Northern Region assistant manager.

The hours of operation are 10:30 a.m. - 4 p.m. Saturdays.

“We’re also going to do some minor renovations at the Camp Page barber and beauty shop,” Yun said.

## Multiple Launch Rocket Systems deliver on battlefield

1st Cavalry Division Public Affairs Office

The Multiple Launch Rocket System provides counterbattery fire and suppression of enemy air defenses, light materiel and personnel targets.

### Description and specifications

The system is an artillery weapon system that supplements cannon artillery fires by delivering large volumes of firepower in a short time against critical, time-sensitive targets.



LOCKHEED MARTIN PHOTO

The basic warhead carries improved conventional submunitions. The MLRS, however, is capable of supporting and delivering all of the MLRS family of munitions, including the Army tactical missile system weapon.

Growth programs are underway to extend the range of the rocket system and to upgrade the fire control and launcher mechanical systems.

The M-270A1 upgrade consists of the improved fire control system and the improved launcher mechanical system modifications. The IFCS will mitigate electronic obsolescence and will provide growth for future weapon systems.

The ILMS provides rapid response to time-sensitive targets by reducing the aiming time by 70 percent and reducing the reload time by 50 percent.

- Length: 6,832 mm
- Width: 2,972 mm
- Weight: 24,756 kg
- Range: 483 km
- Average speed: 40 kph
- Max speed: 56 kph
- Crew: 3

**NEWS & NOTES**

**Free Golf Clinic**

The Camp Red Cloud Golf Course will host a free golf clinic Sept. 11 from 10 a.m. – 12 p.m. Three Professional Golfers Association experts will be instructing. Reservations are not required.

**Eighth Army Triathlon**

The Eighth Army Triathlon team competition will be held Sept. 12 at Camp Casey's Hanson Field House. Race-day registration is from 8 to 9:30 a.m. and competition will begin at 10 a.m.

**Prevention of Sexual Harassment Training**

The Area I Equal Opportunity office will be training Korean civilian employees in prevention of sexual harassment 9:30 – 11 a.m. Sept. 13 in the Camp Red Cloud Theater. All Korean employees are required to have this training.

**Civilian Appreciation Week**

The week of Sept. 13-17 has been designated U.S. Forces Korea Civilian Appreciation Week.

**Job Fair**

The 2004 Warrior Job Fair is scheduled Sept. 15 at Camp Mobile by appointment only. For more information, call 730-4044, or preregister online at <http://www.morejobs.net>.

**FAST Class**

The Camp Red Cloud Education Center is holding a FAST class for GT-score improvement 8 a.m. to 5 p.m. Sept. 20 - 24. Interested Soldiers must take the pre-test of adult basic education, which is offered every Monday at 8 a.m. in the education center. Registration for this class ends Sept. 16.

**EEO Update Training**

All U.S. military and civilian managers of civilian employees are required to attend a briefing Sept. 21 on changes and updates to U.S. federal equal employment opportunity and civil rights laws. Training will be held in the Camp Red Cloud theater and will be offered in two sessions: 9 – 10:30 a.m. and 1:30 – 3:00 p.m.

**Volunteer Luncheon**

The Area I chapter of the American Red Cross will host its Volunteer and Volunteer Unit of the Quarter luncheon for the 3rd and 4th quarter 11:30 a.m. Sept. 23 at the Camp Red Cloud pavilion. The luncheon will have a luau theme.

**Troops to Teachers Awareness Day**

Troops to Teachers representatives will be at the Camp Red Cloud Education Center Oct. 14 for Troops to Teachers Awareness Day. Activities will include presentations by TTT representatives in the morning and individual meetings in the afternoon, where representatives will be able to review transcripts, counsel and guide interested individuals. All Area I servicemembers and civilians are invited to attend.

**Sept. 11 Memorial Service**

The Camp Red Cloud unit ministry teams, CRC Fire Department and the 2nd Infantry Division band will hold a Sept. 11 remembrance service 4 p.m. Sept. 10 at the Warrior Chapel. The event is open to all services and religions, and everyone is invited to attend.

**CRC opens improved driving range**

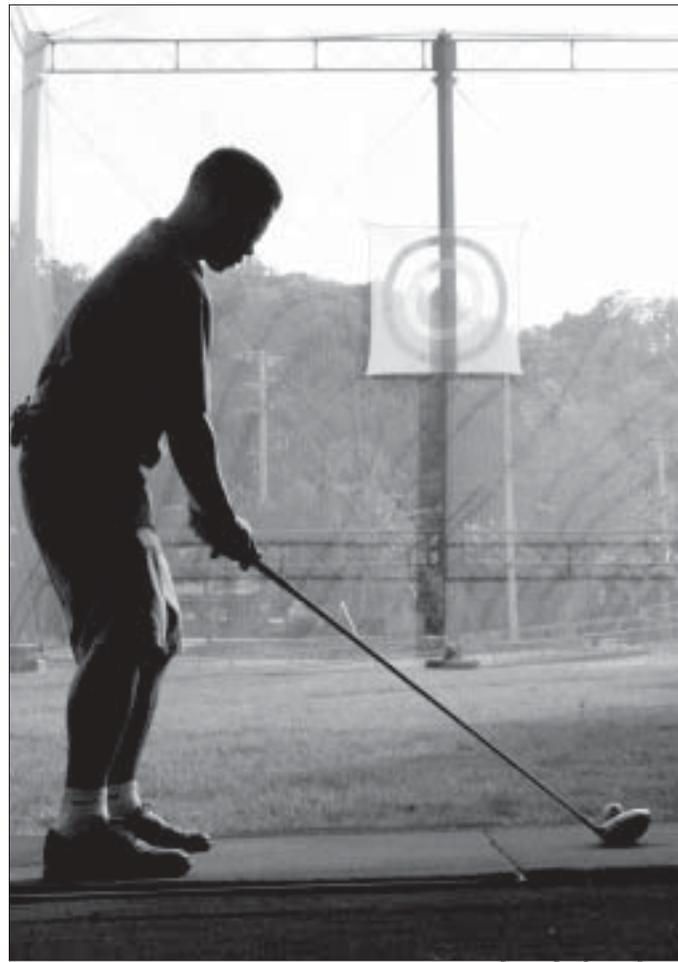


PHOTO BY PFC. STEPHANIE PEARSON

Maj. Jon Nufable, deputy inspector general, Office of the Inspector General, 2nd Infantry Division, practices his swing on Camp Red Cloud's renovated driving range.

By Pfc. Stephanie Pearson

Area I Public Affairs Office

**CAMP RED CLOUD** — Camp Red Cloud golfers can now practice their drives off the golf course, since the post's renovated driving range opened Aug. 21.

The driving range, closed since April, underwent extensive repairs costing close to \$46,000.

"It was a complete renovation," said Donald Durden, CRC golf course manager. "The whole existing driving range was torn down, except for the frame for the hitting area, which was re-covered and extended. All of the driving area is brand new, including new sod, netting and poles."

In addition to physical changes, golf course management also amended the range's hours of operation. The range is now open the same hours as the golf shop: 7 a.m. to dusk on weekdays, and 6 a.m. to dusk on weekends. This way, Soldiers and civilians can now swing through a bucket of balls or two during their lunch break.

A small bucket of golf balls, which contains about 45 balls, costs \$1.50, and a large bucket is \$3.

"It's good to have it open again," Durden said. "It's good to have it available to Soldiers – that was a large complaint, especially in the spring, when everyone was getting their clubs out. Now the Soldiers have an area where they can practice."

The chipping and putting greens are undergoing seasonal maintenance right now, he added, but all facilities should be open in the next 30 days. The driving range will remain open year-round.

E-mail [stephanie.a.pearson@us.army.mil](mailto:stephanie.a.pearson@us.army.mil)

**What's on the Warrior Labor Day weekend radar**



**Saturday**

Remote-control model car racing will begin at 1 p.m. at the Camp Page CAC.

An Osan overnight shopping and night life trip, sponsored by the Camp Stanley Community Activities Center. The trip departs at 10 a.m. from the CAC. For more information, call 732-5995.

Basketball, racquetball and tennis tournaments at the Camp Page fitness center, all begin at 10 a.m.

A bass fishing trip, hosted by the Camp Red Cloud CAC, leaves at 6 a.m. For more information, call 732-6246.

**Sunday**

A 2-day soccer tournament at the Camp Page fitness center will begin at 10 a.m.

A 9-ball pool tournament hosted by the CRC CAC will begin at 1 p.m.

A paint-ball tournament will begin at 1 p.m. at the Camp Page CAC.

A Korean and American friendship eight-ball pool tournament hosted by the Camp Stanley CAC will begin at 10 a.m. There will also be a barbecue on the CAC patio.

A Labor Day bowling tournament will begin at 6 p.m. at the Camp Page bowling center.

**Monday**

A free barbecue is from 11 a.m. to 2 p.m. at the Camp Casey USO.

Paintball tournament championships will begin at 1 p.m. at the Camp Page CAC.

A Labor Day party with a cook-out and tournaments will begin at 10 a.m. at the CRC CAC.

PHOTO ILLUSTRATION BY PFC. STEPHANIE PEARSON

# Firefighters ignite with puppy love

By Pfc. Stephanie Pearson

Area I Public Affairs Office

**CAMP RED CLOUD** — The U.S. Army Garrison, Camp Red Cloud fire department's newest member isn't your typical firefighter. At less than 12 inches tall and weighing in at a mere 5 pounds, she's definitely the smallest member on the force - but that hasn't stopped her from winning the hearts of all who meet her.

Sparky is a seven-week-old Dalmatian puppy who joined the fire department Aug. 25.

John Cook, USAG, CRC fire chief, said fire department officials had been talking about getting a "fire dog" for a while, but didn't jump on the idea until Lt. Col. William Huber, USAG CRC commander, suggested getting a Dalmatian.

"Dalmatians and fire trucks have been together as far back as I can remember," Huber said. "I remember visiting the fire department as a child during Fire Safety Week, and I recall a positive encounter with a Dalmatian. Today, I can never recall the fireman who showed us around the station and trucks, but I remember that Dalmatian sitting on the ladder truck or riding in the front of the truck on the way to a fire."

Dalmatians have a long history as fire dogs that began in the 1700s with the rise of organized fire stations. Back then, firefighting equipment was carried on horse-drawn wagons. Dogs were trained to lead the horses through crowded streets, protect them from other dogs, and run ahead of the fire wagons to clear intersections by barking an alarm. Since Dalmatians have no fear of horses, are very fast, have the stamina to run as much as 20-30 miles a day and are easily recognized by their distinct markings, they were a natural



PHOTO BY PFC. STEPHANIE PEARSON

Sparky, a 7-week-old Dalmatian puppy, inspects a fire truck. Sparky is the newest member of the US Army Garrison, Camp Red Cloud Fire Department.

choice for early firefighters and soon became the symbol of fire departments across the nation.

Luckily for Sparky, the garrison fire department uses fire trucks equipped with alarms, so her duties will be less physical than her fire dog forefathers. However, they won't be any less important, Cook said.

"She's going to be a typical mascot in one sense, as far as just being with the guys," he said, "and she's already fitting in quite well that way. In this station, she's raised morale a lot. But we're also going to use Sparky to help with the fire-prevention message, and

to help keep people's attention - especially young people - when we go out on vehicle displays. She'll add publicity and help enhance the fire-safety program."

"There are many families living in the area that must always be aware of fire safety and fire prevention," Huber added. "Sparky's major role is to promote fire safety, fire prevention and strong community relations. For example, she'll be trained to teach the community how to stop, drop and roll, which is an immediate action drill when

See **Puppy** on Page 8

## Realignment changes military landscape

### Nine Area I camps face transfer to Korean control

By David McNally

Area I Public Affairs Office

**CAMP RED CLOUD** — The official announcement Aug. 20, which outlines the U.S. Forces Korea plan to transfer nine Area I camps to Korean control, will change the face of Warrior Country.

Camps Greaves and Howze, both in the Western Corridor, are quiet. Few Soldiers remain. The deployment of the 2nd Brigade Combat Team resulted in thousands of vacant barracks rooms.

"In this phase, we are preparing to consolidate units into the Dongducheon and Uijeongbu enclaves," said Col. Jeff Christiansen, Area I commander. "We are fully engaged in preparing to absorb the people and equipment from the realignment."

Camp Hovey is a beehive of activity.

"Things are moving very quickly," said Anthony Vicente, U.S. Army Garrison, Camp Casey civilian executive assistant. "Between now and September we're preparing barracks space and motor pools."

Vicente said the Camp Casey directorate of public works and civilian contractors are fully engaged in preparing for the influx of troops.

Eight camps on the USFK announcement are in the Western Corridor.

"We recognize this announcement is of great concern to our Korean workforce," Christiansen said. "We are working hard to ensure employment actions are handled fairly."

Reduction-in-force announcements were delivered to 509 Area I Korean workers Aug. 23.

"It is most unfortunate that we must release some of our loyal KN employees from their jobs," said Brig. Gen. John

A. Macdonald, director of the Installation Management Agency, Korea Region.

There is a current hiring freeze for Korean employees across the peninsula. Some employees affected by the reduction-in-force will be hired into jobs left open in other areas because of that freeze.

Macdonald is working closely with the Korean Employees Union to help them understand, and closely coordinate the move.

Camp Falling Water was the only Uijeongbu Enclave camp transfer listed in the latest announcement. The installation is home to the Camp Red Cloud directorate of public works, an American Forces Network affiliate station, Army and Air Force Exchange Service Northern Region offices and a small military intelligence detachment.

E-mail david.mcnally@us.army.mil

### Casey dining facility takes honors

By Pfc. Giancarlo Casem

2nd Infantry Division Public Affairs Office

**CAMP CASEY** — The 8th U.S. Army recently announced the best place to eat in Korea: The Division Support Command Dining Facility at Camp Casey.

The 2nd Infantry Division food services troops received the coveted Phillip A. Connelly award for excellence in Army food service.

"This is a very high award," said Staff Sgt. Wilbert Anderson, DFAC ration noncommissioned officer. "It feels good to be the very best. This gives the Soldiers lots of accolades."

In the June 24 evaluation round

See **Honors** on Page 8

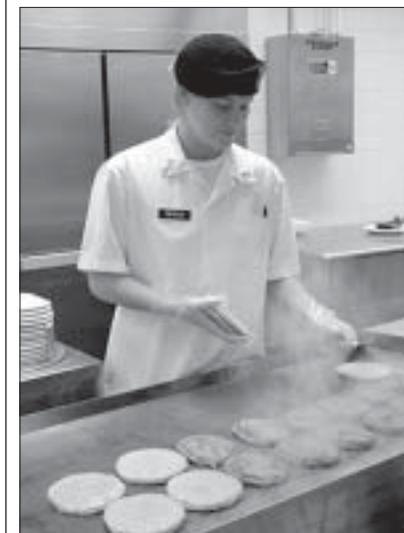


PHOTO BY PFC. GIANCARLO CASEM

Pfc. Anrae Oberdick, prepares hamburger during a lunch rush.

## Dining

from Page 7

of the competition, the dining facility went up against all the other 8th U.S. Army dining facilities, and won.

The contest judges based the award on food taste, but they also used a number of other criteria. The organization's administrative paperwork, food receiving and preparation techniques, proper cooking times and serving size were all put to the test during the competition.

What sets this DFAC apart from the other DFACs are its standards, said Staff Sgt. Angela Skillern, food operations sergeant.

"We have professional leaders who set high standards," she said.

These standards are not just for the benefit of the dining facility's Soldiers, but also for the welfare of customers.

The food-service Soldiers maintained high levels of personal hygiene and safety standards. Judges evaluated how they applied food protection measures in the facility.

The Soldiers have to be able to perform preliminary food preparation procedures. More importantly, they have to be able to prepare and cook meals that consist of the major food groups.

The success may also be attributed to its staff itself, Anderson said.

"We have a special team," Anderson

said, "young Soldiers (are) willing to put in the time and effort to make the mission happen."

The dining facility also gets very good support from the DISCOM chain of command, said Anderson.

She said the support is indicated by the command's attention to the facility's themed atmosphere. The eatery has an oriental garden motif to it and is known by the name, "the Oriental Garden."

There are oriental fans and dragons mounted on the walls. Japanese dolls and dragons adorn the food service bars. The staff said the Oriental Garden provides a restaurant atmosphere for Soldiers to enjoy their meals.

Being a "high-profile" DFAC certainly has its perks, Anderson said. The staff even had the opportunity to provide quality services to the Secretary of Defense, the Honorable Donald H. Rumsfeld during a visit.

"We perform the best because of our cooking skills and the quality of the staff," Anderson said.

Kitchen performance and awards are not the only things that Skillern said she is concerned about.

"I care about my job," she said, "I care about the Soldiers that walk through here everyday."

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## Puppy

from Page 7

escaping a fire. Additionally, Sparky will accompany department members on all community-relations events in the parks, schools and during station visits."

While the firefighters were excited about adding a Dalmatian to the force, finding one for sale on the peninsula was a little difficult.

"We searched the Internet, went to a lot of pet shops and finally found a breeder who had Dalmatians," Cook explained. "We did some talking with them, and finally came up with the dog."

Once Sparky arrived at her new home in the CRC fire station, it did not take her long to get used to her new surroundings.

"I'm surprised," Cook said. "Within the first day, she was getting used to

the firemen, and she's already acting like she owns the fire station. She follows the firemen around, and even has a few favorites!"

Since Sparky is too young to start training for her "official" duties, the firemen are concentrating on raising a friendly, well-socialized dog.

"Her primary home will be here, but as soon as she gets a little bit older, we're going to get her associated with the other fire stations in the USAG CRC fire department," Cook said.

Cook said they are happy to have her.

"She's officially a member of our fire department now and well-welcomed," he said.

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PHOTO BY PFC. STEPHANIE PEARSON

Chae Tae-pyong, a Camp Red Cloud firefighter, pets Sparky. Firefighters said the new mascot has boosted station morale.



## Chaplain gives more than 40 years of service to Army

By Alex Harrington  
Area II Public Affairs Office

**YONGSAN** — Like many people who feel they are called by God to serve others, this Army chaplain reacted the same way many would.

However, fortunate for the U.S. Army, this chaplain eventually did an about face in his military career to answer God's call.

Today, with nearly 41 years of service, including tours in Vietnam and Iraq, Army Chaplain (Lt. Col.) Hardie Higgins continues to serve both Soldiers and civilians.

During high school, Higgins felt a call to serve, but not as a chaplain. He decided to ignore the call he said he felt from God for something else.

"I wanted to be a Soldier, so I rejected the call to be a minister and joined the Army Reserve."

Following seven years in the Reserve, Higgins entered active duty in 1968 and was assigned to 3<sup>rd</sup> Armored Division, which was located in Germany.

Even then, Higgins recalled, "I had no thought being an Army chaplain or even a minister."

After arriving to Germany, the Army deployed Higgins to the Republic of Vietnam for a one-year tour. He returned to the United States and re-entered the Reserve following his tour.

In 1978, the call on Higgins' heart finally reached a level where he could not ignore it any longer.

"I finally realized that I couldn't evade God's call forever," Higgins said. "While serving as a manager at a Chrysler auto dealership I finally yielded to the Lord's call for my life and answered it."

After more than 17 years of avoiding the feelings inside him, Higgins enrolled in Northwestern Oklahoma University. He graduated in 1982, and soon after became a seminarian at Phillips Theological Seminary at Enid, Okla.

Higgins received his Master of Divinity degree in 1983.

During his time at seminary, Higgins served in the Reserve, but seldom giving any thought he would ever return to active-duty to serve Soldiers, "mostly due to his age," he said.

However, an active-duty Army chaplain noticed the seminarian and

See **Chaplain** on Page 11



PHOTO BY PFC. PARK JIN-WOO

"What The Book?" in Itaewon has a variety of English books. There are many bookstores in Seoul that offer books written in English

## Exploring Seoul: Finding stores with English books

Story by Pfc. Park Jin-woo  
Area II Public Affairs Office

**YONGSAN** — For many avid readers in Area II, finding a good book written in English may be challenging. But there is hope for those who are willing to travel around Seoul to find what they are looking for.

There are a few bookstores that offer a variety of choices between fiction and nonfiction, academic and occupational

textbooks, and range from used books to current bestsellers like Bill Clinton's, "My Life."

One of the most recognized bookstores in Seoul is found in the Kyobo Building, which is located in the Jongno area. Kyobo, the largest bookstore in the Republic of Korea, displays more than 2 million books.

The store is divided into 10 sections, including a foreign-book section.

See **Book** on Page 10

## Dragon Hill Lodge sports new children's park for families

By Pfc. Park Yung-kwi  
Area II Public Affairs Office

**YONGSAN** — The Dragon Hill Lodge debuted its new children's park Aug. 21, located on the building's south side, just outside Market Square.

"We definitely needed a place for children because more than 80 percent of our rooms are rented by families," said Rich Gorman, Dragon Hill Lodge general manager. "The new addition to the hotel is just another proof that Korea is the assignment of choice."

Gorman added, "I want Soldiers and their families to feel welcomed during their stay at Dragon Hill Lodge."

Before the construction of the children's park, the south-entrance area



PHOTO BY PFC. PARK YUNG-KWI

Kids enjoy the day at Dragon Hill Lodge children's park. Children's park offers a better place for incoming and outgoing guests.

was a vacant space with a tennis court that patrons rarely used, said Gina Park, Dragon Hill Lodge marketing director.

The area now features a basketball half court, a water fountain, playground

equipment for different age groups and a bay window between the park and Market Square.

"To compliment our host nation's culture and surroundings we purposely included traditional Korean features like totem poles, which symbolize guards of the land and Kimchi pots," Park said.

Park added the area is staffed during normal working hours to maintain safety in addition to 24-hour security. First aid treatment is also available 24 hours a day.

"The park is a place for parents to bring their children," said Park. "It was designed not only for patrons, but for everyone."

E-mail YungKwi.Park@korea.army.mil

## NEWS &amp; NOTES

**Commander's Hotline**

The Commander's Hotline e-mail address is areaitownhall@korea.army.mil. For more information, call 738-5017.

**Area II Closure**

The Area II Customer Service Point, also known as CIF, will be closed Sept. 6, 27 - 29, and 30. The CSP office will be open for turn-ins and direct exchanges 8 - 11:30 a.m. and issues 1 - 4 p.m. weekdays, except Thursday. For more information, call 736-7493.

**Cub Scouts  
Pack 89 Events**

The Cub Scouts Pack 89 has sign-up at the Seoul American High School Cafeteria 7 p.m. Sept. 10. Training for all leaders at the Scout Hut on South Post 9 a.m. Sept. 18 at Building 3793. For more information, call 738-3181 or e-mail at xringfocus@yahoo.com.

**Air Force Birthday  
Celebration**

There is an Air Force Birthday Celebration 9:30 a.m. Sept. 16 at Dragon Hill Lodge Mezzanine. Personnel need to be in place by 9:20 a.m. for the commander's call.

**Kenneth Copeland  
Ministries**

South Post Chapel will offer Kenneth Copeland ministries Oct. 18 - 19. Services are open to all. The suggested donation for limited seating is \$5. For more information, see your unit chaplain.

**OCS Board**

Area II Support Activity Local Officer Candidate School board will meet 9:30 a.m. Nov. 1 at the Command Conference Room, Building 4305, Room 107. For more information, call 738-5017.

**SAES Registration**

The main office at Seoul American Elementary School is open for kindergarten through fifth-grade registration. For those just moved to Seoul and are command sponsored or who missed reregistration, come to Army Community Service, Building 4106, Room 121. For more information, call 736-4478.

**SNGC Nominations**

Sung Nam Golf Club is seeking nominations for six at-large members. Candidates must be advanced green fee members. Nominations are open to active-duty, Department of Defense civilians or family members. Submit a short profile - name, membership number, contact information and a short statement explaining the reasons for wanting to serve on the council. For more information, call 738-7446.

**Language Classes**

■ An English as a second language class meets 5:30 - 6:30 p.m. every Monday and Wednesday at Building 4106, Room 124.

■ Korean language class meets 10 - 11 a.m., 11 a.m. - noon, 5:30 - 6:30 p.m., 6:30 - 7:30 p.m. every Tuesday and Thursday at Building 4106, Room 124. Classes are open to all ID card holders, to register, call 738-7505.

**Delays at Installation  
Gates**

The Directorate of Public Works and the Provost Marshal's Office are working on force protection enhancements at all gates in Area II for the next few weeks. Military police ask that drivers be patient and follow the instructions of guard force personnel.

## Experience traditional Korean Theater in Seoul

By Sgt. Kim Hee-jin

Area II Public Affairs Office

**YONGSAN** — There is a theater here that calls itself a "the purity and essence of the Korean theater."

Chongdong Theater, the first Western-style theater in Korea, hosts traditional Korean and art performances, while touching and changing Korea culture through progressive art, campaigning new cultural awareness and cultivating young minds, both Korean and Western alike.

The theater is located in the center of Seoul, near city hall. It offers several Korean traditional events such as court music and unique performances. In February 1997, it became the first theater in Korea to commercialize traditional arts under the name "Korean traditional stage."

If you decide to go a young Korean woman dressed in her ancestor's traditional attire—the Hanbok, will greet you.

And if you're hesitant to go because of the Korean language barrier, there is no need to worry because there are



COURTESY OF CHONGDONG THEATER

Dancers are dressed in Hanbok, Korean traditional costume, during the performance.

attendants eager to provide assistance in English and also serve traditional green tea as a compliment to all guests attending for the evening.

The theater offers a special treat to its guests by hosting special 'after show' events, where guests are invited to meet the performers, hold photo sessions, and enjoy a variety of different events that are sure to leave a lasting impression on all who attend, according to a Korean travel Web site.

However, if you are not one who desires to stay after the performance, that is okay, because

you will be entertained in throughout Chongdong's performances.

The first is the court music ensemble, a combination and arrangement of different instruments, producing classical music with the unique rhythms and sounds of traditional Korean instruments.

During the second performance, you will experience the "buchaeuchum," or a Korean fan dance, which is based on a shaman dance. While at the show, notice the large fans with floral design, tapered with a feather pattern.

Performances begin at 4 p.m. through October to March and 8 p.m. from April through September. The show lasts about an hour and a half.

For more information about schedules and performances, go to Chongdong's Web site at: [www.chongdong.com](http://www.chongdong.com).

E-mail [Yungkwil.Park@korea.army.mil](mailto:Yungkwil.Park@korea.army.mil)



COURTESY OF CHONGDONG THEATER

After the performance, audience has a chance to experience the Korean traditional dance with dancers

**Book**

"I was very impressed with the huge size of the bookstore," said Caroleim Merkle, a German tourist. "There are is a great variety of books here and wide range of choices to choose from."

For those who are on a tight budget and can't spend a lot of money on new books, there is "What the Book," a used bookstore located near the Itaewon mosque.

"We have more than 20,000 books in our store," said Chris Chiavetta, the owner of the used bookstore. "We buy and sell used books at great prices."

Chiavetta emphasized that his bookstore is quite different compared to other used bookstores.

"Basically, the other bookstores I saw were doing brisk business. I thought I could do it a little bit better than them and just did it," Chiavetta said, adding there are three used

bookstores in Seoul that sell English-language books only. "My prices, I think, are the cheapest for used books, and as well as for new books, in the country," he said.

"What the Book" only carries used books, but can get new books shipped from the United States. Shipping is free of charge when you buy more than one book.

If you don't want to venture to Itaewon to visit Chiavetta's used bookstore, then you can go to his Web site, [www.whatthebook.com](http://www.whatthebook.com).

"We have unbeatable customer service, free shipping with over a million U.S. titles, many payment options and the advantage of being fully located in Korea," Chiavetta said.

E-mail [ParkJin@korea.army.mil](mailto:ParkJin@korea.army.mil)

**Directions to some bookstores in Seoul**

■ The Kyobo bookstore is a little over 20 minutes away from the Yongsan Army Garrison. One can travel by taking the subway. Use line number 4 from Samgakji station, and transfer to line number 5.

■ The Kangnam branch of Kyobo bookstore is located at Kyobo Tower. From Kangnam station, walk 10 minutes towards Hannam Bridge.

■ The Seoul Selection is located at Gwanhwamun subway station near exit number 2. It is situated on the east side of Gyeongbokgung Palace, across from the parking lot.

■ Youngpoong bookstore is located at the Express Bus Terminal station, lines 3 and 7. Take the line 4 south and change to line number 7 at Chongsin University and head east.

■ There is another Youngpoong book store that is located near Jonggak station, right off line 1, exits 5 and 6.

■ Bandi and Lunis is located inside the COEX mall at Samseong station, subway line 2.

from Page 9

# Area II commander hosts newly-arrived educators

By John Nowell  
Area II Public Affairs Office

**YONGSAN** — The Area II Support Activity commander greeted incoming and returning Department of Defense Dependents Schools educators Aug. 23 at a reception in the Dragon Hill Lodge.

“On behalf of Gen. Leon J. LaPorte, commander, United States Forces Korea, I welcome you to Area II,” said Col. Timothy McNulty. “Tonight, we honor you for the contributions you will make towards the education of our youth for this new school year.”

More than 100 DoDDS teachers attended a

two-day “new teachers” orientation Aug. 23-24 to introduce to them a variety of topics associated with their assignment to Korea.

The newcomers, as well as returning educators, teachers and their spouses assigned to Area II, attended the reception hosted by Area II.

McNulty shared comments from a memorandum by the Director for DoDDS Pacific, Nancy Bresell, concerning recent visits by accreditation teams from North Central Association Commission on Accreditation and School Improvement and the Advisory Council on Dependents Education to the Pacific.

“I quote Bresell,” McNulty said. “The overall

impression resulting from the ACDE visitation was that teachers and counselors are doing a wonderful job. They stated that communication systems and collaboration between the military and the schools were exemplary.’

“I will do all I can to help you make this tour as rewarding for you, as you make learning rewarding for our students,” McNulty added.

McNulty also thanked several individuals for all the support in preparing for the reception and extended his appreciation to all the educators and teachers “who make our job as parents and leaders so much easier.”

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## Chaplain

from Page 9

helped him get a chaplaincy appointment on active-duty.

“In March 1984, I went to St. Louis to do my Reserve training and an Army chaplain took a ‘like’n to me,” Higgins said jokingly. “This chaplain went to the Chief of Chaplains and they both agreed to give me a slot on active duty.

“This was truly an act of God,” Higgins emphasized, “because to be accepted as an Army chaplain, a candidate had to have gone through ordination from their denomination. Looking back, the Lord blessed me. He wanted me to be a minister, and I wanted to be a Soldier, so God made me into a Soldier and minister.”

Higgins compared his experiences as a drill instructor and now as an Army chaplain and said the two positions shared many similarities.

“You have to be able to get the respect of the Soldiers,” Higgins said. “As a drill instructor it was not hard for me to get respect from the Soldiers; not because I was a drill instructor or a sergeant first class, but I gained the respect by the way I handled myself.”

Besides being a decorated Vietnam veteran, Higgins also served in

Operation Iraqi Freedom. It was his job to help prepare Soldiers and families before deploying to Iraq.

“When other units were readying equipment and personal gear, I ensured my Soldiers were spiritually prepared,” he emphasized. “Forming prayer teams from family support groups was one of the first things we did before we deployed. We also obtained ‘Psalm 91’ cards to pass out to Soldiers so that they can keep them in their pockets, stick in the window of their vehicles, and so forth.”

To help the Soldiers deal with their fear, Higgins obtained books dealing with the subject and passed them out.

The books helped the Soldiers overcome their fears and made them realize they had nothing to fear, he said. If their spirit is right; spiritually, they had nothing to fear.

“And once you don’t fear, then you can do your job without distraction,” Higgins added.

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## FED wins USAF award

By Gloria Stanley  
Far East District Public Affairs Office

**YONGSAN** — The 2004 Air Force Design Awards and Air Force Agent Awards Program Awards Committee selected the Far East District, U. S. Army Corps of Engineers, as the 2004 winner of the Agent of the Year Award in the program's construction category.

Maj. Gen. L. Dean Fox, the civil engineer, deputy chief of staff for

Installations and Logistics, presented the award to Col. Janice L. Dombi, commander, Far East District, U.S. Army Corps of Engineers, who accepted the award on behalf of the Far East District at an award ceremony, held in Washington, D.C. on July 29. This award recognizes the work done for the U.S. Air Force by the Far East District between October 1, 2002 and September 30, 2003.

E-mail [gloria.stanley@pof02.usace.army.mil](mailto:gloria.stanley@pof02.usace.army.mil)

## 34th SG to deactivate Sept. 9

By John Nowell  
Area II Public Affairs Office

**YONGSAN** — Headquarters, 34th Support Group will encase its colors in a deactivation ceremony 1 p.m. Thursday at Lombardo Field, Yongsan Garrison South Post.

The unit began its history in 1966 when it was activated in the Republic of Vietnam. After participating in 15 campaigns, the 34th was deactivated on Nov. 30, 1972.

In 1984, the unit was reactivated in Busan. It was later relocated to Yongsan in 1990 as part of a reorganizing of U.S. units in the Republic of Korea.

Maj. Gen. Jeanette Edmunds, commanding general, 19th Theater Support Command will host the ceremony for the outgoing 34th Support Group Commander, Col. Timothy K. McNulty.

McNulty, who has commanded 34th Support Group and Area II since July 21, 2003, will continue his concurrent position as Commander, Area II Support Activity which was activated on Oct. 7, 2003.

The ceremony is open to the public. Attendees arriving by vehicle are encouraged to arrive early, as parking is limited.

E-mail [NowellJ@korea.army.mil](mailto:NowellJ@korea.army.mil)

## Getting loud



PHOTO BY KIM HEE-JIN

Children sound off during taekwon do training at YS Physical Fitness Center on Yongsan South Post.

**Now showing at AAFES Reel Time Theaters**

For additional listings or  
matinees call respective theater or  
see [www.aafes.com](http://www.aafes.com)

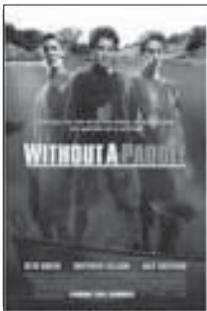
**AT THE  
MOVIES**



**Sept. 3 - 9**

Location Phone No.	Sept. 3	Sept. 4	Sept. 5	Sept. 6	Sept. 7	Sept. 8	Sept. 9
<b>Casey 730-7354</b>	Spider Man 2	Spider Man 2	Alien vs. Predator	Alien vs. Predator	Sleepover	Anchorman	Anchorman
<b>Essayons 732-9008</b>	No Show	Dodgeball	No Show	Two Brothers	Collateral	No Show	White Chicks
<b>Garry Owen 734-2509</b>	No Show	Collateral	The Note Book	The Note Book	White Chicks	No Show	White Chicks
<b>Henry 768-7724</b>	Spider Man 2	Two Brothers	Collateral	Troy	No Show	No Show	No Show
<b>Humphreys 753-7716</b>	Alien vs. Predator	Alien vs. Predator	Alien vs. Predator	Anchorman	Anchorman	Sleepover	Sleepover
<b>Hialeah 763-370</b>	Collateral	Dodgeball	The Note Book	No Show	No Show	No Show	No Show
<b>Hovey 730-5412</b>	No Show	No Show	No Show	No Show	No Show	No Show	No Show
<b>Howze 734-5689</b>	Collateral	Around the World in 80 Days	No Show	No Show	No Show	No Show	No Show

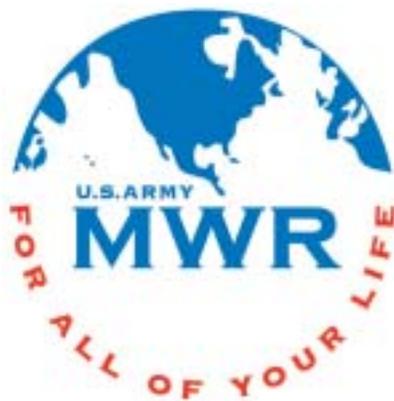
**Without a Paddle**



Three lifelong friends from Philadelphia go into the Oregon wilderness in search of lost treasure. Canoeing down the Columbia River, the trio soon finds that their canoeing experience goes

wrong as the river turns dangerous. They find themselves hunted by two backwoods farmers and encounter treehugging hippie chicks and a crazy old mountain man.

PG-13



**(On U.S. Army Installations Only)**  
**Schedule subject to change**



**Sleepover**



Before their freshman year in high school, Julie has a slumber party with her best friends and they end up having the adventure of their lives. In attempt to cast off their less-than-cool reputations, they enter into an all-night scavenger hunt against their "popular girl" rivals. Hijacking dad's car, sneaking into clubs, evading Julie's mother, and even a first kiss - anything is possible at Julie's Sleepover. Rated PG

PG-13

Location Phone No.	Sept. 3	Sept. 4	Sept. 5	Sept. 6	Sept. 7	Sept. 8	Sept. 9
<b>Kunsan 782-4987</b>	The Manchurian Candidate	The Manchurian Candidate	Spider Man 2	No Show	Spider Man 2	Sleepover	Sleepover
<b>Long 721-3407</b>	Dodgeball	No Show	The Chronicles of Riddick	The Stepford Wives	No Show	No Show	No Show
<b>Osan 784-4930</b>	Without a Paddle	Without a Paddle	Around the World in 80 Days	Spider Man 2	Spider Man 2	Sleepover	Sleepover
<b>Page 721-5499</b>	No Show	No Show	No Show	No Show	No Show	No Show	No Show
<b>Red Cloud 732-6620</b>	Alien vs. Predator	Spider Man 2	Harry Potter and the Prisoner of Azakban	White Chicks	Sleepover	No Show	Without a Paddle
<b>Stanley 732-5565</b>	Walking Tall	Spider Man 2	Kill Bill 2	Kill Bill 2	No Show	Without a Paddle	Anchorman
<b>Yongsan I 738-7389</b>	Without a Paddle	Without a Paddle	Without a Paddle	Spider Man 2	Spider Man 2	Spider Man 2	Spider Man 2
<b>Yongsan II 738-7389</b>	Sleepover	Sleepover	Sleepover	Shrek 2	The Chronicles of Riddick	The Chronicles of Riddick	The Chronicles of Riddick
<b>Yongsan III 738-7389</b>	Sleepover	Sleepover	Sleepover	Shrek 2	The Stepford Wives	The Stepford Wives	The Stepford Wives

# Chaplain's corner: Lessons in humility

**Chaplain (Capt.) David K. Beavers**  
Task Force 2-72 Armor

"David, I need you to cut my toenails for me."

As my grandmother spoke these words to me, I could feel my uneasiness grow. I knew that she had just recently had hip replacement surgery and needed help doing all sorts of tasks, but this was too much.

I could not believe that she would ask me to do something like this. After all, even though I was her grandson, I was a pastor at an area church. Truth be told, I felt this was beneath me. However, I did end up agreeing to cut her toenails

for her. It turned out that she not only wanted me to trim them, she wanted a full pedicure.

With much angst, I began to cut and file and tend to my grandmother's feet. Things were all right until I reached nail number 7. It was this nail that flew into the air and stuck to my upper lip. I was mortified, but I could not remove the nail because my hands had been touching my grandmother's feet.

I quickly finished the last of the job and ran to the bathroom. Once there, I began to scrub my mouth, my face, my hands, and even both arms with antibacterial soap. I must

have spent five minutes trying to sterilize myself after the experience.

When I got back into the room where my grandmother was, I found her crying. She was not crying because of the nail hitting me or of my actions. My grandmother was crying because this act of cutting her nails had meant that much to her.

You see, my grandmother was always prim and proper and would not ask anyone to do anything for her. My helping her touched her heart and her words could not express her gratitude. I had almost missed this special experience because of my "stuck up" attitude.

In the Christian tradition, the Gospel of John records a time when Jesus got up from the table and began to wash his disciples' feet. We see that the leader of the group served those he led. The one who was most worth of being served was the very one who made himself a servant.

As we go about our doing our duties and daily tasks, let us not forget the example that was set for us to take care of other people. There are people out there everyday who we can help regardless of who we are or what we do. The key is to open our eyes, see who needs assistance, and then work to make a difference.

## Area I Worship Services

### Distinctive Faith Group Services

Islamic Prayers	Fri 1 p.m.	DISCOM Chapel
COGIC	Sun 12:30 p.m.	Warrior Chapel
Eucharistic Episcopal	Sun 5:30 p.m.	Stanley Chapel
Latter-day Saints	Sun 1 p.m.	Crusader Chapel

### Catholic

Daily	11:45 a.m.	Stanley Chapel
	11:45 a.m.	Stone Chapel
Saturday	6 p.m.	Stanley Chapel
Sunday	9 a.m.	Warrior Chapel
	9 a.m.	Howze Chapel
	9:30 a.m.	Hovey Chapel
	10:30 a.m.	DISCOM Chapel
	11 a.m.	Essayons Chapel
	noon	Crusader Chapel
	noon	Stone Chapel

### Protestant

Sunday	8:30 a.m.	Happy Mountain Chapel
	9:30 a.m.	DISCOM Chapel
	9:30 a.m.	Essayons Chapel
	10:30 a.m.	Kyle Chapel
	11 a.m.	Warrior Chapel
	11 a.m.	Howze Chapel
	11 a.m.	Hovey Chapel
	11a.m.	Stanley Chapel
	11a.m.	Crusader Chapel
	noon	Castle Chapel
	1 p.m.	Jackson Chapel

### Protestant Gospel

Sunday	11 a.m.	Memorial Chapel
	1 p.m.	Stanley Chapel
	1 p.m.	Howze Chapel

### ROK/KATUSA Services

Monday	7 p.m.	Howze Chapel
	7 p.m.	Castle Chapel
Tuesday	7 p.m.	Stone Chapel
Wednesday	7 p.m.	Hovey Chapel
Thursday	6:30 p.m.	DISCOM Chapel
	7 p.m.	Stone Chapel
Sunday	1 p.m.	DISCOM Chapel
	6 p.m.	Warrior Chapel
	7 p.m.	Stanley Chapel

### Protestant Contemporary

Saturday	6 p.m.	Crusader Chapel
Sunday	10 a.m.	Stone Chapel
	6 p.m.	Reggie's
	6 p.m.	Crusader Chapel

# Great taste...

By Cpl. Lee Hyung-II  
2nd Infantry Division Public Affairs Office

**SEOUL**— For seafood lovers, there is definitely one place to check out in Korea, the Noryangjin Wholesale Fishery Market.

It is the nation's biggest inland fishery market. There are more than 900 shops that sell many kinds of fish, crabs, shrimps and shellfish.

Take the subway No. 1 toward Incheon at Uijeongbu station and get off at Noryangjin station. Once off the train, exit and follow the fresh smell of fish. You cannot miss it.

The fishery market is full of energy. There are fish leaping, loud fishmonger bargaining and fresh seafood at low prices.

The vigor of the fishery market and smell of sea are charms not usually found in the city.

Noryangjin Wholesale Fishery Market is open 24 hours a day.

The fishery auction starts at 2 a.m., which is

the peak time at the market. Because of this, the best time to visit is as early as possible on weekday mornings. Many shops are closed on weekend afternoons.

At the market, prices are negotiable. People practiced at bargaining can get a good deal. If not, one may pay a little bit extra money, but it's still much cheaper than buying fish outside.

They sell fish by weight, kilogram as a rule. One kilogram is 2.2 lbs.

Prices differ by the purchase time and the amount of fish provided in the market.

A tip for a good bargain is to take enough time to ask the price at many different shops, and remain persistent in trying to cut down the price.

You can leave with your purchase, or you can eat it there. Downstairs there are restaurants that cook the fish you buy.

"My favorite part of the trip was the seafood market," said Sgt. Ernest White, Headquarters and Headquarters Company, 2nd Infantry Division. "I absolutely love all kinds of seafood. I have been to many seafood markets, in Japan and in the United States. This was by far the largest one I have been to.

White said he was overwhelmed by the size of the market.

"I especially liked being able to buy the seafood and have it cooked fresh," he said. "There is nothing better than fresh seafood."

Outside the market, there is a tall golden building. It is the 63 Building.

It was the tallest building in Korea when it was built in 1985. It stands 817-feet tall, the 3rd tallest building in Korea, and the 88th tallest building in the world.

As the pioneer of indoor family entertainment centers, the 63 attractions are known throughout Korea.

## Tall building

Left: The 63 Building in Seoul. Inside there are shopping venues and the 60th floor has an observation deck for visitors.

Right: A behemoth crab stands cooked and ready to devour at the Noryangjin Wholesale Fishery Market. Shoppers can take their purchases home, or have them cooked at the market.



PHOTOS BY CPL. LEE HYUNG-II

A waitress prepare a seafood meal purchased at the market.

The Aquarium provides an underwater world to children, and the IMAX Theater offers excitements with breathtaking films. It is the only IMAX theater in Korea. The observation deck is on the 60th floor. The 63 building is a "must-visit" place during a stay in Korea.

To get there from the Noryangjin Wholesale Fishery, take a cab for about 10 minutes. It's within walking distance, but there's no side walk on the bridge that goes across the Han River.

The Aquarium is open from 10 a.m. to 9 p.m. and the tickets are 10,500 Won for adults, 9,500 Won for youths and 9,000 Won for children. The IMAX Theater is open 10:10 a.m. - 9:10 p.m., the ticket cost is 7,000 Won for adults, 6,500 Won for youths and 6,000 Won for children.

With enough time after seeing the 63 building, there is the rest of Yeouido, or Yeoui Island, to see. There are parks in the center of the island and along the Han River, the National Assembly building, the Korean Securities Market, and major Korean Broadcasting companies.





### Weight Loss Support Group

Yongsan Weight Support Group is now accepting new members. The group is a free weight loss support group offering exercise and workout options, healthy eating support and weight loss support. E-mail nannyhere@yahoo.com or call 011-9699-7064 for membership information.

### Auto Show

The Yongsan Auto Crafts Center will conduct an Auto Show Sept. 18. The show will feature a variety of cars competing for bragging rights and cash prizes in the categories of best paint, interior, engine compartment and best overall. This event will feature lots of food, music, prize drawings and vendors. Participants from all over the peninsula are invited to bring their car and compete. For more information, call 738-5315 or 738-5419.

### All You Can Eat Buffet

Camp Red Cloud Mitchell's All-U-Can-Eat-Lunch Buffet is available 11:30 a.m. -12:30 p.m. on weekdays. For more information call 732-8189.

Monday — Italian buffet

Tuesday — Barbecue ribs

Wednesday — Oriental buffet

Thursday — Mexican buffet

Friday — Variety buffet

### Area II Triathlon

There will be a triathlon 9 a.m. Sept. 11 at Yongsan Garrison. Events include a 400-meter swim, 15 kilometer bicycle race and a 5-kilometer run. Call 738-8608 for more information.

### Playgroups For Children

Yongsan Playgroups is now accepting new members. The group plans play dates, educational activities and field trips for families with infants, toddlers and preschoolers in Yongsan and Hannam Village areas. E-mail joyner57@hotmail.com for membership information.

### Outdoor Cookout

Camp Casey Warrior's Club presents Special Outdoor Cookout, St. Louis Baby Back Ribs 11 a.m.-1:30 p.m. every Wednesday. Corn on the cob, beans, salad and drink are included. For more information, call 7303-2193.

### Warrior Division Bowling Championships

The Warrior Division Bowling Championship will be at Camp Red Cloud Bowling Center Sept. 20-22. Pre-tournament meeting is 12:30 p.m. Sept. 20 and the competition begins at 1 p.m. each day. The top eight men's and four women's bowlers will advance to the 8th Army Bowling Championships in October.

# Tourney to bring out the best boxers

By Mike Mooney

MWR Marketing Specialist

**CAMP HUMPHREYS** — Boxers throughout Korea who want to tune up for the 8th U.S. Army and Korea Region boxing championships in October can do so at the Camp Humphreys Boxing Smoker Sept. 18.

"The 8th Army and (Korea Region) finals will be here in October," said Area III Sports Director Jim Howell. "This is the perfect tune-up for those individuals who want to get ready with some real action."

The boxing smoker is open to all U.S. and Korean military personnel — including those without boxing experience. Civilian employees and family members are not allowed to participate by Army regulation.

"Boxers are matched based on their sex, level of experience and weight," said Howell. "There will always be a large number of individuals who have never boxed before. That doesn't matter. You won't be matched against a bigger, more experienced opponent. We will endeavor to match people as closely as possible."

Howell pointed out that the competition is for both men and women.

"Our smokers always include a couple of women's matches," Howell said.

He extended an invitation to boxers from the other areas to come to the tournament.

For those unfamiliar with Army boxing, Howell pointed out that

"safety is our number one concern."

"Everyone is required to wear safety gear — including headgear," Howell said. "We provide all the equipment — to include shorts and jerseys. Individuals need to supply their own shoes and enthusiasm."

In addition, all participants are required to pass a physical the morning of the smoker. Army medical personnel check blood pressure and general health before giving the go-ahead for participation. Medical personnel are also at ringside during the entire competition.

Individuals who would like to participate in the smoker should contact the Camp Humphreys Gymnasium at 753-8810.

E-mail MooneyM@korea.army.mil

# MWR hosts family conference

By Traci Millner

MWR Marketing Specialist

**BUSAN** — Family Program Staff, including Child and Youth Services and Army Community Service personnel, throughout the Republic of Korea attended a conference Aug. 13-15 hosted by the Installation Management Agency, Korea Region.

The conference, tagged "Celebrate Success," was designed to provide professional development training to employees of CYS and ACS.

The event, attended by 100 people, focused on teaching staff members how to provide excellent customer service and to improve their programs. Among the seminars employees attended were programs focused on customer service, managing conflict, Operation Ready, and break out sessions for staff working in similar positions throughout Korea. Members also received an update of program areas.

Although attendees put a lot of effort into the weekend,

the conference wasn't only hard work. There was also a bit of fun incorporated into the training.

On the night of Aug. 14, area teams performed "celebrate success." Some areas chose to sing songs with "celebrate success" lyrics, some put on theatrical performances and one area highlighted Korea Region's technical assistance visits to their area.

Outstanding performers from Korea Region were also recognized during the event. A total of 16 different members were presented with Certificates of Recognition signed by Brig. Gen. John A. Macdonald, Korea Region Director, for their teamwork which improved the CYS and ACS programs. Awardees included: Chong Won Darling and Ok-Hwa Yi from Area I, Gina Mariano, Doris Leby, Josh Quitugua, Yong-Ae Kim, and Nivia Trinta from Area II, Aggie Rodriguez, Tyrone Ellis, and Suzanne Park from Area III, and Joan Kim, Jessica Alm, Tiffany Harris, Hye Yong Allen, Ben Morehouse, and Rachel Martinovich from Area IV.

E-mail MillnerT@korea.army.mil

# Soldier finishes 13th in Olympic modern pentathlon

By Tim Hips

Army News Service

**ATHENS, Greece** — A Soldier saved his best for last, but it wasn't nearly enough as he finished 13th in men's modern pentathlon Aug. 26 in the 2004 Summer Olympic Games at Goudi Olympic Complex.

First Lt. Chad Senior, 29, a member of the U.S. Army World Class Athlete Program from North Fort Myers, Fla., finished second in the 3,000-meter cross-country run with a time of 9 minutes, 35.76 seconds. It was the last of five events that included pistol shooting, fencing, swimming and equestrian riding.

In the 2000 Summer Olympic Games at Sydney, Australia, Senior was leading after three events. On this day, his medal hopes were dashed before he mounted Guelfo Del Belagio for a ride to a 22nd-place finish in show jumping.

Russia's Andrey Moiseev won the gold medal with 5,480 points. Lithuania's Andrejus Zadneprovskis took the silver medal with 5,428 points.



PHOTO BY MASTER SGT. LONO KOLLARS

First Lieutenant Chad Senior, a member of the U.S. Army's World Class Athlete Program swims the 200m Freestyle event of Modern Pentathlon during the 2004 Olympics at the Goudi Sports Complex in Athens, Greece.

Czech Republic's Libor Capalini claimed the bronze with a 5,392 total.

Team USA's Vakhtang "Vaho" Iagorashvili finished ninth with 5,276 points.

Senior, who stumbled out of the blocks by finishing 18th in 10-meter air pistol, finished the grueling day in 13th place with 5,192 points. He buried himself deeper with a 26th-place finish in epee one-touch fencing.

He came splashing back with a

fourth-place finish in the 200-meter freestyle in 2:02.39. But on the equestrian ride, his horse kicked no less than five rails to the ground, leaving Senior in 22nd place in the event and 20th overall entering the run.

He passed seven runners to finish 13th.

Capt. Anita Allen, another member of the U.S. Army World Class Athlete Program, will compete in the Olympic women's modern pentathlon Aug. 27.

# Unit adds 'a few checks' to personnel inventory

Area III Public Affairs Office

**CAMP HUMPHREYS** – Soldiers from Headquarters and Headquarters Company, U.S. Army Area III Support Activity added a few checks of their own during a Personnel Asset Inventory conducted Aug. 5 at Camp Humphreys.

The is an initiative directed by the Department of the Army to provide 100 percent “boots-on-the-ground” accountability of all active and reserve component Soldiers, whether assigned or attached.

General Leon J. LaPorte, United Nations Command and U.S. Forces Korea commander, directed the PAI in Korea be expanded to account for all U.S. military and appropriated-fund Department of Defense and Department of the Army civilian personnel on the peninsula.

Officials conducted the PAI July 31 - Aug. 15 on bases throughout the Republic of Korea.

According to Company Commander Capt. Salamansinaleilani Strokin, the day for Headquarters and Headquarters, U.S. Army Area III Support Activity Soldiers began with an alert to test unit recall procedures and validate the alert roster. All Soldiers assigned to the unit reported to the unit in full “battle rattle” (combat gear) for an in-ranks inspection. The maintenance and serviceability of each Soldier’s equipment was checked along with whether or not the Soldier was



PHOTO BY STEVE DAVIS

*Soldiers from Headquarters and Headquarters Company, U.S. Army Area III Support Activity process during the Korea-wide Personnel Asset Inventory to verify “boots-on-the-ground.” and to make sure each Soldier’s administrative records and insurance are up-to-date.*

carrying the mandatory Status of Force Agreement card and an Army Values card.

Immediately following the formation, Soldiers reported to the nuclear, biological and chemical section to verify serviceability of masks and serial numbers of individual chemical equipment packs against individual hand receipts.

After the unit inspections, Soldiers reported to the Area III Directorate of Personnel Administration building on Camp Humphreys, where they were processed through several workstations.

The first station verified that each Soldier’s identification tags and Common Access Cards matched the personnel rosters, a report generated by the Standard Installation Division Personnel System, and submitted to the Personnel Services Battalion monthly to account for all Soldiers assigned to individual units. Korean Augmentation to the U.S. Army Soldiers checked their personnel data against manning reports maintained by the Republic of Korea Army Staff Office to ensure accuracy, as well.

The next two stations, staffed by 176th Finance Battalion personnel,

enabled Soldiers to confirm their citizenship and update their emergency notification and contact information. Other stations allowed Soldiers to review or change life insurance options, register to vote and validate their pay information.

Unit Voting Noncommissioned Officer in Charge Sgt. Shantelle Kamei worked the voter registration station.

“Requiring Soldiers to stop at my station made it easier for me to talk to everyone on a one-on-one basis to stress the importance of voting and afford them the opportunity to ask me questions and fill out absentee forms,” Kamei said.

At the final workstation, Soldiers reported their information in a database created to capture ration information on Soldier’s and their family members before reporting to the Camp Humphreys Health Clinic to verify or update immunization records and shots, if necessary.

The unit successfully completed its mission despite having Soldiers stationed throughout the peninsula. For example, a separate team had to drive to Camp Long to process about 30 Soldiers stationed there. Thirteen were also processed at Camp Casey and four at Camp Carroll.

“This Personnel Asset Inventory was important because it allowed us to validate individual and unit systems while complying with higher directives to take care of our most valuable resources, Soldiers,” Strokin said.

# Camps Long and Eagle Soldiers pumping up for next pushup test

Area III Public Affairs Office

**CAMP LONG** – Headquarters and Headquarters Detachment, U.S. Army Garrison Camps Long and Eagle is testing a new regimen to improve their upper body strength.

Master Sgt. Anthony J. Hampton, noncommissioned officer-in-charge of the unit, said the new program implemented Aug. 16 at the Camp Long Physical Fitness Center includes weight training to increase the upper body strength.

“Sergeant first Class Reginald Williams, a platoon sergeant in our unit, initiated this program to increase Soldiers’ performance in the Army Physical Fitness Test pushup event,” Hampton said.

Thirty of the unit’s Soldiers participated in the training event led by Camps Long and Eagle Sports Director Lonnie L. Herring. Herring, an accomplished bodybuilder, provided guidance to

the Soldiers in the proper usage of the Nautilus equipment to reduce injuries and help to increase upper body strength.

Herring is a military retiree who understands the benefits of Soldiers being prepared mentally and physically.

“My intent is to increase Soldiers’ scores by 30 percent and build their confidence,” Herring said. “Our program is already challenging, but a little more effort in this area will significantly increase scores.”

Pfc. Tanya Runnels, an administrative specialist in the Camp Long Operations section, took part in the training.

“This was a fun training event that will help me do more pushups during our PT test in October,” she said. “I have been in somewhat of a program with the MWR Sports off-duty; but it always more fun when my peers are involved.”

The weight training program is just the



PHOTO BY MASTER SGT. ANTHONY J. HAMPTON

*Lonnie Herring shows Soldiers from Headquarters and Headquarters Detachment, U. S. Army Garrison, Camps Long and Eagle how to get the most out of their upper body workout.*

beginning of more training guided by the Camp Long and Eagle sports program that will help build confidence in Soldiers, Hampton said.

## NEWS & NOTES

### Summer Block Party

Say goodbye to summer at the "Oop-Say-O UFL and Summer Block Party" from 11 a.m.-dark Saturday in the Strike Zone Bowling Center parking lot. Fun, food, music athletic events and such competition as sumo wrestling, chopstick skills, a no-hands kimchi eating contest, hog calling, hardboiled egg eating and a "Fear Factor" challenge will be featured.

### Employment, Volunteer Awareness Seminar

An Employment and Volunteer Awareness Seminar will be 8 a.m.-3 p.m. Sept. 10 at the Camp Humphreys Community Activities Center. Preregistration is required. Call LaVita Vincent at 753-8321 or Aggie Rodriguez at 753-8294.

### Community Health Fair

Everyone in the Camp Humphreys community is invited to attend the a Community Health Fair 10 a.m.-3 p.m. Sept. 11 at the Camp Humphreys Community Activities Center and the post gym. The fair, sponsored by Area III Morale, Welfare and Recreation and the 18th Medical Command, will include an aerobathon, a taekwondo exhibition, blood pressure and carbon monoxide screening, body fat analysis and other health and nutritional information.

### Breastfeeding Class

The Army Community Service Family Advocacy section will sponsor a breastfeeding class 11 a.m.-1:30 p.m. Sept. 14 at the Camp Humphreys Education Center. Preregistration is required. For more information, call 753-6252.

### Exceptional Family Member Bowling

The Army Community Service Exceptional Family Member Program will sponsor a bowling night 6-8 p.m. Sept. 16 at the Strike Zone Bowling Center at Camp Humphreys. Preregistration is required. For more information, call Yuritza Nocera at 753-8327.

### Cultural Experience

Gyeonggi Province will provide a free interactive cultural experience to explain Chusok customs to Soldiers and family members 10 a.m.-5 p.m. Sept. 22 at the Camp Humphreys Community Activities Center. There will be demonstrations throughout the day and opportunities for participants to play traditional Korean musical instruments, play traditional games, learn how Koreans honor the ancestors and much more. For more information, contact 753-8598.

### Financial Management

Part one of the mandatory financial readiness training for first-term Soldiers is held 8 a.m.-noon the first Tuesday of each month at the Camp Humphreys ACS. Part 2 is held the second Tuesday of the month. For information, call at 753-8401.

### Tobacco Cessation Classes

Get help kicking the tobacco habit. Tobacco cessation classes are held from 3-4 p.m. every Tuesday at the Camp Humphreys Health Clinic. For more information, call 753-8388.

### News & Notes Deadlines

News & Notes deadlines are every Friday two weeks prior to the intended publication date. E-mail requests to davisst@korea.army.mil or call the Area III Public Affairs Office at 753-8847.



PHOTOS BY STEVE DAVIS

Kindergarten teacher Mayra Revak reads a book to her students Aug. 27 during "Meet Your Teacher Day" as parents and students get to know each other at Humphreys American Elementary School. Grades 1-6 began school Monday. Kindergarten will start next week.

## School days begin at Camp Humphreys

### Area III Public Affairs Office

**CAMP HUMPHREYS** — After a quick glance at her watch to make sure it was precisely 8 a.m., Principal Donna Kacmarski officially started the 2004-2005 school year at Humphreys American Elementary School Monday as she swung the doors wide open.

Waiting at the door were most of the 150-plus students who would be attending first- through sixth-grade this year. Kindergarten students will begin school next week.

Some of the children rode a bus to school and some walked from the Army Family Housing next door. Others, like third-grader Joshua Williams, 7, were brought by a parent.

Students lined up by grade, then followed their teacher inside. Those who had attended "Meet Your Teacher Day" last week already knew what to expect.

Kacmarski said Humphreys American Elementary School has increased from 99 students last year to a maximum capacity of 153 this year. Some students in grades 1-3 are being bused to Osan Elementary School because of limited space at the small Camp Humphreys school. About 35 children of nonappropriated fund employees and noncommand-sponsored military families are still waiting to find out if there will be space for their children.

"We are looking at our numbers this week to see if we have space for them," said Kacmarski.



Principal Donna Kacmarski, right, opens the doors to Humphreys American Elementary School as first graders get ready to enter.



Third-grader Joshua Williams (left) walks to school with his step-father, Staff Sgt. Timothy Hill, Monday at Camp Humphreys.

## Korea University professor teaches job hunting skills

### Area III Public Affairs Office

**CAMP HUMPHREYS** — Korea University Professor Peter Sylvestre gave a class to 23rd Area Support Group Korean Augmentation to the U.S. Army Soldiers Aug. 18 to help them hone post-Army job-hunting skills after their mandatory military service.

Sylvestre, who has taught in Korea since 1998, told the KATUSA Soldiers that Korean and international corporations are looking for employees with good English-speaking skills and the ability to work on a team.

"The good news is that many of you already have those skills," Sylvestre said after watching presentations some of the Soldiers made in English before his class.

When hiring, he said most companies tend to focus on a prospective employees' presentation skills, their ability to answer questions during a formal interview and contribute positively during a lengthy, small-group discussion.

"They are looking for dynamic, confident and motivated employees," he said.



PHOTO BY STEVE DAVIS

Peter Sylvestre discusses group dynamics with 23rd Area Support Group Soldiers.

## Cell phones, other distractions may cause needless accidents

Area III Public Affairs Office

**CAMP HUMPHREYS** — A Camp Humphreys driver found out the hard way recently that operating a cell phone while driving can cause a costly accident.

“The van ran off the road, went through two fences and came to a stop on a retaining wall,” said Area III Safety Manger James Bellware.

Bellware said it can take only a split-second for a driver to lose control.



U.S. ARMY PHOTO

*A van rests on a retaining wall after the driver lost control while operating a cell phone.*

U.S. Forces Korea Regulation states that “use of cellular phones while operating any motor vehicle, on or off military installations, is restricted. Cellular phone may only be used with ‘hands free’ devices.”

Korean law also prohibits drivers from using cellular phones while operating a vehicle except when stopped, operating an emergency vehicle, making emergency calls or using ‘hands free’ devices.

The top causes of other “distracted driver” crashes include “rubbernecking” (looking at a crash or a roadside incident while passing by), eating or drinking while driving, talking to other passengers, attending to small children, smoking, personal grooming, adjusting a radio or CD player, or reading a map, newspaper or book while trying to drive.



*As mechanics watch from above, Spc. Ko Seung shows children from the Chunhae Orphanage various parts of a CH-47D Chinook helicopter during their Aug. 27 visit.*



PHOTOS BY STEVE DAVIS

*Pvt. Jun Yo-han (right) makes friends with children.*

## Aviators host orphanage visit, entertain children

Area III Public Affairs Office

**CAMP HUMPHREYS** — Soldiers from Company B, 2nd Battalion, 52nd Aviation Regiment entertained children from the Chunhae orphanage Aug. 27 at the “Innkeeper” flightline on Camp Humphreys.

Twenty-eight children climbed aboard a CH-47D Chinook helicopter, played games and got to sample an American barbecue.

“This is our way of giving something back to the community,” said Warrant Officer Leonard Bernard, aviation maintenance technician for the unit. “The kids really seem to enjoy helicopters.”

Bernard said each company in the 2nd Battalion, 52nd Aviation Regiment take turns each month to support the U.S Forces Korea Good Neighbor Program.

Sometimes they participate in a community cleanup; other times they invite guests here to further understanding of what the U.S. Army does at Camp Humphreys.



## New principal excited to be on board at PAS

By Pfc. Oh Dong-keun

Area IV Public Affairs Office

**CAMP HIALEAH** — Like many schools across the peninsula, Pusan American School at Camp Hialeah has some new faces in the hall this year. One of those new faces is the school's leader.

The school's new principal is Keith Henson, who has five years experience working in Korea, including the past two years as principal of Seoul American High School.

He replaces Kathleen Barbee, who took Henson's former position at Seoul American High School. Barbee served as Pusan American School principal for two years.

"I've been trying and hoping to get this position for a long time," Henson said. "I had a few chances to come down here on (temporary duty) while I was working for (Korea) District Superintendent's office. Every time I came here, I noticed what a beautiful city it was, and I always had great experiences with everyone I got to meet. I was also fascinated by the fact that I could work with kids at all levels, from pre-kindergarten to high school. This is absolutely the high point in my career. This is the best place I've ever worked. I would like to stay here as long as I can."

Henson, who grew up in Warner Robins, Ga., had some military experience in the U.S. Air Force before he began his teaching career. He served in the enlisted ranks for five years, and as an officer for six years in various assignments.

Henson began his teaching career in 1990 at Charlie A. Gray Middle School in Moultrie, Ga.



PHOTO BY PFC. OH DONG-KEUN

*Keith Henson, the new principal at Pusan American School, takes a call while preparing for the 2004-2005 school year. He said he is looking forward to working with the residents of Camp Hialeah.*

He served two years at the school as an alternative-education teacher. He went to work for the Department of Defense Dependent Schools in 1992, and has taught at middle and high schools in Lakenheath, England. He also taught at London Central High School.

After his eight-year stint in England, he moved to the Pacific area to work as a curriculum specialist for the Korea District Superintendent's office in Seoul, then for the Area Director's office in Okinawa, Japan. Following that assignment, he was selected to be an assistant principal in Okinawa. He served there for a year and was then named principal of Seoul American High School, where he served for the past two years.

Henson's education includes bachelor's degrees in English and German language and literature from

University of Georgia in Athens, Ga., and a master's degree in special education from Valdosta State University, Ga.

Henson anticipates learning many things that will improve his ability as an educator while leading his staff and students to a successful school year.

"It seems like I learned an enormous amount of things from interacting with teachers and students in just three days that I've been here," he said. "By the end of the school year, I will have been exposed to things that will really improve my knowledge of the overall educational system, especially in dealing with different levels of education we have. I am looking forward to my time here. I am totally excited."

This school year will be an important one for Pusan American School. It will prepare for and go through its the North Central Association accreditation inspection. Henson said he is ready for the challenge.

"It's a critical moment for the school. Everyone in the association from Washington D.C. will have their focus on the school while the evaluation takes place in February," he said. "I love these visits personally. I have been in charge of preparing for the visits for six of the last eight years for different schools in one shape or another, and I am ready for one more."

The mission of Pusan American School is to create a challenging, diverse educational program in which all students gain the knowledge and skills needed to become successful, contributing members of our global society.

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PHOTO BY GALEN PUTNAM

### **Impromptu Concert**

*Members of the 8th U.S. Army Band crank out the tunes during an unadvertised show at the Camp Walker Main Exchange complex Saturday. Dozens of surprised shoppers and passers-by stayed around to enjoy the band's performance.*

NEWS & NOTES

**Estate Claim**

Anyone who has a claim against the estate of Pfc. Jonathan Beverly, 4th Quartermaster Detachment, 20th Support Group, Camp Hialeah, should contact Maj. Courtney Brooks, garrison executive officer, at 763-7475 or at brooksct@korea.army.mil.

**Before School Program**

The School Age Services Before School Program for children in kindergarten through fifth grade in Daegu has moved from the Child Development Center on Camp George to the School Age Services Building on Camp Walker. For more information, call Truda Roper at 764-5298.

**Protestant Women of the Chapel Fall Kick-Off**

Protestant Women of the Chapel invites all ladies to come and "Delight in the Lord" at the fall kick-off 10 a.m. Sept. 10 at the Camp Walker Chapel Sanctuary. Protestant Women of the Chapel will also hold Friday Bible studies Sept. 17 and 24. Childcare and children's ministry are available. For more information, call Michele Pelletier at 764-4292.

**Retiree Council Meeting**

The Area IV Military Retiree Council will meet 2 p.m. Sept. 11 at Henry's Place on Camp Henry. All Area IV military retirees and their spouses and widows are invited to attend. For more information, call Wilfred Plumley at 765-7705 or Bud Rader at 768-6922.

**Daegu Area Intramural Soccer League**

The 2004 Daegu Area Intramural Soccer League will take place Sept. 14 - Oct. 2 at Kelly Field. Those who would like to participate may sign up at Kelly Fitness Center by Sept. 12. An organizational meeting will be 6 p.m. Sept. 13 at Kelly Fitness Center. For more information, call Kim Chong-hwan at 764-4225 or Chong Yong-sun at 764-5217.

**Daegu Area Company Level Intramural Flag Football League**

The 2004 Daegu Area Company Level Intramural Flag Football League will take place Sept. 15 - Oct. 12 at Kelly Field. Those who would like to participate may sign up at Kelly Fitness Center by Sept. 12. An organization meeting will be 6 p.m. Sept. 14 at Kelly Fitness Center. For more information, call Mr. Darryl Chandler at 764-4225 or 764-4800.

**Job Fair**

The Army Career and Alumni Program Job Fair will be noon, Sept. 17 at Henry's Place on Camp Henry. Various employment opportunities with major companies will be represented. It is open to all job seekers with Department of Defense identification cards. For more information, call Dale Garringer at 768-7571 or Brenda Conner at 763-7470.

**Photography Contest**

Entries for the 2004 8th U.S. Army Photography Contest are being accepted until Sept. 30. Formats include black and white print, color print and short film. Prints will be judged in people, place, thing, experimental processes and military life categories. Short films will be judged as one category. For more information, call Norman Sheets at 768-7777.

**Camp Hialeah welcomes newcomers**

By Pfc. Oh Dong-keun  
Area IV Public Affairs Office

**CAMP HIALEAH** — Camp Hialeah welcomed newcomers Aug. 26 who arrived in the community during a reception at the Pusan Pub.

"Tonight's event was scheduled to welcome new members of our community here in Busan," said Lt. Col. Jeffery K. Ludwig, Camp Hialeah garrison commander. "The target audience was the entire community, but since school starts soon, we wanted to include all new teachers. We also invited all of the new Soldiers and family members that just arrived in Camp Hialeah over the summer."

More than 15 available service facilities, including Army Community Service and the community activities center had tables set up to provide some vital information to the newcomers.

"It's nice to see the different faces in the community, so I can get familiar with them," said Beth



Community members and newcomers check out the information provided at the Camp Hialeah Welcome Reception held Aug. 26 at the Pusan Pub.



PHOTOS BY PFC. OH DONG-KEUN

Community members and newcomers check out the information provided at the Camp Hialeah Welcome Reception held Aug. 26 at the Pusan Pub.

Nygaard, a new math teacher at the Pusan American School, who came from New York City.

"I like the layout of the information here because I got to find out about what kinds of services are offered on the base. It's been very helpful," Nygaard said.

Others that attended agreed.

"This is a wonderful event," said Nita Wilson, another new teacher at the school, who will be teaching several subjects in both middle and high school. "There are so many community services represented here. It's a great opportunity to learn about a variety of activities available in one spot. It's like one-stop shopping."

The reception was liked by returning members of the community, as well.

"When I first came here, they didn't have something like this," said Maple Canner, who arrived at Pusan American School four years ago. "I think the garrison command did a great job. It gives the first-timers an opportunity to see everything that's available on this base."

Ludwig said this is the first welcome

reception that involved the entire community.

"This is my third year at Camp Hialeah," Ludwig said. "For the first two years, I just had a 'welcome back teachers,' which was only for the new teachers at the school and the parents who wanted to meet them. They really weren't anything like this. Then this year, I put our MWR in charge of planning the event, which can cater to the whole community."

Even though the event expanded to serve more people, the main focus still remained on the new teachers at Pusan American School, especially because they have a new principal in town for the upcoming school year.

"A key part of tonight's event was welcoming the new teachers and introducing the new principal at the Pusan American School to the community," Ludwig said. "Dr. (Kathleen) Barbee was moved up to Seoul and Mr. Keith Henson is our new principal. So I wanted to give him a chance to introduce himself to the teachers, parents and students."

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PHOTO BY YUN KYU-MUNG

**Fire Safety Field Trip**

Pak Hae-chun, Camp Carroll fire chief, explains the importance of fire extinguishers and how to use them to the children and chaperones from the Camp Carroll Child Development Center Aug. 27, in front of the fire department. Eight children and five chaperones visited the fire department for a fire safety orientation that was planned by Army Community Service. The orientation included a tour of the fire department, and a base tour aboard a fire engine.

## Low turnout doesn't hinder Area IV tennis championships

By Pfc. Oh Dong-keun

Area IV Public Affairs Office

**CAMP HIALEAH** — In the world of amateur sports, some say everyone is a winner. At the 2004 Area IV tennis championship, Aug. 26 at Camp Hialeah, the saying almost became reality when every participant but one advanced to



Jin Won-sam returns a shot during the Area IV Tennis Championships. Jin took second place in the men's open division.

the 8th U.S. Army championships.

The competition was originally scheduled in four categories, including men's open, men's junior, men's senior and women's open. Since the participation level was low, due to operational requirements in the area, only five players in two categories took part.

"I was a bit disappointed at the turnout because of the exercise," said Kim Man-il, Camp Hialeah sports director. "Even our returning Area IV and 8th Army champion, Capt. Yang (Mun-hwan) couldn't make it because he had a mission."

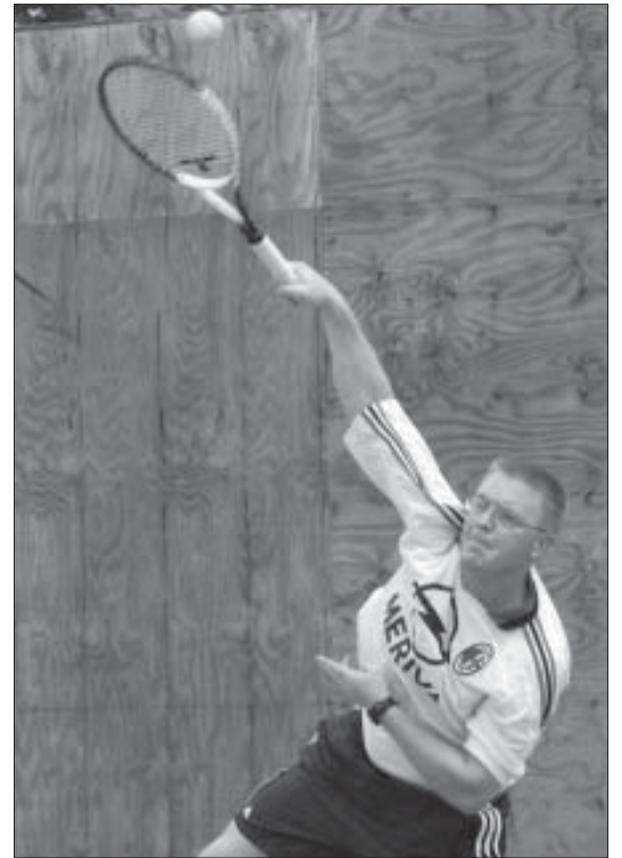
In men's junior category, where only two players registered to compete, Reginald Rorie, Company C, 1st Battalion, 52nd Aviation Regiment at Camp Walker defeated Anthony Krauss, 552nd Military Police Company at Camp Hialeah 6-4, 6-4 to take the championship.

In men's open play, James Kearney, 524th Military Intelligence Battalion at Camp Carroll defeated Jin Won-sam, 188th Military Police Company at Camp Walker 6-1 in the final match. The championship match was limited to one set because both finalists had played so many matches already, four for Jin and three for Kearney. The duo had already met twice during the tournament, each winning a match prior to the final. Also participating in the division was Koo Myong-jin of the 552nd Military Company at Camp Hialeah. He was defeated by Jin 6-2, 6-1 and fell to Kearney 6-1, 6-2.

Area IV will be sending five players to this year's 8th U.S. Army championships, which will be Sept. 15-18 at Camp Hialeah.

Lanuola Sua, Detachment C, 176th Finance Battalion at Camp Henry, the only player signed up in women's open, will automatically advance to the tournament, along with the finalists from both the men's junior and open divisions.

"Even though we were short of players this time, I am



PHOTOS BY PFC. OH DONG-KEUN

James Kearney, winner of the men's open division, serves during the Area IV Tennis Championships.

sure we will see more action at the 8th (U.S.) Army tournament," Kim said. "I am also confident that Area IV will be well-represented in the tournament. I saw some good matches today."

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# Guard Soldiers develop, test advanced Bradley simulator

By Spc. Eliamar Castanon

Army News Service

**FORT BENNING, Ga.** — The Army National Guard has taken the initiative and developed the Advanced Bradley Full-Crew Interactive Skills Trainer, the highest fidelity training system of a family of simulators that are being developed, said 1st Sgt. Doug Gilliam, lead subject matter expert.

The ABFIST is an appended trainer for the M-2A2, or the Operation Desert Storm Bradley Fighting Vehicle, that provides crew training, including individual skills, crew proficiency, full-crew precision gunnery, and networked section and platoon gunnery training.

The trainer is a flexible system that can be hooked up to a Bradley. Whether a unit is deployed or at its home station, this allows training for the entire crew.

“The ABFIST offers much better targeting and engaging techniques and is portable,” said Sgt. 1st Class Butch Cady, senior master gunner for the Fort Benning ARNG liaison. The ABFIST is built with modern technology, which is more reliable than previous systems.

“We needed a system that didn’t go down as often and was easily portable,” Cady said.

All Bradley units have the same training objective: to train and sustain lethal and efficient Bradley crews, sections and platoons.

The development of the system has been a “for the Soldier, by the Soldier project,” said Don Ariel, president of Raydon, the contracted company designing the system. Soldiers have been involved in every aspect of the development of the system.

“Who better to build a new training system for

a Bradley than the Soldiers who use them?” he said.

One of the advantages ABFIST provides is that it is made up from commercial off-the-shelf equipment, Cady said.

“If part of the system breaks or needs to be replaced, all one would have to do is go to Best Buy or any electronics store and purchase a new part,” Cady said. “The Army is veering toward commercial off-the-shelf purchasing of equipment because parts are easier to replace and are more affordable.”

Ariel said the ABFIST production cost is \$220,000, a much lower cost when compared to the original acquisition cost of the Conduct-of-Fire Trainer, which ran at about \$1.3 million.

The COFT was the only other simulation training system master gunners had. The system was developed in the 1970s, fielded in the following decade and was designed to enhance basic turret-crew gunnery skills. This system, however, only focused training on the gunner and the Bradley commander.

The COFT became outdated, the parts cost too much to replace because they had to be special-ordered — they are no longer made — and it was too large of a system to move as often as needed to provide ARNG units the same amount of training required of all Bradley crews.

Another advantage of the ABFIST system is that it takes less time to start up. Although it takes about two hours and 40 minutes to hook up to a vehicle

and about the same time to disassemble, once assembled, the start-up time — a few minutes — is no comparison to the half hour to 45 minutes of the COFT.

The ABFIST instructor interface is Windows-based and runs on software developed by Raydon specifically for ABFIST. The instructor has various options that enable him to select training to target areas that need improvement or prepare for live-fire crew qualification, said Brad Baker, ABFIST program manager.

With this training system, Soldiers may select from a list of exercises and exercise content to design their own scenario in whatever area the Soldier needs training, Baker said.

The development of the ABFIST does not cancel out the use of the COFT. The Mobile COFT-XXI is an advanced version of the old COFT, which has been updated with modern software, including urban operations training with a geospecific Baghdad-training exercise.

Although the MCOFT-XXI still does not have a driver position, it has the basic Microsoft-based instructor interface and Raydon software with the same advantages of ABFIST.

“We’ve had Soldiers who have been to Iraq use ABFIST, and they say the streets are the same they drove by in Iraq,” Cady said.

The basis of issue is one trainer per mechanized infantry company or cavalry troop; 39 trainers are funded and under production.

*“Who better to build a new training system for a Bradley than the Soldiers who use them?”*

— Don Ariel

# 기시감의 원인과 효과

이병 정중하

생전 처음 접하는 장소나 환경임에도 불구하고 웬지 눈에 익고 예전에 똑 같은 현상을 겪어본 듯한 느낌을 받았던 경험이 누구나 있을 것이다. '데자뷰' 또는 '기시감(既視感)'이라 불리우는 이런 현상은 매우 신비한 느낌을 줌 마치 미래의 일을 예측하는 것 같아 순간 당황스럽게 만들기도 한다.

이 단어는 에밀 보아락(Emile Boirac 1857 - 1917)에 의해 처음 사용 되었으며, deja는 '이미(already)', vu는 '보았다(seen)'라는 뜻을 가지고 있다. 그래서 데자뷰의 의미는 '이미 보았다' 즉, 처음 접하게 되는 사물이나 풍경 또는, 사건인데도 예전에 보았던(겪었던)것처럼 느껴지는 현상을 말한다. 한 예로, 매트릭스에서는 검은 고양이 한마리가 문 옆을 지나가는데, 주인공이 다시 한번 그쪽으로 눈을 돌린 순간 다시 같은 고양이가 지나가는 장면을 들 수 있다.

학자들은 이 현상이 일어나는 이유를 인간의 착각때문이라고 설명한다. 인간은 어떤 것을 보았을 때, 사물의 세세한 면보다는 전체적인 모습이나 한 특징을 가지고 기억을 하는데, 심리적, 육체적으로 피로할 때 가끔씩 그 기억들이 복합적으로 작용하여 처음 보는 것인데도 이미 겪은 사건인 것 처럼 느끼게 하는 것이다. 전체적 이미지가 특징들이 부합되게 되면 우리의 뇌는 '내가 보았던 건데...' 또는 '이거 언제 한번 경험해봤던 것 같은데...' 라고 느끼게 되는 것이다.

이 현상이 왜 일어나는지에 대해서 아직 시원스럽게 제시된 이론이나 설명이 없다. 우리 두뇌가 기억을 착각하거나 혼란을 일으킨 것이라고 보는 과학적 이론에서부터 환생과 같은 심령과학적 초자연 현상으로 풀이하는 것까지 다양한 견해들이 나와 있을 따름이다. 먼저 과학적 관점에서 볼 때, 데자뷰 현상은 인간의 다섯 가지 감각 중에서 시각에만 관련되는 것이라는 주장이 있다. 처음 본 풍경을 이미 낯익은 것으로 느끼는 것은 '시간차'가 게임되었기 때문에 나타나는 현상이다. 즉 처음 볼 때와 그 다음에 볼 때 시간차가 있는 것처럼 받아치면서 처음본 풍경이 과거의 경험으로 인식되는 것이다.

그렇다면 우리의 시각은 과연 시간차가 얼마나 차이가 나게 되면 별개의 사건으로 인식을 할까? 연구에 따르면 이 시간차는 0.025초라고 한다. 즉 이보다 더 짧은 시간차를 갖는 독립된 두 건의 사건은 우리가 보기엔 동시에 일어나는 것으로 받아들여지지만, 이보다 긴 시간차를 두고 일어나면 별개의 사건으로 구분된다는 것이다. 데자뷰 현상은 바로 이 과정에서 일어나는 일종의 착각 같은 것이라는 이론이 있다.

동일한 풍경을 보고 있으면서도 어떤 이유로 양쪽 눈의 시각 정보가 0.025초 이상의 시간차를 두고 두뇌에 전달되면서 각각의 풍경을 별개의 사건으로 인식한다는 것이다. 이 경우 우리 두뇌는 먼저 도착한 정보를 우선 해석한 뒤 기억 속에 저장한다. 그리고는 그 다음에 도착한 동일한 풍경에 대한 정보는 별개의 사건으로 간주, '방금 전에' 도착한 정보와 대

조하여 '낯익은 곳'이라는 느낌을 자아낸다는 것이다.

물론 이 이론이 들어맞으려면 몇 가지 전체조건들이 성립되어야 한다. 먼저 도착한 시각 정보를 기억에 저장할 때 '언제'라는 시간 정보가 누락되어야 한다는 점, 통상 동시에 전달되는 두 눈의 시각 정보 전달 속도가 왜 데자뷰 현상에서는 차이가 나는가 하는 점 등.

이에 대해서는 이른바 '축전기 이론'으로 설명하기도 하는데, 이를테면 한번 방전된 축전지가 다시 충전되기 위해서는 일정한 시간이 필요하듯이 우리 두뇌의 시각 정보저장 시스템도 어떤 이유로 시신경에 '에러'가 발생한다면 이런 재충전 시간이 필요하고, 그 결과 0.025초 이상의 간격이 벌어질 수 있지 않는가 하는 것이다. 하지만 이 내용은 시카고대학 물리학과 출신인 C. 존슨이란 사람이 내놓은 가설로서, 아직까지는 더 이상의 자세한 이론적 근거나 검증 작업이 알려지지 않은 하나의 이론일 뿐이다.

이밖에 데자뷰 현상에 대한 또 다른 과학적 설명으로는 일종의 기억장애로 보는 것이 있다. 즉, 처음 접하는 곳이라는 생각은 사실 틀린 것이고, 이전에 와 보거나 적어도 스쳐 지나간 곳임에도 불구하고 당시엔 눈여겨보고 기억에 새겨두지 않았다가, 다시 접하게 된 시각 정보가 예전에 무의식적으로 저장된 단편적인 기억을 자극하여 떠올리는 것이라는 얘기이다. 그런가 하면 처음 접하는 장소와 매우 비슷한 시각적 이미지를 가진 다른 곳의 기억이 중첩되면서 기시감으로 다가온다는 설명도 있다. 이 경우에 전에 접한 비슷한 시각정보는 영화장면이나 책에서 본 사진 같은 것일 수도 있다. 그밖에 '기시감'이라는 느낌을 일종의 심리적 이상현상으로 보는 사람도 있다. 요컨대 처음 접하는 곳이고 전에 비슷한 곳을 본 적도 없지만, 우리의 두뇌 속에서 뭔가 알 수 없는 이유로 발작 같은 것이 일어나 데자뷰 느낌이 든다는 것이다.

여기까지가 과학적인 이론들에 바탕을 둔 추론이라면, 보다 더 감각하게 초심리학의 영역에서 풀이하려는 시도들도 있다. 가장 대표적인 것이 전생의 기억이라는 주장. 즉, 지금의 삶을 살기 전, 과거의 전생에서 접했던 기억이 불현듯 떠오른 것이라는 말이다. 또 직접 가보지는 않았어도 꿈속에서나 아니면 일종의 무의식상태에서 'clairvoyance(천리안)', 즉 원격투시 현상으로 접했던 장소를 나중에 실제로 가 보고는 기시감을 느끼는 거라고 설명하기도 한다.

그러나 이런 초심리학적 설명들은 근거가 될 엄정한 객관적 증언이나 정보가 사실상 전무하기 때문에 그 타당성에 대해서는 전혀 논할 수 없다는 것이 명점이다. 처음에 설명했던 과학적 이론들은 예를 들어 한쪽 눈의 시력만을 가진 사람에게도 데자뷰 현상이 일어나는지 알아보는 등 최소한의 실험 설계는 가능하기 때문이다.

This article is about "The Mental Depression."

# Learn Korean Easily



Language Instructor Minsook Kwon



ㄱ	ㄴ	ㄷ	ㄹ	ㄴ	ㅇ	ㅅ	ㅇ	ㅈ	ㅊ	ㅋ	ㆁ	ㅍ	ㅎ
gu	nu	du	ru, lu	mu	bu	shu, su	ng	ju	chu	kuh	tuh	puh	huh
Double Consonants													
ㄱ	ㄷ	ㅌ	ㅍ	ㅊ	ㅍ	ㅍ	ㅍ	ㅍ	ㅍ	ㅍ	ㅍ	ㅍ	ㅍ
ggu		ddu		bbu		ssu						jjju	
Single Vowels													
ㅏ	ㅑ	ㅓ	ㅕ	ㅗ	ㅛ	ㅜ	ㅠ	ㅡ	ㅣ				
ah	yah	uh	yah	oh	yo	oo	you	ue	ee				
Double Vowels													
ㅘ	ㅙ	ㅚ	ㅛ	ㅜ	ㅠ	ㅡ	ㅣ						
æ	yeh	weh	wah	weo	wee	ui							

## Word of the week

# 한국어

ㅎ; h, ㅏ; ah, ㄴ; n / ㅓ; g, ㅠ; oo, ㅓ; g / ㅜ; silent, ㅓ; uh

*"hahn-goog-uh"*

Korean Language

## The phrase of the week

"Learning Korean is hard."

# 한국어 어려워요.

## Hahn-goog-uh uh-ryuh-wuh-yo.

Korean is hard (learning)

## Conversation of the week

- 한국 단어 아세요? Do you know Korean vocabularies?  
**Hahn-goog dahn-uh ah-sae-yo?**
- 조금 알아요. A little.  
**Joe-guem ah-rah-yo.**
- 어떤 단어 아세요? What word do you know?  
**Uh-dduhn dahn-uh ah-sae-yo?**
- ( '영어 선생님' )이요. ( 'English Teacher' ).  
**( 'Young-uh suhn-saeng-neem' ) ee-yo.**
- 발음 좋으십니다. You have a perfect pronunciation.  
**Bahl-eum joh-ue-sheem-nee-dah.**
- 감사합니다. Thank you very much.  
**Gahm-sah-hahm-nee-dah.**

(운전) (oon-juhn) (driving)  
(훈련) (hoo-lyuhn) (training)

Share this column with a Korean co-worker.